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### **Performance Scrutiny Committee - Partnerships**

Date: Tuesday, 10 October 2023

Time: 10.00 am

Venue: Committee Room 1 / Microsoft Teams

To: Councillors E Stowell-Corten (Chair), F Hussain, M Pimm, P Drewett, A Screen, C Baker-Westhead, B Davies, J Jones, A Morris and K Whitehead

#### ltem

Wards Affected

- 2 Declarations of Interest
- 3 <u>Gwent Regional Partnership Board (RPB) Area Plan 2023 2027</u> (Pages 3 - 112)
- 4 <u>Gwent Regional Partnership Board (RPB) Annual Report 2022-23</u> (Pages 113 - 174)
- 5 <u>Conclusions of Committee Reports</u> Following the completion of the Committee reports, the Committee will be asked to formalise its conclusions, recommendations and comments on previous items for actioning.
- 6 <u>Scrutiny Adviser Reports</u> (Pages 175 180)
  - a) Forward Work Programme Update (**Appendix 1**)
  - b) Actions Plan (**Appendix 2**)
- 7 <u>Live Event</u> To watch the live meeting please click here

Contact: Neil Barnett, Scrutiny Adviser Tel: 01633 656656 E-mail: Scrutiny@newport.gov.uk Date of Issue: Tuesday, 3 October 2023

This document is available in welsh / Mae's ffurflen hon ar gael yn Gymraeg

# Agenda Item 3

# **Scrutiny Report**



## **Performance Scrutiny Committee - Partnerships**

#### Part 1

Date: 10<sup>th</sup> October 2023

## Subject Gwent Regional Partnership Board (RPB) Area Plan 2023 - 2027

Author Scrutiny Adviser

The following people have been invited to attend for this item:

Invitee:	Area / Role / Subject
Phil Diamond	Head of Gwent Regional Partnership Team
Natasha Harris	Partnerships and development Service Manager, Gwent Regional Partnership Team.
Sally Jenkins	Strategic Director – Social Services – Newport City Council

## **Section A – Committee Guidance and Recommendations**

#### **1** Recommendations to the Committee

The Committee is asked

- 1. To consider the joint regional commitments within the Area Plan.
- 2. To note the joint priorities in the Area Plan and Newport ISPB plan, and at a future date, discuss how these can be integrated in the Council's Corporate Plan going forward.

#### 2 Context

#### Background

- 2.1 The Social Services and Wellbeing Act (2014) places a statutory duty on local authorities and health boards to prepare a regional Area Plan, following the publication of the region's Population Needs Assessment (PNA) and Market Stability Report (MSR). The Gwent PNA was previously signed off by NCC during Autumn 2022 and a commitment was made to share the Gwent Area Plan with Newport Council members, to set out how regional priorities are to be delivered in partnership.
- 2.2 The *Gwent Area Plan 2023-2027* (*Appendix 1*) has been completed and signed off by Gwent RPB. An Area Plan summary has also been included in Section 3.2 of the cover report. The plan has

been developed in partnership with Blaenau Gwent, Caerphilly, Monmouthshire, Newport, and Torfaen local authorities, and Aneurin Bevan University Health Board, Third Sector partners and the Regional Partnership Team. The Area Plan sets out the actions required to achieve the priorities identified in the PNA, by our partners and citizens, and closely aligns and share similar principles of working to the Public Service Board (PSB) and Well-being Plan. The Area Plan is reviewed annually and can be updated to ensure we are meeting the needs of our communities.

- 2.3 Following the publication of the regional Population Needs Assessment (PNA) report each local authority and health board are required to prepare and publish an Area Plan setting out the range and level of services they propose to provide in response to the PNA core themes, which are:
  - Children & Young People
  - Older People, including People with Dementia
  - Health & Physical Disabilities including Sensory Loss & Impairment
  - Emotional Wellbeing and Mental Health
  - Learning Disabilities
  - Autism and Neurodevelopmental Conditions
  - Unpaid Carers
  - Violence Against Women, Domestic Abuse & Sexual Violence
- 2.4 Core themes are not addressed in isolation and there is an element of cross cutting working, in addition to the above including:
  - A resilient skilled and integrated health and social care workforce
  - Housing needs
  - Rebalancing health and social care including social value
  - Substance misuse
  - Adult protection, child protection and safeguarding
  - Transforming children's services and removing profit from the care of looked after children
  - Tackling loneliness and isolation
- 2.5 Area plans must include the specific services planned in response to each core theme identified in the population assessment. As part of this, area plans must include:
  - The actions partners will take in relation to the priority areas of integration for Regional Partnership Board
  - Administer and monitor Welsh Government grant funding e.g., Integrated Care Fund.
  - The instances and details of pooled funds to be established in response to the population assessment.
  - How services will be procured or arranged to be delivered, including by alternative delivery models.
  - Details of the preventative services that will be provided or arranged.
  - Actions being taken in relation to the provision of information, advice, and assistance services
  - Actions required to deliver services through the medium of Welsh
- 2.6 The Area Plan highlights the Regional Partnership Board's commitment to work in partnership to improve the health and wellbeing across the population of Blaenau Gwent, Caerphilly, Monmouthshire, Newport and Torfaen. Given current challenges and financial pressures, it is paramount to work in partnership to deliver joint solutions to shared priorities and avoid duplication. The development of Area Plan and RPB Annual report is a statutory duty placed upon NCC under the Social Services and (Wales) Wellbeing Act 2014.
- 2.7 There are a number of statutory duties placed on local authorities and NCC specific under the Social Services and (Wales) Wellbeing Act 2014 and further details are included in underpinning codes of practice. In total, there are 299 'Must Dos' and 236 'Should Dos' included and facilitated through RPT and RPB on behalf of NCC. Both development of Area Plan and RPB Annual Report are duties placed on NCC.

	Must DOs	Should DOs
Local Authorities	75	25
Health boards	18	9
Local authorities and health boards	14 + (18)	6 + (22)
RPB	20	20
TOTAL	240 + (77)	130 + (115)
	317	245

- 2.8 A section of the Area Plan is monitored at each Strategic Partnership that sits within the RPB governance structure, to evaluate progress; with an annual review report by the RPB via an Annual Report which is submitted to Welsh Government. (*Being discussed next in the agenda*)
- 2.9 The regional Area Plan has been developed with ABUHB and Integrated Service Partnership Board (ISPB) leads to ensure alignment with the Newport ISPB Plan. The RPB will work closely with the 5 ISPBs across the region to ensure plans are delivered in collaboration, resources maximised and duplication is avoided. ISPB plans have to demonstrate alignment to the RPB population needs assessment, and the regional strategic partnerships will define integrated models of care, and work with the ISPBs to make an assessment of how close they are to delivering those models, identify gaps and what can be addressed through the local Neighbourhood Care Networks. The RPB and Strategic Partnerships will identify specific actions within the Area Plan that are best delivered at the ISPB level and form part of a place-based care model. A copy of the Newport ISPB Plan is published alongside the Area Plan <u>https://www.gwentrpb.wales/area-plan</u>. A direct link to the copy of the Newport ISPB Plan is included in Section 7 of the cover report.
- 2.10 The progress against delivery of key objectives in the Area Plan, is monitored through the **RPB Annual Report** (to be discussed in the next agenda item) which considers specifically the priority groups set out in the PNA and cross cutting themes. Key developments have also been set out in the cover report for the Annual Report.

#### Previous Consideration of this item

2.11 This is the first time the Area Plan 2023 - 2027 has been presented to this committee. The last Gwent Regional Area Plan was brought to the committee in 2019 for comment and feedback.

#### 3 Information Submitted to the Committee

3.1 The following is attached for the Committee's consideration:

a) Gwent Regional Partnership Board (RPB) Area Plan 2023 – 2027 (Appendix A)

3.2 A summary of the Area Plan Outcomes has been taken from pages 24 – 27 of the agenda for the focus of the Committee:

Welsh	Outcome Priority
Government Core Theme	
Children and Young People	<ul> <li>To improve outcomes for children and young people with complex needs through earlier intervention, community-based support, and placements closer to home.</li> <li>To ensure good mental health and emotional wellbeing for children and young people through effective partnership working especially mitigating long term impact of Covid-19 pandemic.</li> </ul>
Older People including Dementia	<ul> <li>To improve emotional wellbeing for older people by reducing loneliness and social isolation with earlier intervention and community resilience.</li> <li>To improve outcomes for people living with dementia and their carers. To support older people to live, or return following a period of hospitalisation, to their own homes and communities through early intervention, integrated care models and a whole system approach.</li> <li>To mitigate the long-term impact of Covid-19 pandemic through, especially reducing waiting lists and times to access support, appointments, and medical procedures</li> </ul>
Health and Physical Disabilities including people with sensory impairment	<ul> <li>To support disabled people, including sensory impairment, through an all-age approach to live independently in appropriate accommodation and access community-based services, including transport.</li> <li>Ensure people are supported through access to accurate information, assistance and 'rehabilitation' where required.</li> <li>Improve transition across all age groups and support services.</li> <li>Ensure people are supported through access to accurate accessible information, assistance and 'rehabilitation' where required.</li> </ul>
People with a Learning Disability	<ul> <li>To support people with learning disabilities to live independently with access to early intervention services in the community; and greater public awareness and understanding of people with learning disabilities needs.</li> </ul>
Mental Health	<ul> <li>Increase understanding and awareness of mental health amongst the public, to reduce stigma and help people to seek support earlier.</li> <li>We need to improve emotional well-being and mental health for adults and children through timely early intervention and community support.</li> </ul>
Carers	<ul> <li>Support unpaid carers to care through flexible respite, access to accurate information, peer to peer support, effective care planning and through increased public understanding.</li> <li>Improve well-being of young carers and young adult carers and mitigate against long-term impacts</li> </ul>
Autism	<ul> <li>To provide more timely diagnosis of Autistic Spectrum Disorder and access to support services and information.</li> </ul>

Housing	<ul> <li>A multi-agency partnership approach to ensure appropriate housing and accommodation for older people and vulnerable citizens.</li> <li>To ensure effective use of Disabled Facilities Grants and</li> </ul>
	<ul> <li>appropriate partnership support and available resources.</li> <li>Homelessness requiring a collaborative response from public services and partners, especially the non-use of B&amp;B accommodation for young people, and through prevention and early intervention.</li> </ul>

#### 4. Suggested Areas of Focus

#### Role of the Committee

he role of the	Committee in considering the report is to:
1. To cons	ider the joint commitments within the Area Plan.
and The	Area Plan 2023-2028 is a continuation of the previous joint 5-year area plan is informed by the Population Needs Assessment (PNA) completed in 2022. effectiveness of delivering the plan and making a difference to people's lives ir communities, is dependent on a commitment to partnerships and integrated ting.
	the joint priorities in the Area Plan and Newport ISPB plan, and at a future scuss how these can be integrated in the Council's Corporate Plan going
r   o   0   0	S: What was the overall conclusion on the information contained within the eports? Is the Committee satisfied that it has had all of the relevant information to base a conclusion on the Area Plan? Do any areas require a more in-depth review by the Committee? Do the Committee wish to make any Comments / Recommendations to the partnership?

#### **Suggested Lines of Enquiry**

- 4.1 The Committee might wish to think about the following when devising questioning strategies;
  - How will the Regional Partnership Board ensure that the commitments outlined in the Area Plan are being met?
  - What measures are in place to monitor the progress of the Area Plan and ensure that it is making a positive impact on the lives of people in our communities?
  - How will the Regional Partnership Board ensure that all partners involved in delivering the Area Plan are working collaboratively and effectively?
  - What challenges does the Regional Partnership Board anticipate in delivering the Area Plan, and how will these be addressed?
  - How will the Regional Partnership Board engage with local communities and service users to ensure that their needs and priorities are reflected in the delivery of the Area Plan?

• How will the ISPB ensure that resources are allocated fairly and efficiently across different areas and services in Newport?

# **Section B – Supporting Information**

#### 5. Links to Council Policies and Priorities

Well-being Objective	1 – Economy, Education and Skills	2 – Newport's Environment and Infrastructure	3 – Preventative and Equitable Community and Social Care	4 – An Inclusive, Fair and Sustainable Council
Aims:	Newport is a thriving and growing city that offers excellent education and aspires to provide opportunities for all.	A city that seeks to protect and enhance our environment whilst reducing our carbon footprint and preparing for a sustainable and digital future.	Newport is a supportive city where communities and care are at the heart of what we do.	Newport City Council is an inclusive organisation that places social value, fairness and sustainability at its core.

The Area Plan links to Newport City Council's Corporate Plan and Wellbeing Objectives. It looks to improve the wellbeing of people who need care and support though integration and partnership working, to transform health and social care in Gwent. People are at the heart of the Area Plan and all the work we do, as we work in coproduction with citizens so they can share their expertise and experiences, to help shape services and support across the region.

#### 6 Impact Assessment:

6.1 The Regional Partnership Team worked closely with Local Authority officers developing the Regional Public Service Board Wellbeing Assessment for Gwent to ensure close alignment with the RPB's Population Needs Assessment. Population date and future trends were shared to avoid duplication of effort and this also included equality impact assessments across statutory groups

#### 6.2 Summary of impact – Wellbeing of Future Generation (Wales) Act

The report notes that the Area Plan is designed to translate the requirements of the Act into measurable and substantive action, and that a regional Well-being Assessment has been developed in parallel with the Population Needs Assessment to ensure a shared approach to improved well-being is established. The report also emphasises the importance of considering the Well-being of Future Generations in the planning and delivery of services.

#### 6.3 Summary of impact – Equality Act 2010

The report emphasises the importance of promoting equality and reducing inequalities in the planning and delivery of services across the Gwent region. The report also highlights the need to engage with people in the area, including children who have or may have needs for care and support.

#### 6.4 Summary of impact – Socio-economic Duty

The Area Plan report demonstrates a commitment to promoting social and economic well-being in the planning and delivery of services across the Gwent region.

#### 6.5 **Summary of impact – Welsh language**

The Area Plan notes that people in the area should be supported to receive care and support through the Welsh language if they want it.

#### 7. Background Papers

- The Essentials Wellbeing of Future Generation Act (Wales)
- <u>Corporate Plan 2022-2027</u>
- <u>Socio-economic Duty Guidance</u>
- Public Sector Equality Duty
- Welsh Language Measure 2015
- Population Needs Assessment 2022/2023
- Newport Integrated Service Partnership Board (ISPB) Plan (as referred in Section 2.9)

**Report Completed**: 10<sup>th</sup> October 2023

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# Regional Area Plan 2023 – 2028

"Working together for a Healthier Gwent for the right care and support, in the right place, at the right time"



Foreword



The Regional Partnership Board have developed this Area Plan during the backdrop of extreme challenges and unprecedented demands. Public and Third Sector Services are still recovering from the Covid-19 pandemic and its huge impact on the health and social care workforce which has been exacerbated by the recent cost of living increases and cuts to budgets. We are moving on from one of the toughest winter periods with 27<sup>th</sup> Dec 2022 the busiest day the NHS has experienced in its 70-year history; and this also indicates the challenges across social care and community.

The challenges highlight the need for partners to come together to collaborate more than ever, to create synergy across services and reduce duplication. The RPB will be central to creating the partnership environment to tackle these challenges and the Area Plan will set out how we intend to work together, pool resources and transform services. It is important to adopt all the principles of working, but integration of services and increasing community capacity, given the afore mentioned challenges will be a key priority and requires significant focus in supporting the Minister for Health and Social Services '*Further, Faster*' agenda.

We are passionate about improving and creating the best health and wellbeing outcomes for the people of Gwent and put people at the heart of everything we do. We work closely with our communities to co-produce care and support services and making people and their families feel supported and listened to. We know that finding the right services and support is important and we want people in Gwent to be able to access the right services, at the right time and to feel empowered and supported.

Through the Area Plan we will also align actions to other strategic drivers such as Public Service Board's Wellbeing Plan, ABUHB's IMTP and supporting ISPB plans. We will avoid duplication and maximise resources to also deliver national polices.

The RPB is a partnership of consensus and does not have executive powers, so it is crucial that priorities, actions, and delivery of services are agreed by all partners, resources combined, and organisational boundaries reduced to share risk and ensure effective partnership governance.

As RPB Chair I will ensure all partners focus on delivery of the Area Plan and the underpinning action plans to accelerate transformation of services that work, and regularly monitor progress of the plans to ensure we identify good practice and create synergy across partnerships.

#### Ann Lloyd, CBE – Gwent Regional Partnership Board Chair





It is excellent to see our consultations and conversations with members and attendees at our meetings reflected in the new Area Plan again for the Gwent region. We have had a very busy year, mainly online since the pandemic, but we have been engaging and listening to representatives on many of the key issues that our populations face. It has been an extremely difficult few years for many of our population and for those staff from our organisations who have been through exhausting experiences trying to keep us all well and safe. We would like to thank them all for their dedication and commitment which will never be forgotten.

We are always trying hard to be inclusive of all voices and welcome any new citizens who wish to join us and contribute their experiences and thoughts. The opportunity to ask questions of senior members of our public services who are on the pathway to integrating services is unique to Wales and in our area of Gwent, and we see the results of much closer working between those local authorities and the health board to provide us with clearer and more integrated services each year. We look forward to working with the members of the RPB and monitoring the activities and service provision that affects us all.

On behalf of the Gwent Citizen Panel thank you to all the contributors in this Plan and we look forward to seeing the strategies and objectives in the plan transform into good outcomes for us all.

#### Lorraine Morgan – Citizens Panel Chair

Both TVA and GAVO are members of the Regional Partnership Board. Our joint roles are to reflect the views of our member organisations and the wider Third Sector we represent.

We have been included and involved in the development of the Regional Area Plan. A huge amount of time and commitment has been invested in the Regional Area Plan and getting to the point of consultation. It is vital to success to receive responses to the consultation and to be able to collate and recognise a broad range of views.

Stephen Tiley – Chief Executive Officer, Gwent Association of Voluntary Organisations (GAVO) &

Anne Evans – Strategic Executive Officer, Torfaen Voluntary Alliance (TVA)



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#### INTRODUCTION

#### The Gwent Regional Partnership Board (RPB)

Social Services and Wellbeing (Wales) Act 2014 sets out the requirement for local authorities and local health boards to establish Regional Partnership Boards (RPB), to manage and develop services to secure strategic planning and partnership working. RPBs need to work with wider partners such as the third sector and providers to ensure care and support services are in place to best meet the needs of their respective populations.

The Gwent RPB includes Blaenau Gwent, Caerphilly, Monmouthshire, Newport and Torfaen local authorities and the Aneurin Bevan University Health Board (ABUHB). Under section 14A of the Social Services and Wellbeing (Wales) Act, RPBs are required to produce and implement plans (Area Plan) for each local authority area covered by the Board.

#### Principles of Working

The Social Services and Wellbeing (Wales) Act 2014 shares similar principles with several national strategies and legislation, including the Well-being of Future Generations Act. The main difference between the acts being the time frame with which they are produced: the Area Plan under the Act reflects the Population Needs Assessment (PNA) and covers a 3–5-year period based on the electoral cycle and the Well-being Assessment under the Well-being of Future Generations Act covers a longer period.

Social Services and Wellbeing	Sustainable Principles:
Act Principles	Well-being of Future Generations
Services will promote the <b>prevention</b> of	Prevention: How acting to prevent
escalating need and the right help is	problems occurring or getting worse
available at the right time	
Partnership and co-operation drives	Collaboration: How acting in
service delivery	collaboration with any other person or
	any other part of an organisation could
	help meet wellbeing objectives
	Integration: Consider how the
	proposals will impact on wellbeing
	objectives, wellbeing goals, other
	objectives, or those of other public
	bodies
People are at the heart of the new	Involvement: The importance of
system by giving them an equal say in	involving people with an interest in
the support they receive.	achieving the wellbeing goals and
	ensuring that those people reflect the
	diversity of local communities.



The Act supports people who have care	The importance of balancing short-term
and support needs to achieve well-being	needs with the need to safeguard the
	ability to also meet long-term needs

The principle of wellbeing is at the heart of the Social Services and Wellbeing (Wales) Act and refers to the emotional, physical, and social wellbeing of a person who needs care and support. We are working in partnership to identify and apply significant changes in the way we plan, commission, and deliver care to ensure we are building on innovative models of work already taking place and strengthening asset-based approaches to strengthen our work around:

- **Citizen engagement** to ensure we are hearing the voice of citizens, as they are experts in their own care and support needs.
- **Carers who need support** to work together as equal partners.
- Prevention and early intervention.
- The **promotion of well-being** to delay and prevent escalating need for care and support provision.
- **Co-production of services and activities** supporting experts by experience to share power and working together as equal partners.
- Strengthen and build on our **multi agency and partnership working** to ensure the principles of voice and control are achieved through the design and operation of services.

#### Marmot Principles

A recent Aneurin Bevan University Health Board (ABUHB) review: <u>Building a Fairer</u> <u>Gwent</u>, has revealed that the lives of people in some areas of Gwent are being cut short, due to lifestyle inequalities. The RPB are working in collaboration to support the Gwent Public Services Board (PSB) to help reduce inequalities and make Gwent the first Marmot Region in Wales.

Marmot Principles

- 1. Give every child the best start in life
- 2. Enable all children, young people, and adults to maximise their capabilities and have control over their lives
- 3. Create fair employment and good work for all
- 4. Ensure healthy standard of living for all
- 5. Create and develop healthy and sustainable places and communities
- 6. Strengthen the role and impact of ill-health prevention.
- 7. Tackle discrimination, racism, and their outcomes.
- 8. Pursue environmental sustainability and health equity together.

A recent Marmot launch event identified the inequity of service provision and the 18year gap in healthy life expectancy between the wealthiest and poorest areas of



Gwent. In the least well-off neighbourhoods in the region, women are living just 48 years of their life in good health. We are committed to supporting our partners and communities to work together to improve equity across Gwent and to improve the lives of local communities as a result. The RPB will clearly set out where the work of strategic partnerships is contributing to the development of a Marmot region as well as where work also contributes to the new National Outcomes Framework for Health and Social Care (see Appendix 7).

#### **Regional Challenges to Partnership Working**

The RPB have developed this Area Plan during the backdrop of extreme challenges and unprecedented demands. Public Services are still recovering from the Covid-19 pandemic and its huge impact on the health and social care workforce which has been exacerbated by the recent cost of living increases and cuts to budgets. The challenges highlight the need for partners to come together to collaborate more than ever, to create synergy across services and reduce duplication. The RPB will be central to creating the partnership environment to tackle these challenges and the Area Plan will set out how we intend to work together, pool resources and transform services. It is important to adopt all the principles of working, but integration of services and increasing community capacity, given the afore mentioned challenges will be a key priority and requires significant transformation, supporting the Minister for Health and Social Services *'Further, Faster'* agenda.

#### <u>Our Vision</u>

*'Working together for a Healthier Gwent for the right care and support, in the right place, at the right time'* 

We are passionate about improving and creating the best health and wellbeing outcomes for the people of Gwent and put people at the heart of everything we do. We work closely with our communities to co-produce care and support services and making people and their families feel supported and listened to. We know that finding the right services and support is important and we want people in Gwent to be able to access the right services, at the right time and to feel empowered and supported as they do.



#### Area Plan Guidance Requirements

Section 14A of the Social Services and (Wales) Wellbeing Act sets out the Area Plan requirements:

- The actions partners will take in relation to the priority areas for integration for RPBs.
- The instances and details of pooled funds to be established in response to the population needs assessment.
- How services will be procured or delivered, including by alternative delivery models.
- Details of the preventative services to be provided or arranged.
- Actions being taken in relation to the provision of information, advice, and assistance services.
- Actions required to deliver services through the medium of Welsh.

This Area Plan sets out the response of the Regional Partnership Board (RPB) to the findings of the regional Population Needs Assessment (PNA) report and has been prepared to meet the requirements of the statutory guidance in relation to Area Plans under section 14A of the Social Services and Well-being (Wales) Act 2014. The Act requires a description of the range and level of integrated services proposed to be provided or arranged to deliver the priorities identified under each of the core themes and must include:

- Older people with complex needs and long-term conditions, including dementia.
- People with learning disabilities.
- Children with complex needs; carers, including young carers.
- And Integrated Family Support Services.

The RPB will undertake a full impact analysis and ensure the Area Plan meets requirements as set out in the Welsh Language strategic framework 'More than Just Words' and that a full Equality Impact Assessment is publish alongside this plan.

#### Area Plan Expectations

The Area Plan will not be able to tackle all health and social care issues affecting people across the region and will focus on several joint priorities that require partnership working.

The Area Plan will:

- Set out the high-level outcomes and priorities for regional working across health, social care, providers and the third sector.
- Focus on priorities that have been highlighted by citizens.
- Set out the success measures that will ensure collective accountability and effectiveness of partnership working.



- Set a common agenda for regional planning, design, and delivery of integrated services for those with a care and support need.
- Focus on areas of work across each of the priority themes areas that require partnership working.
- Sets out how the principles of working under the Social Services and Wellbeing (Wales) Act 2014, will continue to be delivered, especially in relation to integration, preventative working, and transformational change.
- 'Signpost' to other statutory and formalised actions plans where necessary.

# How the RPB and Area Plan Aligns to Other Strategic Partnerships, Plans and National Policies

The RPB recognises that there are other established partnerships working across the Gwent region and it is paramount that we do not duplicate efforts but maximise resources to create synergy across partners. There are identified priorities that the RPB are required to lead planning, and there are other priorities where established partnerships are better placed, and some priorities where there is a shared agenda. The Area Plan will highlight key actions but also signpost to established partnerships better placed to deliver. The established partnerships and the RPB will align the following work programmes:

- 1. Regional Public Service Board and implementation of the Well-being Plan
- 2. Regional Safeguarding Board
- 3. Area Planning Board
- 4. Violence Against Women and Sexual Violence (VAWDASV) Group
- 5. Gwent Regional Housing Support Collaborative Group (RHSCG)

Strategic Planning	How the RPB and Area Plan will align:	
Framework		
National Programme for Government: Eliminating Profit from Children Services and Reducing Loneliness and Isolation.	<ul> <li>Area Plan will set out how partners are working together to eliminate profit from Children Services through Children and Young People Area Plan section.</li> <li>Area Plan will set out how partners are working together to reduce loneliness and isolation across a range of Area Plan sections and contributing to National Outcome Framework.</li> </ul>	

The Area Plan will align and complement other strategic plans to avoid duplication and ensure national cross cutting priorities can be delivered.



PublicServiceBoardRegional Well-beingPlan(Well-beingofFutureGenerationsGenerationsAct)MarmotPrinciples	<ul> <li>Population Needs Assessment and Wellbeing Assessment developed in partnership.</li> <li>Area Plan will align to Well-being Plan, cross reference priorities and where RPB and PSB lead and where there is joint ownership.</li> <li>Area Plan will set out where actions are contributing to Marmot principles .</li> </ul>
National Outcome Framework for Health and Social Care	Area plan sections will highlight contributions to national outcomes and indicators.
Integrated Medium Term Planning	<ul> <li>Area Plan will align and set out delivery of IMTP priorities where they relate to partnership working.</li> </ul>
NHS Wales Six National Urgent Care Goals	<ul> <li>Area Plan will align and set out delivery of Urgent Care Goals and where they relate to partnership working.</li> </ul>
Local Authority Corporate Improvement Plans	<ul> <li>Area Plan will align to the local authority priorities where they relate to improving wellbeing and social care.</li> </ul>
National Models of Care	<ul> <li>Each core theme Area Plan section will set out delivery of related Models of Care.</li> <li>RPB Strategic Partnerships will over deliver of Models of Care.</li> </ul>
Value Based Health Care	<ul> <li>Strategic partnerships will align and adopt the principles of VBHC (prevention, early accurate diagnosis, optimising intervention, supportive treatment and end of life care).</li> <li>Area plan sections to set out where VBHC goals are being delivered (person-centred care, digital health, communication/engagement/education and delivering value).</li> </ul>

#### Engagement and Co-Production (How We Have Developed This Plan)

**6** A way of working whereby citizens and decision makers, or people who use services, family carers and service providers work together to create a decision or service which works for them all.

The approach is value-driven and built on the principle that those who use a service are best placed to help design it.

Co-production: what it is and how to do it | SCIE

The Social Services and (Wales) Wellbeing Act 2014 Act requires local authorities to promote the involvement of persons for whom care, and support or preventative services are to be provided in the design and operation of that provision. Welsh Government have also produced additional guidance to help local authorities

"



understand the experiences and outcomes of those who use social services with links to Care Inspectorate Wales and Health Inspectorate Wales key.

The SSWB Act sets out the need for engagement and the Area Plan builds on the extensive engagement with citizens (service users and unpaid carers) in the development of the Population Needs Assessment published in April 2022. The RPB has continued to engage with citizens in the development of the Area Plan and working alongside Public Service Board (PSB) colleagues through a joint engagement group to ensure citizen voices are central to the development of the underpinning actions plans.

"Lots of residents highlighted the importance of care and support for those who need it across Gwent and the importance of being able to provide the right care for older people in the region" – Gwent Public Services Board

#### How the RPB Will Respond

The RPB will respond to citizen comments and deliver in partnership effective Information Advice and Assistance (IAA) and effective 'signposting' care and support for older people across the region, including increasing wellbeing through access to the right support at the right time, in respect to Mental Health support and services across the region.

"Mental health and the importance of the right type of services for adults and children was highlighted throughout the feedback we received. Residents also commented on the importance of exercise and the ability to maintain a healthy lifestyle, access to sports centres and green spaces were felt to be key to this" – Gwent Public Services Board

The RPB has undertaken a wide range of engagement across the region using a variety of mechanisms such as online surveys, regional conferences, and small group work, as well as linking to established forums below. The Area Plan consultation was available to the public through an online survey and in addition, over 700 people have been directly contacted using citizen groups and over 200 responses received. The emerging RPB priorities were also included in the Gwent PSB's recent wellbeing plan consultation, which reached 1,200 citizens, with over 750 citizens directly engaging and informing themselves of the draft plans online and 275 providing comment and feedback.

Engagement forums included:

- RPB Website Survey Monkey
- Newport One consultation questionnaire.
- Gwent Citizen Network
- Dementia Friendly Communities
- Gwent Autism Steering Group



- Shared with IWBN networks across Gwent
- Gwent Suicide and Self harm Prevention Steering Group shared with attendees

"It does seem to have a better focus and linkage than the first such Area Plan, and acknowledges the importance of organisations working together with those needing and receiving care and support" – Citizen Feedback

Codes of practice that underpin the Act set out the need to engage with:

- People in the area, including children who have or may have needs for care and support.
- People in the area with parental responsibility for children who have or may have needs for care and support; and
- Carers who have or may have needs for support.

The regional Children and Families Strategic Partnership have coordinated engagement with children and young people across the region with a specific focus on children, young people, and parents and linked to existing forums such as the Gwent Youth Forum and Youth Parliament.

The Gwent **RPB Citizen Panel** has continued to lead and ensure engagement in the development of the Area Plan. The panel will choose three key Area Plan priorities to focus on in the coming year, regularly reviewing the progress of the actions plans and providing feedback. The **Citizen Panel Chair** updates RPB members through a standing item at RPB meetings. The RPB has also advocated and supported citizen engagement at strategic partnership level such as unpaid carers, people with lived experience of dementia and members of respective partnerships. The Chair has also sat on the national group developing the new **Citizen Charter** and the RPB are fully committed to adopting once completed.

The RPB have an established a **Provider Forum** which includes a wide range of partners from the third sector and private providers. The Provider Forum Chair is also a member of the RPB and provides updates at every meeting through a standing item on the agenda. The Provider Forum is not mutually exclusive to third sector and private providers and includes membership from across health and social care to lead, develop and promote **Social Enterprises, Co-operatives,** and **User Led Services** in partnership. The Provider Forum takes a lead on Social Value discussions especially with respect to rebalancing the social care market.

The Market Stability Report was developed with providers of care from across health, social care, third sector and independent providers, especially those partners with an interest in preventative services. Engagement with providers of care was important during the Covid-19 pandemic, with a need to understand pressures and challenges. Weekly webinars with care homes and domiciliary care providers were established and continue but less frequently.



The **Third Sector Leads** from the two umbrella organisations (Gwent Association of Voluntary Organisations and Torfaen Voluntary Alliance) also sit on the RPB and provide feedback through standing items on the RPB agenda to ensure key messages following engagement with third sector partners is highlighted at each meeting.

#### Area Plan Outcomes

This is our second Area Plan for Gwent (following our initial plan in 2017) where we can continue with work already underway and plan to address and support the everchanging needs in our communities. The plan reflects the national direction of travel established within '*A Healthier Wales: Our plan for Health and Social Care*' and translates the requirements of the Social Services and the Well-being (Wales) Act, Well-being of Future Generations (Wales) Act and the national plan for health and social care into measurable and substantive action.

The Social Services and Wellbeing (Wales) Act 2014 provides a legal framework, to support and improve our statutory partnerships and integrated landscape, in terms of planning, designing, funding, and commissioning services for those people with a care and support need in Gwent. It enables a stronger emphasis to be placed on the development of early intervention and prevention services, co-production with those in need of care and support, and improved wellbeing as the driver of all activity. It also underpins the principles of working established in the Well-being of Future Generations (Wales) Act 2015, to ensure that in the planning and delivery of services, we are actively considering how the wellbeing of future generations can be improved.

The full list of Area Plan outcomes and measures are set out below under the core themes identified in the PNA (as detailed above) and agreed by the RPB. An action plan has been developed for each of the core themes and includes actions in relation to PNA priority outcomes as well as actions in relation to:

- The range and level of services an assessment of the range and level of services required to meet those needs, and the actions required to provide those services.
- **Market stability** an assessment of the stability of the market for regulated. services providing care and support including commissioning priorities.
- Workforce development.

The outcomes are the start point for the RPB performance management framework and are included to provide a clear range of success measures that will be monitored by the RPB and its strategic partnerships. A more robust list of performance measures and qualitative data will be developed within the first year of the Area Plan. The Area Plan outcomes are also the citizen outcomes we want to achieve with high level success measures in place to monitor progress.



Welsh Government	Outcome Priority	DRAFT Success Measures
Core Theme		
Children and Young People	<ul> <li>To improve outcomes for children and young people with complex needs through earlier intervention, community- based support, and placements closer to home.</li> <li>To ensure good mental health and emotional well- being for children and young people through effective partnership working especially mitigating long term impact of Covid-19 pandemic.</li> </ul>	<ul> <li>Increase the support available to children and families with complex needs to reduce the number of out of county placements and increase number of young people provided skills for living.</li> <li>Increase number of partners adopting and delivering NEST principles.</li> <li>Increase awareness, number of referrals and support through SPACE Wellbeing panels.</li> </ul>
Older People including Dementia	<ul> <li>To improve emotional well- being for older people by reducing loneliness and social isolation with earlier intervention and community resilience.</li> <li>To improve outcomes for people living with dementia and their carers.</li> <li>To support older people to live, or return following a period of hospitalisation, to their own homes and communities through early intervention, integrated care models and a whole system approach.</li> <li>To mitigate the long-term impact of Covid-19 pandemic through, especially reducing waiting lists and times to access support, appointments, and medical procedures.</li> </ul>	<ul> <li>Increase early intervention support and inclusion opportunities to reduce loneliness and isolation.</li> <li>Increase early intervention and prevention IAA, to support cognitive wellbeing and inform of risk factors of dementia.</li> <li>Increase of the proportion of people with dementia, receiving a formal diagnosis.</li> <li>Increase number of Dementia Friends, Dementia Ambassadors and Dementia Friendly Organisations through integrated working with the regional DFC partnerships and Dementia Board.</li> <li>Increase support for people living with dementia at point of diagnosis.</li> <li>Reduce Delayed Transfers of Care through integrated working.</li> <li>Increase wellbeing through access to the right support at the right time.</li> </ul>



Health and physical disabilities	<ul> <li>To support disabled people, including sensory impairment, through an allage approach to live independently in appropriate accommodation and access community-based services, including transport.</li> <li>Ensure people are supported through access to accurate information, assistance and 'rehabilitation' where required.</li> <li>Improve transition across all age groups and support</li> </ul>	Decrease duplication of services for children with complex heath needs and disabilities through integrated services for children with additional needs (ISCAN).
People with a Learning Disability	<ul> <li>To support people with learning disabilities to live independently with access to early intervention services in the community; and greater public awareness and understanding of people with learning disabilities needs.</li> </ul>	<ul> <li>Increase early intervention and practical support to help people live independently.</li> <li>Increase awareness and understanding of the individual needs of people with a learning disability.</li> <li>Increase the number of social opportunities for people with a learning disability.</li> <li>Increase the number of bespoke and individual support packages for people with a learning disability which will involve more one to one support in the community and will require the recruitment of a greater number of volunteers.</li> <li>Increase learning, training, volunteering, and paid work opportunities for people with a learning disability.</li> </ul>



		for learning, training, and employment to live independently.
Mental Health	<ul> <li>Increase understanding and awareness of mental health amongst the public, to reduce stigma and help people to seek support earlier.</li> <li>We need to improve emotional well-being and mental health for adults and children through timely early intervention and community support.</li> </ul>	<ul> <li>Increase the numbers of service users accessing IAA services, including Melo and Dewis Cymru and being signposted onto the most effective interventions.</li> <li>Increase IAA in accessible formats to provide people with informed choices to support their wellbeing.</li> <li>Increase emotional well-being support in schools and the communities through identified best practice models.</li> <li>Increase support to the workforce to ensure they have the skills and training to effectively support their role.</li> <li>Ensure that the workforce is supported, to be able to provide people with the support they need, at the right time.</li> <li>Increase workforce emotional wellbeing support.</li> <li>Maintain the 12% of people in employment through Growing Space and the Gwent Mental Health Consortium.</li> </ul>
Sensory Impairment	<ul> <li>Ensure people are supported through access to accurate accessible information, assistance and 'rehabilitation' where required.</li> <li>Many people felt lonely and isolated during the pandemic and highlighted a need for increased opportunities for more accessible social interaction.</li> </ul>	<ul> <li>Increase accessible IAA to allow people to make informed choices around their care and support needs.</li> <li>Increase opportunities to improve social interaction, mental health, and well-being.</li> </ul>
Carers	Support unpaid carers to care through flexible	Increase awareness and need for flexible respite opportunities.



	respite, access to accurate information, peer to peer support, effective care planning and through increased public understanding. • Improve well-being of young carers and young adult carers and mitigate against long-term impacts.	<ul> <li>Increase peer to peer support opportunities.</li> <li>Increase accessible access to IAA.</li> <li>Increase awareness of public understanding of carers and the support available.</li> <li>Increase the number of schools involved in the Young Carers awards scheme.</li> <li>Link young carers awareness to the Dementia Ambassador sessions within schools.</li> <li>Increase number of GP surgeries that are 'Carers aware'.</li> <li>Increase opportunities for peerto-peer support provision and respite.</li> <li>Increase number of befriending opportunities through working in partnership with key stakeholders.</li> </ul>
Autism	<ul> <li>To provide more timely diagnosis of Autistic Spectrum Disorder and access to support services and information.</li> </ul>	<ul> <li>Reduce waiting times for diagnostic assessments.</li> <li>Increase access to accessible IAA for pre and post diagnosis.</li> <li>Deliver further autism and neurodiversity awareness training to health, social care and wider RPB partners as well as the wider public.</li> <li>Increase awareness, understanding and acceptance of autism and other neurodevelopmental disorders through bespoke training offers.</li> <li>Increase opportunities for people to find learning, training, and paid employment to support independent living.</li> <li>Individuals with autism and their families have increased direct access to specialist support through a self-referral model.</li> </ul>



#### Governance, Assurance and Monitoring the Area Plan

The aspirations encapsulated within this plan are ambitious, and for a step change in the pace of collaboration, of partnership working and service transformation. It is therefore crucial that there is effective governance and assurance mechanisms in place through the Regional Partnership structure.

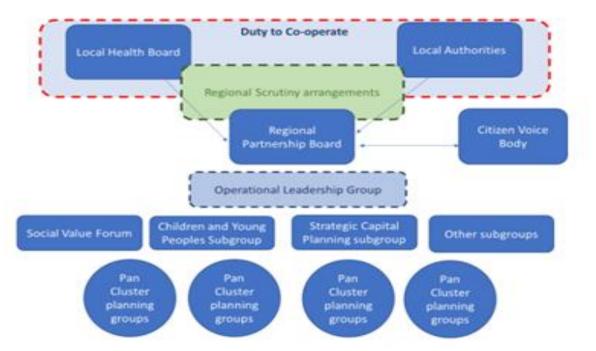


Fig 1: Welsh Government guide for the development of effective RPB structures

A regional Governance framework has been set out in the RPB terms of reference and strategic partnerships to support the work of the Board, and to provide assurance on the delivery of the activity committed to within the report. This framework will ensure all individual partner agencies are able to partake effectively in decision making, alongside their oversight and scrutiny roles.

The RPB supported the Welsh Government development of a self-assessment toolkit and completed an exercise during 2022. The RPB will complete on a regular basis and develop a business plan to be reviewed as a standing item at RPB meetings to support and strengthen governance and performance monitoring.

The Regional Partnership Board is supported by a strategic 'Leadership Group' comprised of senior offices providing a strong emphasis on collective leadership and ensuring the aims of the RPB are translated into core business back in partner organisations.

Thematic strategic partnerships are established to direct and deliver the activity committed to in this plan for those specific population groups identified in the needs assessment. Each partnership is co-chaired by senior leaders from Health and Social Care, who are on the Leadership Group and have led on the development of the core



theme action plans. Each of the strategic partnerships have a common set of terms of reference agreed and supported by a common set of terms of reference for the integrated partnership boards.

The governance framework will be reviewed following the publication of the refreshed codes practice to provide a clear process and line of sight between the Gwent Public Services Board (previously there were 5 separate public service boards, one per LA) and the Regional Partnership Board, and to the Integrated Partnership Boards at a local authority level. The RPB and PSB will ensure they are aligned and coordinate work.

#### How We Will Monitor the Area Plan

It is crucial that the RPB monitor and evaluate the core theme action plan sections to ensure effective governance and scrutiny. Each core theme section will set out success measures to be reported to the RPB and a performance management framework and reporting structure will accompany the Area Plan and set out:

- **Position statement** where we are and the curves we have turned.
- Progress factors story behind the curves.
- Successes good practice identified.
- Challenges barriers to progress.
- **Next steps** what the RPB are being asked to support or unblock.

The success measures identified in the core theme sections reflect performance measures in the National Outcomes Framework, Public Health Outcome Framework, and the NHS Outcomes Framework. The RPB will also reference and align to the performance measures in local Well-being Plans and Local Authority Improvement Plans; and consider data development through the implementation of the Area Plan as some success measures may not be currently measured.

- The RPB will produce an annual report on activity and outcomes and quarterly progress updates.
- The RPB will develop a programme of self-assessment and organisational development to ensure its effectiveness in leadership and oversight.
- The RPB will ensure reports are issued by the RPB to the appropriate health and local government assurance process especially where this relates to planning and finance and where a commitment is required from statutory partners.
- The strategic partnerships will be required to report quarterly to the Regional Partnership Board on activity, and effectiveness.

The performance management reporting process is set out in Appendix 3.



#### Research Innovation Coordination (RIC) Hub and Identifying Good Practice

In May 2021 the First Minister set out a clear position that innovation in health and care is central to ensuring that we do not lose momentum, and the culture of 'getting things done quickly' to deliver the best possible outcomes for the public and Wales. Research, Innovation, and Improvement Coordination (RIIC) Hubs were rebranded as Regional Innovation Coordination (RIC) Hubs.

For an innovative-led health and social care system to succeed, a facilitated engagement and collaboration between the NHS, Regional Partnership Boards, Local Authorities, Housing Associations, Third Sector, Academic and Industry are vital. The principle of the RIC hubs is an opportunity to take forward this activity at a regional level, fundamentally bringing people, resources, and organisations together quickly, in order to deliver benefit and high value across the health and care system.

The RPB has considered the opportunity for a RIC Hub to support the monitoring and review of the Area Plan through a Community of Practice to:

- Create a repository of current good practice, raising awareness of existing opportunities and increase adoption across the partnership.
- Coordinate support and resources to enable innovation through challenges, ideas, and solutions across the partnerships, with closer engagement with citizens.
- Facilitate events and workshops to share good practice, case studies and citizen stories, with a greater emphasis on awareness and adoption.
- Support awareness campaigns with a clear pipeline of focussed work, to highlight to identified good practice and opportunities to mainstream across the region.
- Identification of new ideas and the ability to support small concepts of change that have the potential to spread and scale into mainstream adoption.

Each strategic partnership will link with the RIC Hub to monitor delivery of the Area Plan and identify areas of good practice.



#### STRATEGIC BACKGROUND

#### Population Needs Assessment

The Social Services and Well-being (Wales) Act 2014 introduced a duty on local authorities and local health boards to prepare and publish a Population Needs Assessment (PNA) in 2018, highlighting the needs of people requiring care and support, including carers who need support. The 8 core themes for the population assessment are:

- Children & Young People
- Older People, including People with Dementia
- Health & Physical Disabilities
- Mental Health
- Learning Disability & Autism
- Sensory Loss & Impairment
- Carers
- Violence Against Women, Domestic Abuse & Sexual Violence

Core themes are not addressed in isolation and there is an element of cross cutting working. In addition to the above, the Regional Partnership Board identified other priority themes as cross cutting and include:

- A resilient skilled and integrated health and social care workforce
- Substance misuse
- Adult protection, child protection and safeguarding
- Housing needs
- Autism
- Rebalancing health and social care including social value
- Transforming children's services and removing profit from the care of looked after children
- Tackling loneliness and isolation

The PNA report was developed by the Regional Partnership Board and was published 1st April 2022. The full report is included here: <u>Gwent RPB Population Needs</u> <u>Assessment</u> and includes further detail in relation to the above points.

The actions described in this plan are based on what communities have told us from our Population Needs Assessment (PNA) which assessed the 'care and support needs' of our local population in Gwent. To do this we worked with our citizens groups, professional groups and linked in with Gwent Public Service Board colleagues to engage with our communities.

The Gwent Area Plan will set out the services planned by local authorities and the health board in response to the core themes identified in the PNA, and also builds on the service mapping undertaken as part of the PNA. Additional services are being developed as part of the transformation and development agenda under the Regional Integration Funding plan.



#### Market Stability Report & Commissioning Strategy

Section 144B Social Services and (Wales) Wellbeing Act 2014 places duties upon local authorities to prepare and publish a market stability report to help local authorities and local health boards to better understand the social care market within each locality, particularly with respect to regulated services such as care home accommodation, domiciliary care and fostering.

The Partnership Arrangements (Amendment) and Regulated Services (Market Stability Reports) (Wales) Regulations 2021, includes a requirement for local authorities and the local health board to carry out these functions in partnership across the area covered by an RPB. The latest MSR is on included on Gwent RPB website and can be found <u>here</u>.

The MSR identifies key commissioning priorities and Area Plans need to include a review of current pooled fund arrangements and joint commissioning across the region, especially in relation to the Rebalancing Care and Support Programme (currently there is a pooled budget arrangement for care homes). The 2015 partnership regulations also require partnership bodies within each RPB to set out how their exercise of their family support functions, consideration of alternative delivery models, such as social enterprises and details of the types of services to be arranged or procured and be delivered by private sector providers, third sector providers or alternative delivery models will be enabled.

The White Paper 'Rebalancing Care and Support' sets out Ministerial ambitions to rebalance the social care sector away from cost to quality, from outputs to outcomes and from profit towards social value. The regional Provider (Social Value) Forum will continue to support the RPB to engage with providers of care and third sector partners to ensure engagement and co-production with partners.

The Gwent RPB has established a Regional Commissioning Group to oversee commissioning across the region and an action plan section sets out the key priorities and actions to progress.

Market Position Report Priorities:

- Adult Services the stability of the market in adult services as increasing cost pressures mount, allied to long running and entrenched recruitment and retention difficulties especially so in the adult domiciliary, residential care markets.
- 2. Mental health and learning disability services mental health provision and learning disability services including day services.
- 3. Childrens fostering and services for children looked after need to be commissioned close to home and to reduce reliance on high profit organisations often far away from people's homes in line with Welsh Government's Eliminating Profit from Childrens Services.



4. Continued promotion of social enterprises through the Gwent Provider (and Social Value) Forum.

#### Strategic Capital Plan

Each RPB is required to develop a 10-year Strategic Capital Plan (SCP) that brings together health, social care, housing, third sector, education, and regeneration partners to develop integrated service delivery facilities and integrated accommodation-based solutions. The Gwent SCP will align with this Area plan and supporting national agendas such as Welsh Government's Eliminating Profit from Childrens Services and the development of accommodation-based solutions across the region.

The Programme for Government includes a commitment to create 50 integrated health and social care hubs and centres across Wales. Development of these hubs will be funded through the Regional Integration Fund (revenue) and the Health and Social Care Integration and Rebalancing Fund (capital). There is a need to take a strategic approach to identifying existing hub arrangements, and opportunities for additional or further enhancement of existing hubs that will enable integrated service to be offered closer to the community.

The Health Housing and Social Care Strategic Partnership will oversee and support partnership arrangements to develop and deliver a SCP; and this will be set out in the Area Plan Housing Section.

#### The Equality Act and Focused Work with Minority Groups

We have engaged the views of those who are seldom heard and marginalised, including those of minority groups such as homeless people and travellers. We are continuing to strengthen our relationships with community groups, service leads and organisations such as Diverse Cymru, to help us shape and coproduce future health and social care provision that is diverse, inclusive and meets individual needs. We have used existing mechanisms to engage with vulnerable groups such as those set out below:

- Children Looked After (CLA) and young carers
- People in secure estates and their families
- Homeless people
- Lesbian Gay Bisexual Transgender (LGBT) community
- Black Minority Ethnic groups
- Military veterans
- Asylum seekers and refugees



We work closely with the Gwent Public Service Board (PSB) to prevent duplication of engagement and planning with our communities, and the recent PSB Wellbeing Assessment shows that there are some aspects of well-being that are real strengths for our communities such as strong connections and supportive neighbourhood connections.

The wellbeing plan also highlights inequalities across our communities, impacting on many aspects of wellbeing. People living in more disadvantaged communities can have considerably shorter life expectancy and are more likely to be living with life limiting health conditions. Also, although the employment rate across Gwent is around the Welsh average, many families are struggling to meet their basic needs, made worse by the rises in fuel and food prices. Even in areas which appear to be more affluent there are pockets of hidden poverty. Further detail on the assessments can be found <u>here</u>.

The Covid-19 pandemic also highlighted new challenges for the people of Wales. Health and wellbeing of individuals and communities has been poorly affected but these impacts have not been felt equally. Those who are already living in poor health, poverty or in marginalised communities have been the hardest hit. It has highlighted the inequalities we know have existed in our society long before the pandemic and these have been further compounded as a result of both the direct and indirect harms from the pandemic. A full Public Health Wales report. *Inequality in a Future Wales* can be found <u>here</u>.

The Area Plan themed sections will set out actions to support and focus partnership working to support minority groups. For example, the Children and Young People section will set out key actions to support children looked after, the Housing section will set out actions to address homelessness, the Carers section will set out actions to support young carers. The RPB, working with statutory partners and the regional PSB will undertake a full impact analysis and ensure the Area Plan meets requirements as set out in the Welsh Language strategic framework 'More than Just Words'.

#### Regional Principles Adopted to Deliver the Area Plan Sections

'By working in collaboration, with a focus on long term sustainability we will transform services, to provide more care closer to home, improving well-being, and citizen outcomes.'

Health and Social Care legislation and guidance is continually reviewed across Wales and sets out a need for a step change in the pace of integration, partnership working and collaboration - *Further, Faster*. Whilst many challenges will remain in overcoming organisational boundaries and cultures, a set of shared working principles in addition to the principles in the Act have been adopted by the Gwent Regional Partnership



Board, to provide consistency and quicken the pace by which we can work collaboratively to transform and re model services. We will adopt:

- An integrated approach to planning and service development
- A shared approach to workforce development and sustainability
- Development of shared financial arrangements
- Enabling those with a care and support need to be informed and able to selfmanage their care
- A seamless service pathway of care which is truly citizen centred

#### Partnership Working - RPB Strategic Partnerships

RPBs will determine the most appropriate structures for ensuring effective strategic planning and the provision of integrated services and delivering key functions, including implementation of the Area Plan. As a guide, RPB structures should:

- Position the RPB as an effective collaborative vehicle through which Local Authorities and Local Health Boards exercise their duty to co-operate.
- Consider arrangements that will allow for more rapid operational decision making without undermining the strategic role of the RPB.
- Establish thematic subgroups to support plan and programme delivery.
- Make clear connections with Pan cluster Planning Groups.

As a minimum, RPBs must establish subgroup arrangements in relation to:

- Children and young people with a focus on early help and prevention in relation to
  - Children and young people who are disabled and/or experience illness.
  - Children and young people who are care experienced, including care leavers.
  - Children and young people who are in need of care and support.
  - Children and young people who are at risk of becoming looked after.
  - Children and young people with emotional and behavioural needs.
  - Young carers and young adult carers.
- Strategic capital planning
- A Regional Social Value Forum

Subgroup arrangements should also include groups to focus on housing and accommodation-led solutions to health and social care. The Gwent RPB have developed a strategic partnership sub structure to deliver related Area Plan sections. The individual core themes sections have been developed by the Gwent strategic partnerships and supported by the Regional Leadership Group. The following strategic groups have coordinated related core themed sections:



Strategic Partnership	Area Plan Core Theme Section
Children and Families Board	Children and Young People
Gwent Adult Strategic Partnership (GASP)	Older People, Health and Physical Disabilities and Sensory Impairment
Carers Board	Carers
Mental Health & Learning Disabilities Partnership	Mental Health, Learning Disabilities
Health Housing and Social Care	Housing and Strategic Capital Planning
Regional Autism Partnership	Autism
Dementia Board	Dementia and National Dementia Action Plan
Workforce Board	Workforce
Regional Commissioning Group	Joint commissioning, Market Stability, and Pooled Budgets



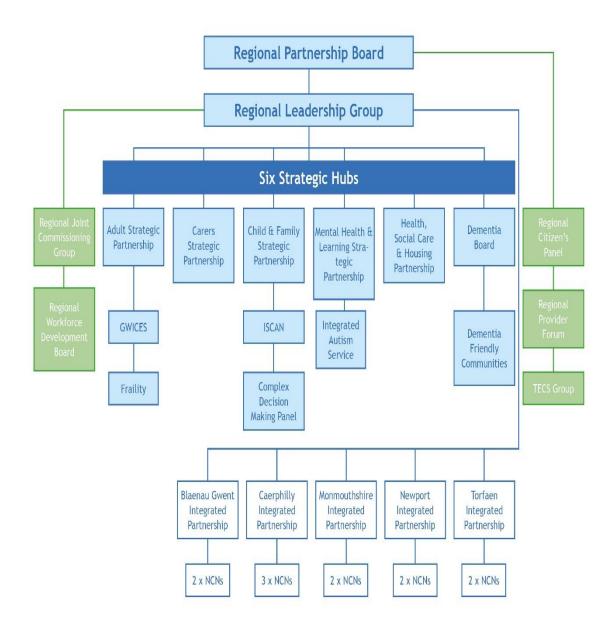


Fig 2: RPB structure

Other strategic partnerships such as the Substance Misuse Area Planning Board, Safeguarding Boards will also play a lead role in ensuring cross cutting themes such as substance misuse and safeguarding are aligned in this Area Plan. The Regional Partnership Board (RPB) will set the partnership framework for the above partnerships to link, align priorities and avoid duplication.



#### Prevention and Preventative Services

Section 15 of the Social Services and (Wales) Wellbeing Act 2014 requires local authorities and health boards to have regard to the need to provide or arrange preventative services. Also, the RPB must set out through this Area Plan, preventative services proposed to be provided or arranged in response to the population assessment, including those existing services which will be maintained. Each core theme section has been developed using principles of early intervention and prevention.

The RPB are considering how early intervention and preventative services can be as part of community capacity building, in line with Minister's 'Further, Faster' agenda; and will consider a prevention strategy to focus and redirect funding, especially in relation to winter planning.

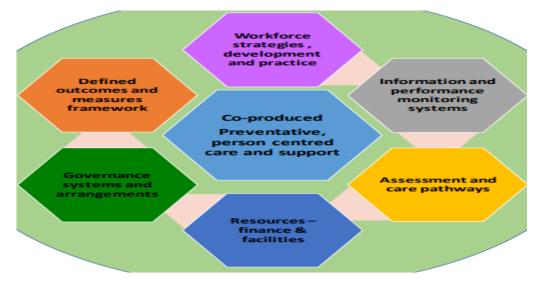
#### INTEGRATED WORKING

#### Integration of Services – Part 9 Social Services and Well-being Act

Under Part 9 of the Social Services and (Wales) Wellbeing Act, Regional Partnership Boards are required to prioritise the integration of services in relation to:

- Older people with complex needs and long-term conditions, including dementia.
- People with learning disabilities.
- Carers, including young carers.
- Integrated Family Support Services.
- Children with complex needs due to disability or illness.

Additional guidance from Welsh Government have identified key enablers for integration.





For this Area Plan the Regional Partnership Board will adopt a principle of integration based on the following areas of working:

- Joint commissioning of services and pooled budgets.
- Joint workforce development and training.
- Consistent and portable assessment processes including outcome and distance travelled toolkits.
- Co-located teams.
- Sharing of resources.
- Similar understanding of information provision and consistent key messages to citizens.

The above definition of integration will be adopted when implementing the Area Plan and there is an expectation that the strategic partnerships charged with implementing the Area Plan will consider the above areas of work when delivering actions to achieve the identified outcomes.

### Developing An Integrated System of Care and Well-being for Gwent

The Parliamentary Review into Health and Social Care in Wales states that the:

"Growing demand for care in the face of modest economic growth means that health and care services must change and adapt to best meet need and help people achieve the outcomes they desire. As we will show, the health and care system are not sustainable into the future in its current form; change which delivers major improvement to services is urgently required much faster than in the past".

The shared ambition of partners across Gwent is to create a system of integrated services for those with a care and support need, where more care is provided closer to home in a seamless integrated pathway. We will do this by developing new health and wellbeing hubs, implementing, and growing our network of neighbourhood community networks (NCNs), developing regional integrated services for people with complex needs, and designing new more sustainable models of care for children, older adults and those with mental health or learning disabilities.

Our intention through the Gwent Area Plan is to re-model services to reduce unnecessary complexity and deliver a more consistent integrated, inter-professional way of working across health and social care. We have developed a new 'transformational' model focused on 'place-based care', with services operating on a local population basis, supported by more specialist expertise at a wider level. The delivery mechanism is the Neighbourhood Care Network Model (NCN), unique to Gwent, with local integrated partnership boards providing leadership, governance, and accountability at a local authority level.



The system is predicated on the shared agreement by both Health and Local Government to provide more care closer to home, to reduce a reliance on primary care services, and prevent unnecessary hospital admissions. The system will build on the existing innovation across Gwent, and use the NCN footprint, as the basis from which services will be planned and delivered, around a model of community well-being.

The establishment of strategic thematic partnerships provides an engine room for delivery, with dedicated programmes of work, and specific outcome measures in place across each. Delivery will be through the local 'Integrated Partnership Boards', and NCN model, ensuring a collaborative approach to planning and delivery from a regional level to localities.

The RPB and strategic partnerships will provide the regional expectation for delivery of services and the IPSBs and NCNs are well placed to ensure the services are delivered consistently regardless of demography. The plan articulates how we intend to do this, and deliver integrated services, which improve the well-being of the population of Gwent over the next three years; it establishes a set of outcomes, measures and milestones and appropriate governance arrangements, to provide assurance to the Regional Partnership Board.

#### **Regional Integrated Funding and Models of Care**

The Social Services and Well-being (Wales) Act 2014 sets out statutory duties for regional partnership boards which bring together health, social services, the third sector and other partners to take forward the effective delivery of integrated services in Wales. Welsh Government have provided the Regional Integration Fund (RIF) to support Regional Partnership Boards to work together to support frail and older people, people with a learning disability, children with complex needs due to disability or illness and carers, including young carers. The fund helps support older people to maintain their independence and remain at home, avoiding unnecessary admissions to hospital or residential care and delays when someone is due to be discharged from care. It is also being used to support the Integrated Autism Service for Wales, and the roll out of the Welsh Community Care Information System across Wales.

Our Population Needs Assessment and Market Stability Report completed in 2022 will help to develop strategic planning and revenue investment proposals for the Health and Social Care Regional Integration Fund (RIF) 2022 - 2027. We will also ensure that we have a focus on the six new national models of integrated care, so that citizens can be assured of an effective and seamless service experience in relation to the models of care:

- Community based care prevention and community coordination.
- Community based care complex care closer to home.
- Promoting good emotional health and well-being.



- Supporting families to stay together safely, and therapeutic support for care experienced children.
- Home from hospital services.
- Accommodation based solutions.

### Locality Integrated Service Partnership Boards and Neighbourhood Care Networks – 'Vehicle for Delivery, Drivers for Change'

At a local authority level, integrated partnership boards have been established to act as the local drivers of change, translating the regional commitments into appropriate locality-based activity. For example, the Newport Integrated Board will provide oversight on the development of the proposed Ringland Health and Wellbeing Hub. Each of the ISPBs will oversee and support the Neighbourhood Care Network (NCN) delivering planned priorities.

Clearly, integrated working needs to be considered at a regional level in terms of strategic direction, oversight, and impact. However, implementation must be taken forward at a locality (local authority) level, being mindful of those services, structures and demands. These bodies do have some oversight of Neighbourhood Care Networks (NCN's) which are specific to ABUHB, having a management structure within that organisation, but needing to have strong partner connection at local level.

The 5 locality Integrated Service Planning Board plans have been aligned to the PNA priorities and this Area Plan. The planning relationship has been discussed by the regional Leadership Group and each of the Strategic Partnerships will consider how the ISPB enablers will deliver the regional priorities in collaboration and avoid duplication. During 2023/24 the RPB will work closely with ISPBs to identify a small number of key areas to progress joint working and how this will work long term e.g. workforce development features in all ISPB plans and an opportunity to work more closely with the regional Workforce Board on areas of collaboration and how NCNs can deliver regional priorities locally.

#### Accelerated Cluster Development

The Strategic Primary Care Programme in Wales promotes seamless working in Health Boards and with partners, including:

- Shifting the focus to a 'social model of care'.
- Ensuring timely access to primary care services across Wales.
- Working closely with partners to strengthen services and achieve seamless working across the whole system.
- Working on a 'once for Wales' basis, including championing and 'scaling up' of local initiatives across Wales identifying solutions and enabling functions at a national level.



Pan Cluster Planning Groups are seen as the mechanisms by which representatives of clusters come together at a county population level to collaborate with representatives of health boards and local authority decision makers, public health experts, planners, and representatives of citizens. It is important that Clusters and Pan Cluster Planning Groups are enabled to work closely and coherently with Regional Partnership Boards ensuring that they offer greater value as a whole than just the sum of their parts. Pan Cluster Planning Groups (PCPGs) should operate across a Local Authority area to deliver RPB priorities contained within the Area Plan and PCPG assessment of needs and plans must inform and be informed by regional level assessments of need (which are a statutory function of RPBs).

Given that ISPBs have been established across Gwent, the RPB recognised that the regional ISPB is well placed to pick up the functions of a PCPG for Gwent. The RPB will continue to work closely with partners during the first year of this Area Plan to ensure joint working and planning are realised.

#### CORE THEME ACTION PLANS

#### AUTISM AND NEURODEVELOPMENTAL DIAGNOSIS

**Regional Priority / Outcome as identified in the Population Needs Assessment:** 

• To provide more timely diagnosis of Autistic Spectrum Disorder and access to support services and information.

HOW WILL WE MEASURE SUCCESS? Our Population level indicators.

Increase more timely diagnosis of Autistic Spectrum Disorder and access To support services and information And advice pre and post diagnosis. $\omega$	Increase awareness, understanding and acceptance of neurodiversity across the region and recognise the varying individual support needs; via training to health, social care and wider RPB partners, as well as the wider public.	Increase opportunities and practical support for learning, training, volunteering, and paid employment, to support independent living.

The regional Gwent Strategic Autism Group will develop, co-ordinate and monitor delivery of this plan on behalf of the Mental Health and Learning Disability Strategic Partnership and Regional Partnership Board. A market position summary was undertaken as part of the Population Needs Assessment and actions below have been agreed

- To provide more timely diagnosis of Autistic Spectrum Disorder and access to support services and information and advice pre and post diagnosis.
- Improve awareness, understanding and acceptance of neurodiversity across the region to health, social care and wider RPB partners, including Registered Social Landlords (RSL's) as well as communities.
- Increase understanding and awareness of the varying support needs of people on the Autistic Spectrum, their families, and carers (Some people may require full time and care support, some may be non-verbal and have complex needs, some may need support with day-to-day activities, whilst other people live fully independent lives).
- Support more opportunities and practical support for learning, training, volunteering, and paid employment, to support independent living.



	<mark>(WHO)</mark> Partner Agencies		<mark>(WHEN)</mark> Timescales/ Milestones	Progress Measures How much and how well have we delivered? What is the difference made?
T	Gwent Autism Strategic Group RPB Autism Champion IAS RSLs	<ul> <li>The strategy will be delivered and monitored through the bimonthly meetings of the Gwent Autism Strategic Group. Their action plan is currently being reviewed as a response to public engagement in Gwent around the Code of Practice.</li> <li>RPB Autism Champion reports back to the RPB after each Autism Strategic meeting, to update on developments.</li> <li>Regular reports and updates from IAS to highlight good practice and identify challenges.</li> </ul>		An increase in the number of people receiving a timely diagnosis. Individuals with autism and their families have increased direct access to specialist support through a self-referral model
Practice	Gwent Autism Strategic Group IAS RSLs			Increase in the number of people receiving a timely diagnosis. Increasing in the number of people being offered pre and post diagnostic support. Increased access to accessible Information Advice and Assistance (IAA) Increased uptake of awareness, understanding and acceptance training on autism and other neurodevelopmental conditions.



		<ul> <li>the group to share their knowledge and expertise. (Chair/Vice Chair)</li> <li>Explore how RSLs can support and increase awareness for staff</li> </ul>		Increased number of people in training and paid employment opportunities.
Oversee and monitor delivery of Regional Integrated Funding delivery models of care and capital spend P ag @ 45	Adult Strategic Partnership	<ul> <li>The Partnership will oversee and review progress of all RIF funded projects through a standing item update at each meeting.</li> <li>A complete list of related projects will be shared with members to determine the schedule of meeting/presentations</li> <li>Projects will use a standard PowerPoint presentation setting out objectives, progress, barriers, and next steps, in delivering against the Area Plan</li> <li>Following the presentation, the Chair with partners will update a risk register for the Chair to update Leadership group and share a partnership report card.</li> <li>The Chair will include an overview of RIF delivery as part of annual presentation to RPB.</li> </ul>	Standing item, each meeting	Support delivery of national Models of Care and monitor effectiveness of projects.
Review other local, regional, and national plans to identify areas of collaboration and alignment of resources.	NCN	<ul> <li>Review and identify areas of collaboration</li> <li>ABUHB IMTP</li> <li>ISPB, NCN</li> <li>Local Authority Corporate Improvement Plans</li> <li>PSB regional Wellbeing Plan and delivery Marmot principles</li> </ul>	Quarterly	Maximise resources Single work programmes Identify opportunities for joint commissioning



	<ul> <li>Identify how work contributes and deliver National Outcome Framework</li> </ul>	



# UNPAID CARERS, YOUNG CARERS AND YOUNG ADULT CARERS

**Regional Priority / Outcome as identified in the Population Needs Assessment:** 

- Support unpaid carers to care through flexible respite, access to accurate information, peer to peer support, effective care planning and through increased public understanding.
- > Improve well-being of young carers and young adult carers and mitigate against the long-term impacts.

#### HOW WILL WE MEASURE SUCCESS? Our Population level indicators.



Tबेंद्रे regional Carers Board will develop, co-ordinate and monitor delivery of this plan on behalf of the Regional Partnership Board. A market position summary was undertaken as part of the Population Needs Assessment and actions below have been agreed

- There is still a need to increase awareness of the needs of carers and for frontline staff to be able to recognise when people take on caring responsibilities and signposted to information, especially young carers.
- Peer to peer support and respite provision are continually highlighted as being a priority need for carers and there is a need to increase support through third sector and community partners to increase befriending opportunities and community groups.

#### **Policy Drivers**

The Unpaid Carers Strategy for Wales (March 2021) set out the following revised national priorities for unpaid carers:

- identifying and valuing unpaid carers, providing information, advice, and assistance, supporting life alongside caring and supporting unpaid carers in education and the workplace. <u>Strategy for unpaid carers [HTML] | GOV.WALES</u>
- A Carers' Delivery Plan published in November 2021. <u>Strategy for unpaid carers: delivery plan 2021 [HTML] | GOV.WALES</u>



Action		(HOW) will we deliver	<mark>(WHEN)</mark> Timescales/ Milestones	<b>Progress Measures</b> How much and how well have we delivered? What is the difference made?
Delivery of the Welsh Government national priorities for carers, as set out in Strategy for Unpaid Carers and national Delivery Plan P Q Q 4	Carers Board	<ul> <li>Coordinate and review small grants scheme.</li> <li>Deliver Carer Friendly Employee Accreditation scheme.</li> <li>Promote Carers Hub and Spoke model.</li> <li>Continue with GP champions work programme.</li> <li>Continued rollout of Young Carers in Schools Award Scheme and Young Carers ID Card Scheme.</li> <li>Communication campaign to raise awareness of carers amongst public and in schools to identify young carers.</li> <li>Explore options to share more widely existing good practice and support other ways that identify and offer support to unpaid carers through the hospital discharge process.</li> </ul>		<ul> <li>Number of small grants administered.</li> <li>Number of organisations awarded CFE accreditation.</li> <li>Number of schools awarded YCIS award.</li> </ul>
Development to support unpaid	Carers Board ISPBs NCNs	<ul> <li>Assess and identify good practice in Community connector roles.</li> <li>Ensure accurate information and advice available through effective IAA, Dewis, public awareness campaigns.</li> <li>Support and build community resilience and grow social networks, tapping into sources of support in the community.</li> <li>Review health and wellbeing hubs and identify effective hub coordination.</li> </ul>		<ul> <li>Increase number of unpaid carers better informed.</li> </ul>



	<ul> <li>Explore volunteering solutions and promote and extend regional Ffrind I Mi volunteering scheme.</li> </ul>
Work in partnership with third Carers Boa sector partners to provide GAVO effective support to Carers TVA including • Flexible respite • Training and awareness • Support to Young Carers • Advocacy provision	<ul> <li>Work with LA's and Third Sector Partners to Quarterly meetings deliver solutions to implement models of care and support hospital discharge.</li> <li>Develop opportunities for peer-to-peer support.</li> <li>Coordinate and administer respite grants and identify best practice.</li> <li>Develop Young Carer network opportunities.</li> </ul>
Ensure that the implementation of Carers Boar the care closer to home strategy increases the community level ISPBs support for unpaid Carers NCNS Hous	<ul> <li>Ensure carers are supported in discharge processes.</li> <li>Signposting carers to relevant support services.</li> <li>Providing training opportunities to staff in relation to unpaid carers.</li> <li>Quarterly meeting training opportunities to staff in relation to unpaid carers.</li> </ul>
Oversee and monitor delivery of Carers Boar Regional Integrated Funding delivery models of care and capital spend	



		<ul> <li>to update Leadership group and share a partnership report card.</li> <li>The Chair will include an overview of RIF delivery as part of annual presentation to RPB.</li> </ul>		
	NCN	<ul> <li>Review and identify areas of collaboration</li> <li>ABUHB IMTP</li> <li>ISPB, NCN</li> <li>Local Authority Corporate Improvement Plans</li> <li>PSB regional Wellbeing Plan and delivery Marmot principles</li> </ul>	-	Maximise resources Single work programmes Identify opportunities for joint commissioning
Page		<ul> <li>Identify how work contributes and deliver National Outcome Framework</li> </ul>		



## CHILDREN AND YOUNG PEOPLE

**Regional Priority / Outcome as identified in the Population Needs Assessment:** 

- To improve outcomes for children and young people with complex needs through earlier intervention, community-based support, and placements closer to home
- To ensure good mental health and emotional well-being for children and young people through effective partnership working especially mitigating long term impact of Covid-19 pandemic

#### HOW WILL WE MEASURE SUCCESS? Our Population level indicators.

Page			
51	Increase number of partners adopting and delivering NEST principles	Increase awareness, number of referrals and support through SPACE Wellbeing	placements in line WG's Eliminate
		panels	agenda

The regional Children and Families Board will develop, co-ordinate and monitor delivery of this plan on behalf of the Regional Partnership Board. A market position summary was undertaken as part of the Population Needs Assessment and actions below have been agreed

- 1. There is a need to continue strengthening services and partnerships around a single front door approach, to reduce hand offs between organisations and establish a sequenced approach to multiple intervention needs.
- 2. The RPB will continue to implement principles of NEST/NYTH across all services, to remain focused on what matters to children, young people, and families as we move to a whole system approach.
- 3. Given the new programme of government priority to eliminate profit in residential care for children looked after, the RPB will support this agenda and the early intervention and preventative services that help reduce children becoming looked after.

 The Welsh Government's Programme for Government 2022-2027 contains several commitments that describe a new vision to transform children's services to support the family unit to remain together where possible, with local services working alongside families to help design and take forward family-owned solutions to their problems.



This way families will be better equipped with the skills, experience, and resilience to work through difficulties, with far fewer children needing to come into care.



(WHAT we are doing) Action	<mark>(WHO)</mark> Partner Agencies		<mark>(WHEN)</mark> Timescales/ Milestones	Progress Measures
The Children and Families Board will develop a joint response and solutions to delivering Welsh Government's Eliminate Programme for Government priority		<ul> <li>Develop a joint safe accommodation task and finish group, to develop residential options with integrated processes across health and social care.</li> <li>Link to Health Housing and Social Care partnership in developing capital solutions.</li> <li>Consider joint commissioning opportunities across residential and foster care.</li> </ul>		<ul> <li>Placements closer to home.</li> </ul>
Defliver and embed the NEST and NXTH framework across the region ພ	CFB	<ul> <li>Develop self-assessment to support NEST/NYTH across partners.</li> <li>Develop regional NEST/NYTH plan.</li> <li>Standing item reporting to CFB to identify good practice and challenges.</li> <li>Explore how NEST/NYTH can support universal provision in line with PSB Wellbeing Plan, Marmot principles to provide all children best start in life.</li> </ul>	meetings	<ul> <li>Increased number of partners adopting NEST principles.</li> </ul>
Deliver Integrated Support Children with Additional Needs (ISCAN) partnership solutions		<ul> <li>Developing integrated therapeutic services for children with complex needs, as well as a continued focus on prevention and early intervention.</li> <li>Improve Transition arrangements through identification good practice and pooling partnership resourcing.</li> </ul>		<ul> <li>Increased number of effective Transitions between children and adult services.</li> </ul>



	•	Review Continuing Healthcare processes to improve partnership working.		
Deliver Together for Mental Health in Cl partnership with MHLD partnership ບັ	FB & MHLD •	Develop joint task group to oversee and coordinate T4MH action plan, with a focus on CAMHS provision and aligned to ABUHB's IMTP. Standing item at CFB meetings. Support implementation of whole school approach to emotional mental wellbeing.	publication of new	See T4MH strategy.
Oversee and monitor delivery of CF Regional Integrated Funding delivery models of care	=В • • •	The Partnership will oversee and review progress of all RIF funded projects through a standing item update at each meeting. A complete list of related projects will be shared with members to determine the schedule of meeting/presentations Projects will use a standard PowerPoint presentation setting out objectives, progress, barriers, and next steps, in delivering against the Area Plan Following the presentation, the Chair with partners will update a risk register for the Chair to update Leadership group and share a partnership report card. The Chair will include an overview of RIF delivery as part of annual presentation to RPB.		Project progress measures set out in individual RIF project profiles



Review other local, regional, and ISPB national plans to identify areas of NCN collaboration and alignment of LAs resources. ABUHB PSB	<ul> <li>Review and identify areas of collaboration</li> <li>ABUHB IMTP</li> <li>ISPB, NCN</li> <li>Local Authority Corporate Improvement Plans</li> <li>PSB regional Wellbeing Plan and delivery Marmot principles</li> </ul>	Maximise resources Single work programmes Identify opportunities for joint commissioning
	<ul> <li>Identify how work contributes and deliver National Outcome Framework</li> </ul>	



## DEMENTIA

**Regional Priority / Outcome as identified in the Population Needs Assessment:** 

> To improve outcomes for people living with dementia and their carers.

HOW WILL WE MEASURE SUCCESS? Our Population level indicators.

Page 56	Increase the proportion of people with dementia receiving a formal diagnosis	Increase Information, Assistance and Advice (IAA), to support cognitive wellbeing and inform of risk factors of dementia.	Increase number of Dementia Friends, Dementia Ambassadors and Dementia Friendly Organisations to provide further awareness and opportunities for social inclusion

The regional Dementia Board will develop, co-ordinate and monitor delivery of this plan on behalf of the Regional Partnership Board. A market position summary was undertaken as part of the Population Needs Assessment and actions below have been agreed

3. We need to strengthen partnerships, services, and coproduction models to improve the outcomes for people living with dementia and their carers.

#### Policy Drivers

- Welsh Government National Dementia Action Plan
- NHS Wales All Wales Dementia Care Pathway of Standards

September 2021 a companion to the Dementia Action Plan for Wales 2018-2022 was published, outlining the current priorities for action as we emerged from the COVID-19 pandemic. Following the launch of the plan in 2018, RPBs were asked to develop services which addressed any identified gaps, and they will recently have considered how older people, including those with dementia, can be supported by the six new models of integrated care under the RIF. Welsh Government are undertaking an independent evaluation to inform the content of any future action plans, and area plans will need to flexible enough to respond to any relevant changes.



(WHAT we are doing) Action	(WHO) Partner Agencies	(HOW) will we deliver	<mark>(WHEN)</mark> Timescales/ Milestones	Progress Measures How much and how well have we delivered? What is the difference made?
Delivery Welsh Government National Dementia Action Plan (DAP) Page 57	<ul> <li>Dementia Board and all members</li> <li>People living with dementia and carers.</li> <li>Housing and RSLs</li> </ul>	<ul> <li>Develop a Gwent Dementia Action Plan setting out how national priorities will be delivered regionally</li> <li>Delivery of the Dementia Action Plan (DAP) is delivered through the programme of work overseen by the Dementia Board, with regular progress updates and monitoring through the biannual dementia board meetings.</li> <li>Progress is also fed through to the Regional Partnership Board (RPB) through annual reporting and project updates at RPB meetings.</li> </ul>	April 2023 and reviewed bimonthly	<ul> <li>Gwent Dementia Action Plan has been developed and aligns to the 20 All Wales Dementia Pathway of Standards which will also include performance measures.</li> <li>Regular forums are held both face to face and online to gather case studies of good practice and where improvements need to be made. (Patient stories)</li> <li>The Gwent Regional Action Plan for Dementia Friendly Communities aligns to specified needs in each LA area, as set by the multi-agency DFC groups.</li> <li>Report progress and outcomes to RPB for review.</li> </ul>
Deliver NHS Wales All Wales Dementia Care Pathway of Standards	<ul> <li>Dementia Board and all partners</li> <li>People living with dementia and carers.</li> <li>Housing and RSLs</li> <li>Third Sector,</li> <li>Private Sector</li> </ul>	<ul> <li>Implementation of all Wales dementia pathway of standards promote a whole systems integrated care approach, through equity of provision, supporting the DAP. This work will be delivered through the subgroup workstreams, with</li> </ul>	Leads provide monthly report to Dementia Board	<ul> <li>Workstream subgroups have been developed to take forward this programme of work which includes the following workstreams:</li> <li>Engagement</li> <li>Memory Assessment Service/Dementia Connector role.</li> <li>Dementia Friendly Hospital Charter.</li> </ul>



Page		oversight and management and coordination of the Senior Programme Manager reporting on performance and progress to the Dementia Board. This will also be monitored through annual reporting to the RPB	•	Education/Workforce Measurement/ Performance Performance measures will be developed for all workstreams Subgroup leads report to National group to share learning/progress, then feedback to regional subgroups and Dementia Board. Experts by Experience group set up to support coproduction of service provision. Exception reports and risk register to provide updates against outcomes.
Further develop and stoongthen Dementia Friendly Communities	<ul> <li>Dementia Board and all partners</li> <li>People living with dementia and carers.</li> <li>Housing and RSLs</li> <li>Third Sector,</li> <li>Private Sector</li> <li>ISPBs/ NCNs</li> </ul>	<ul> <li>The Dementia Friendly Communities (DFC) agenda is overseen and coordinated by the Gwent Regional Partnership Team and supported through a network of Dementia Ambassadors within Gwent.</li> </ul>	Annual conference showcasing innovation and progress.	Priorities are monitored through bimonthly multi agency regional meetings and DFC is a standing item at each Dementia Board. Case studies collected of difference made to people living with dementia, their families, and carers. Increase in the number of Dementia Ambassadors completing training. Increase in the number of Dementia Friends in Gwent. Increase in the number of communities completing DFC accreditation to support inclusion.



Page 50	Integrated Wellbeing Community Leads	•	Assess and identify good practice in Community connector roles. Ensure accurate information and advice available through effective IAA, Dewis, public awareness campaigns. Support and build community resilience and grow social networks, tapping into sources of support in the community. Review health and wellbeing hubs and identify effective hub coordination. Explore volunteering solutions and links to schools to promote Age Friendly Communities. Promote and extend regional Ffrind I Mi volunteering scheme.	Bimonthly meetings	•	Multi agency workforce with awareness of dementia and unpaid carers Increase in information and advice available.
		•			•	



Oversee and monitor delivery of Regional Integrated Funding delivery models of care Page 60	Dementia Board	<ul> <li>The Partnership will oversee and review progress of all RIF funded projects through a standing item update at each meeting.</li> <li>A complete list of related projects will be shared with members to determine the schedule of meeting/presentation</li> <li>Projects will use a standard PowerPoint presentation setting out objectives, progress, barriers, and next steps, in delivering against the Area Plan</li> <li>Following the presentation, the Chair with partners will update a risk register for the Chair to update Leadership group and share a partnership report card.</li> <li>The Chair will include an overview of RIF delivery as part of aprual presentation to</li> </ul>	Support delivery of national Models of Care and monitor effectiveness of projects.



Review other local, regional,	ISPB	Review and identify areas of Quarterly	Maximise resources
and national plans to identify	NCN	collaboration	Single work programmes
areas of collaboration and	LAs	ABUHB IMTP	
alignment of resources.	ABUHB	ISPB, NCN	<ul> <li>Identify opportunities for joint</li> </ul>
	PSB	<ul> <li>Local Authority Corporate Improvement Plans</li> <li>PSB regional Wellbeing Plan and delivery Marmot principles</li> <li>Identify how work contributes and deliver National Outcome Framework</li> </ul>	commissioning



# HEALTH, PHYSICAL DISABILITIES AND SENSORY IMPAIRMENT

**Regional Priority / Outcome as identified in the Population Needs Assessment:** 

- To support disabled people, including sensory impairment, through an all-age approach to live independently in appropriate accommodation and access community-based services, including transport.
- > Ensure people are supported through access to accurate information, assistance and 'rehabilitation' where required
- Improve transition across all age groups and support services.

#### HOW WILL WE MEASURE SUCCESS? Our Population level indicators.



The regional Gwent Regional Partnership Board and aligned Strategic Partnerships will develop, co-ordinate and monitor delivery of this plan on behalf of the Regional Partnership Board. A market position summary was undertaken as part of the Population Needs Assessment and actions below have been agreed.

Policy Areas:

- Welsh Government's Disability Equality Forum Impact of Covid-19 on disabled people in Wales and 'Action on Disability' framework.
- Wales Council of the Blind: Rehabilitation Officers for Visual Impairment, Addressing a workforce crisis in Wales.



• All Wales Deaf Mental Health and Wellbeing Group - Deaf People Wales: Hidden Inequality.



(WHAT we are doing) Action	<mark>(WHO)</mark> Partner Agencies	(HOW) will we deliver	<mark>(WHEN)</mark> Timescales/ Milestones	Progress Measures How much and how well have we delivered? What is the difference made?
Promote equality and inclusion. Page 64	<ul> <li>RPB</li> <li>Strategic Partnerships under the RPB.</li> <li>Local Authorities</li> <li>ABUHB</li> <li>Gwent PSB</li> <li>Independent/Third Sector</li> </ul>	<ul> <li>Continue to promote advocacy services Golden Thread Advocacy Provision, Snap Cymru and NYAS for children and young people.</li> <li>Developing consistent, integrated regional services, that are accessible and respond to the population needs assessment.</li> </ul>	6 monthly reviews starting from April 2023.	Number of people accessing advocacy support.
Further development of accessible coproduced services to support people and promote inclusion, independence, and support people to become more resilient to manage their own conditions	<ul> <li>Strategic Partnerships under the RPB.</li> <li>Local Authorities</li> </ul>	<ul> <li>Citizen panel working across Strategic Partnerships to continue to strengthen coproduction and implement Citizen Charter.</li> <li>Continue with coproduction with children and young people through regional youth forum, to design mental health support.</li> </ul>	Quarterly meeting	Number of engagement events/meetings Number of services reviewed which demonstrate coproduction



		•	Continue to support the Gwent Regional Autism Group in coproduction with parents and neurodiverse individuals. Continue with regional parent group to engage and coproduce support with parents in relation to neurodevelopment services.		
Increase use of assistive teethnology, such as telecare to transform domiciliary care and supported living services	Strategic Partnerships under the RPB. Local Authorities ABUHB Gwent PSB Independent/Third Sector RSLs	•		April 2023.	Individual measures linked to provision resources e.g., Dementia Hug dolls, magic tables etc.
Promote healthier lifestyles and reducing health inequalities • •	Strategic Partnerships under the RPB Public Health Wales Local Authorities ABUHB Gwent PSB	•		6 monthly reviews from April 2023.	



<ul> <li>Independent/Third Sector</li> <li>Continue to strengthen Transition arrangements between children and young people's and adult services.</li> <li>Dage Continue to strengthen Transition arrangements between children and young people's and adult services.</li> <li>ABUHB</li> <li>Independent/Third Sector</li> <li>Independent/Third Sector</li> <li>Independent/Third Sector</li> </ul>	<ul> <li>wellbeing plans to avoid duplication)</li> <li>Maximise health and social care staff to promote strength based and what matters discussions.</li> <li>Work currently ongoing linked to the Children and Families Strategic Partnership and Mental Health and Learning Disability Strategic Partnership, to scope current Transition models and how to develop and improve.</li> <li>Support ISCAN Board and ensure good practice identified</li> </ul>	Improved positive life outcomes for children, young people, and adults. Decrease duplication of services for children with complex heath needs and disabilities, through integrated services for children with additional needs (ISCAN).
Continue to improve accessible RPB information, advice, and ABUHB assistance including support for LAs people with sensory needs RSLs including rehabilitation.	<ul> <li>Working with WG and partners to continue to develop and promote on progress already made, with a range of Information, Advice and Assistance provision, such as Dewis Cymru and Info engine.</li> <li>Ensure information is accessible and in</li> </ul>	



Page 67		<ul> <li>various formats, especially for people with sensory needs.</li> <li>Link to Dementia Board with the implementation and delivery of The All- Wales Dementia Pathway of Standards, for people living with dementia and sensory needs.</li> <li>Work with partners to increase and promote Rehabilitation Officers for Visually Impaired (ROVI) To build confidence; provide emotional support; regain lost skills and teach new skills. Also, to support, maintain and promote independence and choice.</li> </ul>		
Review other local, regional, and national plans to identify areas of		Review and identify areas ofQua collaboration	5	Aaximise resources Single work programmes
collaboration and alignment of	LAs	ABUHB IMTP		
	ABUHB	<ul> <li>ISPB, NCN</li> </ul>		dentify opportunities for joint
	PSB	<ul> <li>Local Authority Corporate Improvement Plans</li> </ul>	C	commissioning



	<ul> <li>PSB regional Wellbeing Plan and delivery Marmot principles</li> <li>Identify how work contributes and deliver National Outcome Framework</li> </ul>		
Integrated Wellbeing Network Development to support older people including those living with dementia and their carers a c c c c c c	<ul> <li>Assess and identify good practice in Community connector roles.</li> <li>Ensure accurate information and advice available through effective IAA, Dewis, public awareness campaigns.</li> <li>Support and build community resilience and grow social networks, tapping into sources of support in the community.</li> <li>Review health and wellbeing hubs and identify effective hub coordination.</li> <li>Explore volunteering solutions and links to schools to promote age</li> </ul>	Quarterly update from April 2023.	



friendly communities.	
<ul> <li>Promote and extend</li> </ul>	
regional Ffrind I Mi	
volunteering scheme.	



## HOUSING

**Regional Priority / Outcome as identified in the Population Needs Assessment:** 

- > A multi-agency partnership approach to ensure appropriate housing and accommodation for older people and vulnerable citizens.
- > To ensure effective use of Disabled Facilities Grants and appropriate partnership support and available resources.
- Homelessness requiring a collaborative response from public services and partners, especially the non-use of B&B accommodation for young people, and through prevention and early intervention.

HOW WILL WE MEASURE SUCCESS? Our Population level indicators.

Page 70			
	To increase the number of accommodation-based solutions for children look after (supporting Welsh Government's Eliminate agenda)	Ensure access to Disabled Facilities Grants to support people living at home	Reduce homelessness and the number of temporary accommodation long stays (Rapid Rehousing Action Plans)

The regional Health Housing and Social Care Partnership will develop, co-ordinate and monitor delivery of this plan on behalf of the Regional Partnership Board. There will be a focus on:

- 4. Development of Strategic Capital Plan.
- 5. Regional delivery of shared Rapid Rehousing actions.
- 6. Alignment of Housing Support Grant to RPB priorities.



(WHAT we are doing) Action	<mark>(WHO)</mark> Partner Agencies	<mark>(HOW)</mark> will we deliver	<mark>(WHEN)</mark> Timescales/ Milestones	Progress Measures How much and how well have we delivered? What is the difference made?
Develop a 10-year Strategic Capital Plan, setting a partnership approach to developing accommodation- based solutions, for children looked after. Also integrated health and social care hubs and wider accommodation solutions for older people and vulnerable citizens.	Torfaen Strategic	<ul> <li>Using WG template develop a SCP that incorporates ABUHB Capital Planning, LA Housing Market Assessments, HSG plan and RIF Capital Plan.</li> <li>Link with ISPBS to increase integrated health and social care hubs.</li> <li>Link with CFB to deliver WG Eliminating Profit from Children Services and increase care placements within region.</li> </ul>	April 2023 – high level plan. July 2023 – full plan.	<ul> <li>Increased number of care placements for children.</li> <li>Reduced number of out of county placements.</li> <li>Increased number of integrated hubs.</li> </ul>
To ansure effective use of Disabled	Regional DFC task and finish group & PMO	<ul> <li>Ensure regular meetings to DFG regional task group to monitor DFG uptake across LAs and where RIF can support.</li> <li>Explore how DFGs can be maximised across RSLs and ensure citizens have equitable access</li> <li>Highlight good practice and blockages to HHSC Partnership.</li> </ul>	Monthly meetings Standing item HHSC agenda.	<ul> <li>Number of DFGs administered across region.</li> <li>Maintain people living in own home.</li> </ul>
Deliver a regional Rapid Rehousing plan based on joint priorities identified within LA plans	Housing Operational Group	Regional Rapid Rehousing task	Bimonthly meetings.	<ul> <li>Reduce time to support people into temporary accommodation.</li> </ul>



Oversee and monitor delivery of Regional Integrated Funding delivery models of care	HHSC & PMO	<ul> <li>Align to Housing Support Grant delivery and avoid duplication.</li> <li>Develop IRCF programme linked to regional Integrated Capital Planning Group.</li> <li>Monitor and exception report as standing item on HHSC agenda.</li> <li>Exception reporting to RPB.</li> <li>Unblock and expedite solutions to capital issues.</li> </ul>	April 2023/July 2023 IRCF to align to SCP above.	Total use of IRCF across the region.
Review other local, regional, and national plans to identify areas of collaboration and alignment of resources.	ISPB NCN LAs ABUHB PSB			<ul> <li>Maximise resources</li> <li>Single work programmes</li> <li>Identify opportunities for joint commissioning</li> </ul>

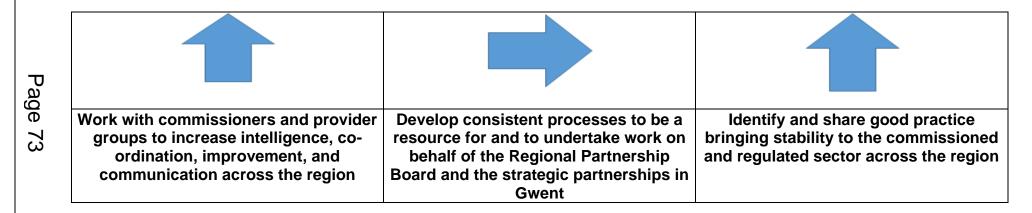


# JOINT COMMISSIONING GROUP

Regional Priority / Outcome as identified in the Market Stability Report:

To deliver commissioning priorities highlighted through Market Stability Report in relation to Adult Services, Childrens Services, Mental Health and Learning Disabilities as well as reviewing opportunities for joint commissioning across health and social care.

HOW WILL WE MEASURE SUCCESS? Our Population level indicators.



The regional <mark>Joint Commissioning Group</mark> will develop, co-ordinate and monitor delivery of this plan on behalf of the Regional Partnership Board. A market position summary was undertaken as part of the Population Needs Assessment and actions identified across other population themes

 The JCG will ensure joint commissioning is prioritised across other strategic partnerships and coordinate and monitor actions to reduce duplication, effectively overseeing development across the region.



(WHAT we are doing) Action	<mark>(WHO)</mark> Partner Agencies		<mark>(WHEN)</mark> Timescales/ Milestones	Progress Measures How much and how well have we delivered? What is the difference made?
Adult Services Deliver priorities identified in MSR with a focus on • care homes, • domiciliary care • day services, • Oadvocacy • Provider groups and webinars 4	RCG	<ul> <li>Care home fees methodology.</li> <li>Exploring domiciliary care models e.g., micro-carers, regional approach to fees and QA.</li> <li>Support domiciliary, care homes and 3<sup>rd</sup> Sector/provider fora/webinars.</li> <li>Supporting Direct Payments regional delivery.</li> <li>Common regional approach template for QA in care homes.</li> <li>Supporting LAS with Day Services review.</li> <li>Linking with LAs and ABUHB in supporting pooled budget arrangement.</li> </ul>	On-going On-going Summer 2023 On-going March 2023	Care homes and domiciliary care proposals currently with RPB processes. Awaiting further instructions/on-going. Working group established. Discussion re options at next RCG meeting.



Support Eliminate profit from	RCG CFB HHSC	<ul> <li>Support CFB and HHSC with On-going Eliminate agenda and reducing not for profit.</li> <li>Linking to CFB in relation to CHC discussions.</li> </ul>	Awaiting further instructions/on-going.
Mental Health and Learning Disabilities Services	RCG MHLD	<ul> <li>Linking with ABUHB MHCurrent on-going division to explore regional discussions within commissioning.</li> <li>Open invitation for Mental Health Division to join fees and QA workstreams.</li> </ul>	On-going.
Ensure joint commissioning issues identified by Strategic Partnerships and Integrated Wellbeing Networks, are coordinated across the region		<ul> <li>RCG Chair to attendOn-going Leadership Group and discuss commissioning arrangements and opportunities with other Strategic Partnerships.</li> </ul>	On-going via RCG.
Oversee and monitor delivery of Regional Integrated Funding delivery models of care		<ul> <li>Align and link to On-going commissioned projects where they align to commissioning priorities e.g. Winter plan and commissioning of care home beds.</li> </ul>	On-going via RCG and other strategic partnerships.
national plans to identify areas of collaboration and alignment of resources.	ISPB NCN LAs ABUHB PSB	Review and identify areas of Quarterly collaboration • ABUHB IMTP • ISPB, NCN • Local Authority Corporate Improvement Plans	Maximise resources Single work programmes Identify opportunities for joint commissioning



<ul> <li>PSB regional Wellbeing Plan and delivery Marmot principles</li> </ul>	
<ul> <li>Identify how work contributes and deliver National Outcome Framework</li> </ul>	



# MENTAL HEALTH & LEARNING DISABILITIES

**Regional Priority / Outcome as identified in the Population Needs Assessment:** 

- Increased understanding and awareness of mental health amongst the public, to reduce stigma and help people to seek support earlier.
- > To improve emotional well-being and mental health for adults and children, through early intervention and community support.
- To support people with learning disabilities to live independently with access to early intervention services in the community; and greater public awareness and understanding of people with learning disabilities needs.

#### HOW WILL WE MEASURE SUCCESS? Our Population level indicators.

Page 77			
	Increase Information, Advice and Assistance (IAA) in more accessible formats to provide people with informed choices to support their wellbeing and increase understanding.	•	Increase support to the workforce to ensure they have the skills, training, and emotional support, to effectively support their role

The regional Mental Health and Learning Disabilities Partnership will develop, co-ordinate and monitor delivery of this plan on behalf of the Regional Partnership Board. A market position summary was undertaken as part of the Population Needs Assessment and actions below have been agreed

8. We need to promote the mental wellbeing of people in Gwent and ensure that the workforce is supported, to be able to provide people with the support they need at the right time.



 There is a need to increase the number of bespoke and individual support packages for people with a learning disability which will involve more one to one support in the community and will require the recruitment of a greater number of volunteers.



(WHAT we are doing) Action	• •	<mark>(HOW)</mark> will we deliver	<mark>(WHEN)</mark> Timescales/ Milestones	Progress Measures How much and how well have we delivered? What is the difference made?
Review and align regional strategies to Together for Mental Health Delivery plan and develop new regional 10-year T4MH strategy. To include Strategic approach to support people with complex needs, including those who are entitled to Section 117 aftercare, as defined by the Mental Health Act (1983) 0 7 9	ABUHB • Five LAs/ Social Services • Housing/Homeless prevention • Area Planning Board	Disability Partnership Board will develop the new 10-year T4MH strategy, setting out how WG priorities will be delivered at a regional level.		<ul> <li>Performance Measures to be added after regional strategy developed and signed off by WG.</li> <li>Effective subgroup structure developed to oversee delivery of strategy.</li> <li>Reporting of outcomes to RPB and wider partners.</li> </ul>
Deliver T4MH CYP and ensure links with the Children and Families Strategic Partnership, to develop and enhance transition arrangements.	<ul> <li>Families/Children's</li> </ul>	<ul> <li>Work with Children and Families Board to align delivery and develop a joint action plan, to deliver priorities focussing on areas of collaboration.</li> <li>Continue to organise a Transitioning subgroup to support</li> </ul>		<ul> <li>Joint action plan developed and reviewed regularly, including review of support services.</li> <li>Agreed transition pathways in place</li> </ul>



Develop local strategy and action plan in response to WG Talk 2 me National Strategy, in relation to Self-Harm and Suicide Prevention. ບ ຍ ແດ ເບີ	MH/LD Division	transition between children and adult services. Link and monitor effectiveness of specific services, such as Mental Health 111 Team, Peer Mentors in ED, and other commissioned services. Gwent Suicide and Self-harmQuarterly meetings Prevention Steering group work programme in place, including an Expert by Experience group and Communications, Engagement and Training group. Support development of National Bereavement service along with locally commissioned services. Shared Lives (and other crisis services, such as the Crisis Support House, GDAS.	<ul> <li>Performance measures to be added.</li> <li>T2M action plan developed and monitored regularly.</li> <li>Reporting of outcomes to RPB</li> <li>Performance measures to be added</li> </ul>
Work with Health, Social Care and Housing Forum and Supporting People to ensure that people with a mental health need, substance misuse need, a learning disability or a co-occurring need can access appropriate accommodation and housing related support. Work in close partnership with the Area Planning Board, co-occurring agenda for people living with complex needs	Social Services Housing/Homeless providers MH/LD Division	A standing item to be included on Quarterly meetings MH/LD Partnership agenda to ensure effective links with partners with a focus on referral pathways to access services. Share work plans across partners to ensure effective mapping of services and avoid duplication and maximise delivery. Review and develop commissioning priorities for Commissioned Third sector	<ul> <li>Effective referral pathways in place across organisations supporting mental health, substance misuse and housing needs.</li> <li>Reviewed commissioning strategy based on mapping to avoid duplication</li> </ul>



Implementing the Gwent Emotional and Mental Wellbeing Foundation Tier programme. Page 81	ABUHB Public Health Wales Local Authorities Independent/Third Sector	services, floating Support commissioned organisations, Substance use services and VAWDASV providers and regional board. Developing the content and reachQu of Melo website, as a Central Point of access for people to support their mental wellbeing in Gwent. Providing free self-help courses and resources for people in Gwent. Developing and promoting Gwent Connect 5 as a workforce training programme to build knowledge, skills, and confidence to have everyday mental wellbeing conversations.		<ul> <li>Increase in number of people undertaking Gwent Connect 5 training, and self-reported increase in knowledge, confidence, motivation, and skills to have a MH conversation after attending Gwent Connect</li> <li>Number of users visiting Melo website, increased followers, and engagement on Melo social media channel</li> <li>increased number local partners social media accounts following Melo social media</li> <li>increased number of partners signposting to Melo from their website</li> </ul>
Integrated Wellbeing NetworkInt Development to support peoplePa living with dementia and their carers		Assess and identify good practice Quin Community connector roles. Ensure accurate information and advice available through effective IAA, Dewis, public awareness campaigns. Support and build community	uarterly meetings	<ul> <li>Multi agency staff trained and awareness of mental health and needs of learning disabilities.</li> </ul>



	•	resilience and grow social networks, tapping into sources of support in the community. Review health and wellbeing hubs	
	•	and identify effective hub coordination. Explore volunteering solutions and links to schools to promote Age Friendly Communities. Promote and extend regional Ffrind I Mi volunteering scheme	
Detiver Welsh Government's Learning Disability Strategic Action Plan 2021-2026, including development of a regional LD Charter.	Social Services	Learning Disabilities Integrated Community Service model developed. Review of Specialist LD in-patient provision. Review of individual placements and providers. Review of Day Services and funding constraints for all partners.	<ul> <li>LD charter developed.</li> <li>Mapping and review of services.</li> <li>Citizen outcomes and case studies.</li> <li>Increase early intervention and practical support to help people live independently.</li> <li>Increase awareness and understanding of the needs of the individual needs of people with a learning disability.</li> <li>Increase the number of social opportunities for people with a learning disability.</li> <li>Increase the number of bespoke and individual support packages for people with a learning disability</li> </ul>



			<ul> <li>Increase learning, training, volunteering, and paid work opportunities for people with a learning disability.</li> <li>Increase number of social opportunities through 'My Mates'</li> </ul>
Review other local, regional, and national plans to identify areas of collaboration and alignment of resources. ບ ບ ບ ເຊ	NCN	<ul> <li>Review and identify areas of Quarterly collaboration</li> <li>ABUHB IMTP</li> <li>ISPB, NCN</li> <li>Local Authority Corporate Improvement Plans</li> <li>PSB regional Wellbeing Plan and delivery Marmot principles</li> <li>Identify how work contributes and deliver National Outcome</li> </ul>	<ul><li>Maximise resources</li><li>Single work programmes</li><li>Identify opportunities for joint commissioning</li></ul>
Oversee and monitor delivery of Regional Integrated Funding delivery models of care and capital spend		<ul> <li>Framework</li> <li>The Partnership will oversee and Quarterly meetings review progress of all RIF funded projects through a standing item update at each meeting.</li> <li>A complete list of related projects will be shared with members to determine the schedule of meeting/presentations</li> <li>Projects will use a standard PowerPoint presentation setting out objectives, progress, barriers,</li> </ul>	<ul> <li>Support delivery of national Models of Care and monitor effectiveness of projects.</li> <li>Individual project performance information to be included</li> </ul>



and next steps, in delivering
against the Area Plan
<ul> <li>Following the presentation, the</li> </ul>
Chair with partners will update a
risk register for the Chair to update
Leadership group and share a
partnership report card.
The Chair will include an overview
of RIF delivery as part of annual
presentation to RPB.



# OLDER PEOPLE

**Regional Priority / Outcome as identified in the Population Needs Assessment:** 

- To support older people to live, or return following a period of hospitalisation, to their own homes and communities through early intervention, integrated care models and a whole system approach.
- To improve emotional well-being for older people by reducing loneliness and social isolation through earlier intervention and building community resilience.
- To mitigate the long-term impact of Covid-19 pandemic through, especially reducing waiting lists and times to access support, appointments, and medical procedures.

#### HOW WILL WE MEASURE SUCCESS? Our Population level indicators.

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	Increase early intervention support and inclusion opportunities, to reduce loneliness and isolation	Reduce Delayed Transfers of Care through improved integrated working.	Increase wellbeing through access to the right support at the right time to reduce crisis referrals.

The regional Gwent Adult Strategic Partnership will develop, co-ordinate and monitor delivery of this plan on behalf of the Regional Partnership Board. A market position summary was undertaken as part of the Population Needs Assessment and actions below have been agreed

- 1. Increase early intervention support and inclusion opportunities, to reduce loneliness and isolation.
- 2. Reduce Delayed Transfers of Care, through improved integrated working.
- 3. Increase wellbeing through access to the right support at the right time to reduce crisis referrals.







(WHAT we are doing) Action	<mark>(WHO)</mark> Partner Agencies	(HOW) will we deliver	<mark>(WHEN)</mark> Timescales/ Milestones	Progress Measures How much and how well have we delivered? What is the difference made?
Ensure that the Home First ethos is always reinforced, if a person requires hospital admission Page 87	Gwent Adult Strategic Partnership	<ul> <li>Preventative Measures (Clinical Futures Level 3 and 4) e.g., home first, Care Closer to Home.</li> <li>Integrate Frailty into community services.</li> <li>Define and agree what Discharge to Recover then Assess Model (Wales) (D2RA) means for Gwent.</li> <li>Support Winter Planning arrangements.</li> </ul>		Home First measures to be included, setting out clearly how many people supported, how well service delivered, and the difference made.
Oversee regional delivery of Frailty Service, in helping to address the needs of the ageing population by providing preventative support and early intervention	Gwent Adult Strategic Partnership	<ul> <li>Frailty Service leads from each LA area to report as standing item setting out progress.</li> <li>The Gwent Adult Strategic Partnership are developing an integrated 'place-based' approach to supporting people by reconfiguring existing services to</li> </ul>	Monthly	<ul> <li>Individual Frailty measures set out in service specification.</li> <li>Relevant measures to be included, setting out clearly, how many people supported, how well service was delivered, and difference made.</li> <li>Regular reporting to GASP.</li> </ul>



		strengthen community resources. • Redesign of Older People's Pathway.		
Maximise the use of Assistive Technology P a O C C C	<ul> <li>Gwent Adult Strategic Partnership</li> <li>HHSC Partnership</li> <li>Dementia Board</li> </ul>	<ul> <li>Continue to support the roll out of assistive technology across health and social care and identify good practice (in relation to Dementia 'magic tables'</li> <li>Explore regional opportunities to develop Telecare services</li> </ul>		<ul> <li>Improved independence.</li> <li>Improved emotional and/or physical wellbeing.</li> </ul>
Covid Recovery planning	Gwent Adult Strategic Partnership	<ul> <li>Ensuring learning is shared about public service systems to support future planning.</li> <li>Ensuring individuals and professionals are aware of the Long COVID pathways</li> <li>Monitor care home outbreaks.</li> </ul>	Monthly	<ul> <li>Shared learning and increased planning.</li> </ul>



Integrated Wellbeing Network (IWN) Development to support older people including those at risk of Ioneliness and isolation	Integrates Service Partnership Boards	•	Assess and identify good practice in Community connector roles. Ensure accurate information and advice available through effective IAA, Dewis, public awareness campaigns. Support and build community resilience and grow social networks, tapping into sources of support in the community. Review health and wellbeing hubs and identify effective hub coordination. Explore volunteering solutions and links to schools to promote Age Friendly Communities. Promote and extend regional Ffrind I Mi volunteering scheme.	Quarterly updates	•	Increase number of engagements and community interactions as part of age friendly communities. Designed measures to be included setting out clearly how many people supported, how well the service was delivered, and the difference made.
Oversee and monitor delivery of Regional Integrated Funding delivery models of care and capital spend	Gwent Adult Strategic Partnership	•	9	Standing item, each meeting	•	Support delivery of national Models of Care and monitor effectiveness of projects.



Page 90 Review other local, regional, and		<ul> <li>a standing item update at each meeting.</li> <li>A complete list of related projects will be shared with members to determine the schedule of meeting/presentations</li> <li>Projects will use a standard PowerPoint presentation setting out objectives, progress, barriers, and next steps, in delivering against the Area Plan</li> <li>Following the presentation, the Chair with partners will update a risk register for the Chair to update Leadership group and share a partnership report card.</li> <li>The Chair will include an overview of RIF delivery as part of annual presentation to RPB.</li> <li>Review and identify areas of</li> </ul>		Maximise resources	
national plans to identify areas of		collaboration	Quarterry	Single work programmes	
		ABUHB IMTP			
collaboration and alignment o		-		Identify apportunities f	or is:
resources.	ABUHB PSB	<ul> <li>ISPB, NCN</li> </ul>		Identify opportunities f commissioning	or joir



<ul> <li>Local Authority Corporate Improvement Plans</li> <li>PSB regional Wellbeing Plan and delivery Marmot principles</li> </ul>
Identify how work contributes and deliver National Outcome Framework



# WORKFORCE DEVELOPMENT

**Regional Priority / Outcome as identified in the Population Needs Assessment:** 

- > To promote health and social care sector career opportunities and retain and improve support to existing workforce.
- > To continue to develop the College Consortium in the region to promote and recruit students to sector.

HOW WILL WE MEASURE SUCCESS? Our Population level indicators.



The Regional Workforce Board will develop, co-ordinate and monitor delivery of this plan on behalf of the Regional Partnership Board. A market position summary was undertaken as part of the Population Needs Assessment and actions identified across other population themes

- 10. The WF Board will ensure workforce development is prioritised across other strategic partnerships and coordinate and monitor actions to reduce duplication, effectively overseeing development across the region.
- 11. The WF Board will work with key partners and stakeholders to deliver the vision of the national integrated workforce strategy for health and social care
- 12. The WF Board will build a skilled and valued workforce, developing the skills and talents of those within our local communities to provide high quality services.
- 13. The WF Board will ensure the workforce is equipped to deliver and record care through the medium of Welsh, meeting our statutory duty under the Welsh Government's 'Active Offer.'



(WHAT we are doing) Action	<mark>(WHO)</mark> Partner	<mark>(HOW)</mark> will we deliver	<mark>(WHEN)</mark> Timescales/	Progress Measures How much and how well have we
	Agencies		Milestones	delivered? What is the difference made?
		Continue to ensure regional engagement arrangements mirror the Social Services and Well-being (Wales) Act implementation arrangements and ensuring health and social care workforce have necessary skills		Increase number of practitioners completing training.
Page 93		Meeting the key workforce development priorities identified in the SCWWDP 2023/24 including effective training course, opportunities to improve qualifications and professional development		Increase number of qualified workforces.
Coordinate and promote careers in health and social care through College Consortium		Continue to facilitate regular meetings with partners through College Consortium. Develop a framework to facilitate student placements within LA social care and ABUHB care teams. Adding value to learning through ongoing engagement with local health and social care sectors, its workforce and local recruitment initiatives.		Increase number of student applications. Increase number of student placements. Increase number of student apprenticeships. 'Placement to Progression' events facilitated with LAs and local providers.



Ensure workforce issues 5 Gwent LAs identified by Strategic ABUHB Partnerships and Integrated SCW Wellbeing Networks are coordinated across the region.	Establish a mechanism for feedback regarding Bimonthly meeting workforce issues from the strategic partnerships as a first step. Include standing item at WF meeting to review ISPB and NCN plans to identify workforce requirements and opportunities. Support workforce integration and transformation through Integrated Hub model.	Increase joint workforce and transformation training and awareness developing Integrated Hubs.
Ensure alignment with the 7 key themes and ambitions of HEIW's and SCW's: A Healthier Wales, Workforce Strategy for Health, and Social Care	Develop a workforce strategic framework for Bimonthly meeting Gwent creating a seamless health and social care service across the region. Deliver joint health and social care workforce plan for mental health services. Increased recruitment of volunteers to support workforce as both a means to enhance capacity and as means as a pathway to employment.	WFB Terms of Reference, aligns with themes and ambitions of the national strategy. Increased understanding of mental health. Increase volunteers supporting health and social care sector.
Oversee and monitor delivery of 5 Gwent LAs Regional Integrated FundingABUHB delivery models of care where it relates to WF	<ul> <li>The Board will oversee and review Standing item at progress of all RIF funded projects monthly meetings. through a standing item update at each meeting.</li> <li>A complete list of related projects will be shared with members to determine the schedule of meeting/presentations</li> <li>Projects will use a standard PowerPoint presentation setting out objectives,</li> </ul>	Individual measures included in project briefs



BUHB	<ul> <li>progress, barriers, and next steps, in delivering against the Area Plan</li> <li>Following the presentation, the Chair with partners will update a risk register for the Chair to update Leadership group and share a partnership report card.</li> <li>The Chair will include an overview of RIF delivery as part of annual presentation to RPB.</li> <li>Establish a specific sub-group to scope:</li> <li>Collaborative approach to recruitment/marketing.</li> <li>Tempering competition for staff between LAs, ABUHB and commissioned providers.</li> <li>Consider solutions to support staff with personal wellbeing.</li> </ul>	Established Nov 22.	Development of a 'recruitment bus' and regional enquiry form pilot
ICN	<ul> <li>Review and identify areas of collaboration</li> <li>ABUHB IMTP</li> <li>ISPB, NCN</li> <li>Local Authority Corporate Improvement Plans</li> <li>PSB regional Wellbeing Plan and delivery Marmot principles</li> <li>Identify how work contributes and deliver National Outcome Framework</li> </ul>		Maximise resources Single work programmes Identify opportunities for joint commissioning

# Appendix 1: Policy Drivers and Current Work (March 2023)

#### Policy Drivers

- Part 2 of the Code of Practice within the SSWB Act
- Autism Delivery Plan 2021-2022
- Code of Practice on the Delivery of Autism Services 2021
- NHS Wales Act

The Autism Code of Practice was implemented from September 2021 building on the Autism Strategy for Wales and reinforces existing duties within the Social Services and Wellbeing (Wales) Act 2014 and the NHS (Wales) Act 2006, as an alternative to a separate autism bill. RPB engagement through the covid 19 pandemic, highlighted the challenges faced by autistic and neurodiverse people and the potential of an increasing need for support. The Gwent Autism Strategic group supported by the RPB are the first in Wales to hold a stakeholder event with neurodiverse individuals, families' carers, and paid professionals to discuss the Code of Practice and what this means to peoples care and support. The workshops identified what is working well, where improvements are needed and gaps in provision, to help coproduce and shape future support provision. Discussions are also taking place around the name of the steering group to incorporate neurodiversity and its programme of work.

## **Current Work in Gwent**

- In Gwent the referral rate to the Integrated Autism Service continues to increase. This is resulting in significant waiting times for ASD diagnostic assessment and post diagnostic support. Non recurrent funding has been allocated by WG to help address this and a programme is in place (to end of March 23) which is delivering additional diagnostic assessment clinics, post diagnostic support appointments, 'drop in' clinics and post diagnostic courses. This is in addition to core service provision and is mainly taking place during evenings and weekends.
- Several clinicians within Community Mental Health Teams across Gwent have undertaken training regarding ASD diagnostic assessment. This is allowing secondary care service users to access diagnosis and support in a timely manner.
- A further 4 Neurodevelopmental Practitioners have been appointed to secondary care services. These individuals will be instrumental in further developing and delivering neurodevelopmental services. They are currently developing psychoeducational packages for those referred for ND assessment, both pre and post diagnosis.
- Resources continue to be developed and are available on the Melo website. People may be signposted to these resources, but they are also available to the public and professionals.
- Work is ongoing to increase awareness and improve skills and knowledge of staff working across mental health and learning disability services. An online *Autism Awareness* course has been developed and is currently being rolled out to staff. ABUHB is also currently liaising with the National Autism Team, in relation to rolling out E-Learning modules to staff *Understanding Autism* is currently available and *Understanding Effective Communication and Autism* will be available imminently.
- We have a Gwent Regional Autism Steering group, that is parent led and supported by the Regional Partnership Board Autism Champion. This is a



multiagency group with partners from Local Authority, ABUHB and Independent Third Sector and is in the process of strengthening links with RSL's, so they can improve how they meet diverse needs in housing and support.



#### Appendix 2: Links to Well-being of Future Generations Act, Public Service Board, and other Strategic Partnerships

The Regional Partnership Board will link and align priorities with other partnerships and strategic plans. There are several strategic partnerships which will share similar priorities and involve supporting the same cohort of people in local communities. It is paramount that there is not a duplication of services but a synergy between the partnerships, plans, workforce, and resources. Partnership and priorities are set out below; and

'The RPB will establish a widened governance to ensure all partnerships are well informed of priorities, and which partnership will lead an agenda and where they will complement and support an agenda'.

# Links with Public Service Boards under the Well-being of Future Generations Act

The Gwent Public Service Board (PSB) was established by the merging of the 5 PSBs across Gwent under the Wellbeing of Future Generations (Wales) Act 2015. PSBs have been set up across Wales to improve the economic, social, environmental, and cultural well-being in the area by strengthening joint working across all public services in Gwent.

The Social Services and Well-being Act shares similar principles with several national strategies and legislation. However, the Act shares almost identical principles with the Well-being of Future Generations Act with the main difference between the acts being the time frame: the Area Plan under the Act reflects the Population Needs Assessment and covers a 3–5-year period based on electoral cycle and the Well-being Assessment under the Well-being of Future Generations Act covers a longer period.

A regional Well-being Assessments has been developed in parallel with the Population Needs Assessment to ensure duplication is avoided and a shared approach to improved wellbeing is established. More information on the wellbeing assessments can be found on the <u>Gwent Public Services Board website</u>

PSB Wellbeing Plan Priorities (to include)

- Objective 1 to create a fair and equitable Gwent for all.
- Objective 2 to create a Gwent that has friendly, safe, and confident communities.
- Objective 3 to create a Gwent where the natural environment is protected and enhanced.

A strategic network of PSB managers and partners has been established to ensure good practice is shared when developing individual Well-being Plans and an opportunity for PSBs to undertake joint planning against regional priorities. The Gwent



Strategic Well-being Assessment Group (GSWAG) includes wider partners from Gwent Police, Public Health Wales, Welsh government, National Resources Wales, and South Wales Fire Service. The Regional Partnership Team is also represented on the group and promoting a consistent approach to the plans where they can easily be read and referenced in tandem to promote alignment. A mapping of Well-being Plan priorities against the Area Plan and a common definition of terms used across the plans – which will be the basis of a Memorandum of Understanding. Going forward an alignment of success measures will be required with the ultimate aim to avoid duplication across the plans and apportion priorities across the RPB and PSBs.

As we move forward, we will also align this Area Plan to the PSB's Wellbeing plan. This work has started through a Gwent Strategic Wellbeing Assessment group to ensure clarify where the RPB leads on a priority, where the PSB leads on a priority, and where there are shared priorities.

#### Safeguarding Boards

As of the 6th of April 2016, the Gwent-wide Adult Safeguarding Board and Southeast Wales Safeguarding Children Board became statutory boards as set out in the Social Services and Well-Being (Wales) Act 2014. The boards were formed in 2011 covering the local authority areas of Blaenau Gwent, Caerphilly, Monmouthshire, Newport, and Torfaen. Both boards have developed work Programmes which ensuring the continued effectiveness of safeguarding practice during the implementation and transition of the Social Services and Well-being (Wales) Act 2014. The individual priorities are set out below and the RPB will support the delivery of priorities through joint working.

Adult Board Priorities:

- Targeting Interventions towards adults who are at risk of specific types of abuse.
- Improving the Quality of Care across the region.
- Improving the effectiveness of the Regional Adult Safeguarding Board.

Children Board Priorities:

- Reducing the effects of compromised parenting on children's well-being.
- Improving our work with adolescents who exhibit risky behaviours.
- Improving the effectiveness of the Regional Safeguarding Children Board.

## Police Crime Commissioner and Gwent Police

The Chief Constable for Gwent Police will provide a detailed annual Delivery Plan of the activities proposed to achieve the outcomes required to meet the Police Crime Commissioner's priorities from a policing perspective. The office of the Police Crime



Commissioner will also produce a Business Plan which will detail its contribution towards delivering the priorities. The results of the progress against all activities will be reported each year in a PCC annual report. The priorities for policing are set out below:

- **Crime Prevention** Taking action to prevent and reduce crime by working partners organisations and communities to tackle crimes that present the greatest threat, harm, and risk and especially those crimes committed against the most vulnerable.
- **Supporting Victims –** Provide excellent support for all victims of crime with a particular focus on preventing further serious harm.
- **Community Cohesion** Ensure that the Police, partners, and my office engage with communities to encourage help and support them to work together to keep themselves safe.
- **Tackling Anti-Social Behaviour** Ensuring the Police work closely with partner organisations to tackle anti-social behaviour effectively.
- Efficient and Effective Service Delivery Ensuring that Gwent Police and my office are high performing organisation which value and invest in our staff to achieve value for money in delivering impressive services that meet the needs of all communities.

The full Police and Crime Plan can be found here.

## Area Planning Board

The substance misuse Gwent Area Planning Board works across the Gwent region to reduce substance misuse through a combination of education, prevention, treatment, and rehabilitation. The current priorities the board are working to address are below and the RPB will work in partnership to avoid duplication and create a synergism across partners.

#### **Priorities:**

- Improving emergency service substance misuse training and Naloxone roll out.
- Increasing alcohol prevention both in terms of treatment and education.
- Improved primary prevention including raising awareness of Minimum Unit Pricing (MUP).
- Co-occurring mental health and substance misuse services.
- Improved housing options.
- Securing capital estates funding (impact to service delivery if reduced).



## Violence Against Women Domestic Abuse and Sexual Violence (VAWDASV) Board

The Violence against Women, Domestic Abuse & Sexual Violence (Wales) Act 2015 focusses on the prevention of issues, the protection of victims and support for those affected by such issues. Welsh Ministers are required to prepare and publish a National Strategy in relation to these matters and appoint a National Adviser on Violence against Women and other forms of Gender-based Violence, Domestic Abuse and Sexual Violence. Relevant authorities are required to prepare and publish strategies to contribute to the pursuit of the purpose of the Act. A Southeast Wales VAWDASV Board has been established and supported by a VAWDASV regional team.

# The board has identified several emerging regional priorities and the RPB will support the work of the VAWDASV Board in achieving the required outcomes:

- **Strategic Priority 1:** Increase awareness and challenge attitudes of violence against women, domestic abuse, and sexual violence across Gwent.
- **Strategic Priority 2:** Increase awareness in children and young people of the importance of safe, equal, and healthy relationships and that abusive behaviour is always wrong.
- **Strategic Priority 3:** Increase focus on holding perpetrators to account and provide opportunities to change their behaviour based around victim safety.
- Strategic Priority 4: Make early intervention and prevention a priority.
- **Strategic Priority 5:** Relevant professionals are trained to provide effective, timely and appropriate responses to victims and survivors.
- **Strategic Priority 6:** Provide victims with equal access to appropriately resourced, high quality, needs led, strength based, gender responsive services throughout the region.

The Area Plan will also set out where it contributes to ABUHB IMTP Plan, Local Authorities Corporate Improvement Plans, and 6 national urgent care goals. Our 'six goals for urgent and emergency care' below:

- 1. Coordination, planning and support for people at greater risk of needing urgent or emergency care
- 2. Signposting to the right place, first time
- 3. Access to clinically safe alternatives to hospital admission
- 4. Rapid response in a physical or mental health crisis
- 5. Optimal hospital care following admission
- 6. Home-first approach and reduce risk of readmission



### Appendix 3: ABUHB Clinical Futures and Integrated System of Well-being

ABUHB's ambition is to create a new system of primary, community care and wellbeing across Gwent, in partnership with local government and the third sector. They aim for people to be able to access the care they need in their own community and homes, improving independence and wellbeing, and avoiding the need for unnecessary hospital admission. To do this they will require a radical transformation of services, and the development of new models of care, based in the community. ABUHB's vision in is to create a system of primary, community and well-being services, based around the Neighbourhood Care Network (NCN) footprint, where there is a consistent regional service offer, and effective locality based multidisciplinary teams. A framework has been developed to set out a vision, with a 5-year programme plan developed from 2018/19 to deliver change.

The four stages are:

- 1. Keeping people healthy and well
- 2. Self-care
- 3. Primary Care and NCN Team
- 4. NCN Hub with specialist and enhanced services

ABUHB will draw on the findings of the Parliamentary review, recognising their expectations of a community focused, seamless service. Integrated commissioning, and a clear set of service principles will underpin the development of a consistent NCN model which includes:

- Establishing a Gwent wide unified vision for health and social care
- Increasing the pace of transformative change and integration
- Developing new models underpinned by the principles of prudent healthcare and the Social Services and Wellbeing Act

The system is predicated on the shared agreement by both Health and Local Government to provide more care closer to home, to reduce a reliance on primary care services, and prevent unnecessary hospital admissions. The system will build on the existing innovation across Gwent, and use the NCN footprint, as the basis from which services will be planned and delivered, around a model of community well-being. To drive action, a set of 10 high impact actions have been adopted to drive forward change, and which are focused on partnership working, the development of more productive flows, and the creation of a standard model of multi-disciplinary teams. Taken together, these principles can be translated into high impact actions including:

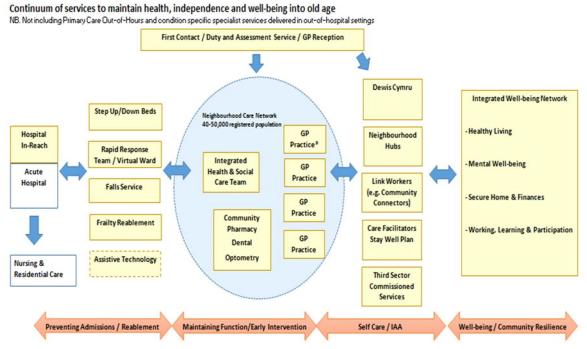
- The development of a new model of integrated care predicated on improved wellbeing, based on an NCN/IWBN footprint
- The development of active signposting through Information Advice and Assistance (DEWIS) to empower citizens to make informed choices about their healthcare needs and actions



- Greater partnership working to deliver a consistent specification for NCNs across organisational boundaries to provide a seamless pathway to accessible local community services.
- Developing an appropriate skills mix within a modernised and more integrated workforce, aligned to the population needs assessments.
- Enhancing self-care through social prescribing, and new consultation methods in line with the principles of prudent health care.

Further pathways establishing secondary care and primary care responsibilities and enhancing the leadership of primary care, particularly for chronic conditions. Proposed Outcomes for ABUHB Integrated System:

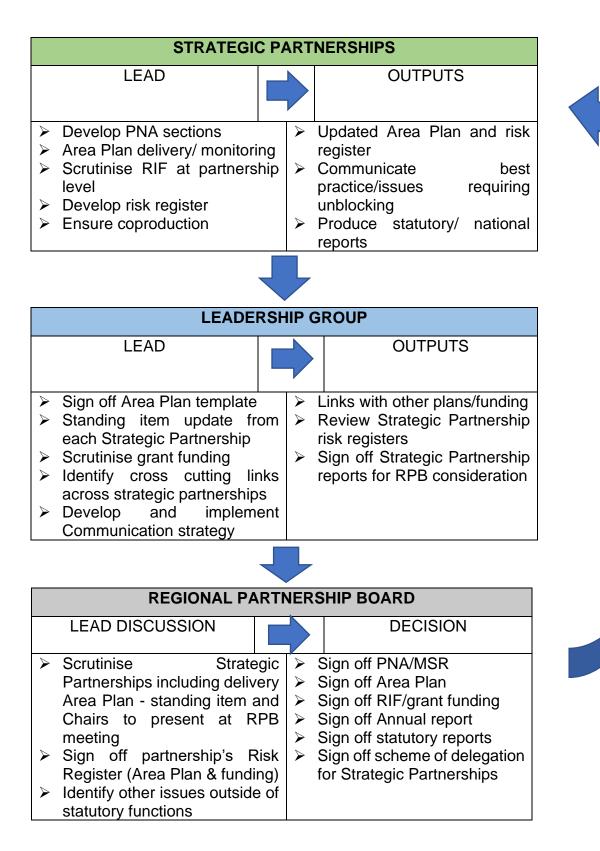
- People are identified early if they need care or support, and they are prevented from ill health or decline in wellbeing wherever possible
- Improved community capacity to support improved health behaviours
- Reduced unnecessary hospital admissions through the provision of integrated community capacity, that is responsive and accessible
- A seamless pathway of care for patients, by integrating social services, health and third sector provision at a local level
- Improving the sharing of information across health and social care



"Multi-professional teams might include - ANPs, Clinical Pharmacists, Community Paramedics, Mental Health Practitioners, Social Prescribers, HCSVs



## Appendix 4: Performance Management Operation/Process Flow





# Appendix 5: Welsh Government Principles of Working Action Plans and Acronyms

Acronym	Full Description
ABUHB	Aneurin Bevan University Health Board
ACE	Adverse Child Experience
АРВ	Area Planning Board
ASD	Autistic Spectrum Disorder
BME	Black Minority Ethnic Group
CAMHS	Child and Adolescent Mental Health Services
СГРВ	Children and Families Partnership Board
СҮР	Children and Young People
DEWIS	National website
GAVO	Gwent Association of Voluntary Organisations
GNME	Gwent Needs Mapping Exercise
G+T	Gypsy and Traveler
IA	Integrated Assessment
IAA	Information Advice Assistance
ICF	Intermediate Care Fund
ISCAN	Integrated Services for Children with Additional Needs.
LGBT	Lesbian, Gay, Bisexual, Transgender Community
LVSW	Low Vision Service Wales
NCB	National Commissioning Board
NCN	Neighbourhood Care Network
NGO	Non-Government Organisation
NOMS	National Offender Management Service
PMLD	Profound and Multiple Learning Disabilities
PNA	Population Needs Assessment
PSB	Public Service Board
PTSD	Post-Traumatic Stress Disorder
RPB	Regional Partnership Board
RCC	Regional Collaborative Committee
RJCG	Regional Joint Commissioning Group
SIMS	School Information Management System
SLCN	Speech Language and Communication Needs
TVA	Torfaen Voluntary Alliance
VAWDASV	Violence Against Women, Domestic Abuse and Sexual Violence



VT	Veteran Therapist
WBA	Wellbeing Assessment
WCCIS	Welsh Community Care Information System
WFG	Wellbeing of Future Generations Act
YJB	Youth Justice Board
YOS	Youth Offending Service



#### Appendix 6: Mental Capacity (Amendment) Act 2019- Liberty Protection Safeguards

The Mental Capacity (Amendment) Act 2019 amends the Mental Capacity Act 2005, introducing a new legal process that recognises that care and support can happen anywhere, providing protection to people who lack capacity to consent to their care or treatment wherever they live or receive care. The Mental Capacity Act will eventually replace the Deprivation of Liberty Safeguards with the Liberty Protection Safeguards and places responsibilities on Local Councils and Health Boards.

Changes include:

- Applies to people 16+ who have been assessed to lack capacity to consent to their care or treatment, where that care or treatment amounts to a deprivation of liberty
- The authorisation can be anywhere where that person is receiving care or treatment that amounts to a deprivation of liberty, including their own home, educational establishment, respite, day centre.
- A new role called the Approved Mental Capacity professional replaces the Best Interest Assessor
- A new role called the Appropriate Person is introduced, that replaces the Relevant Person Representative Councils and Health Boards will be known as Responsible Bodies
- Integrating LPS into existing assessment/planning practice promoting principles of the MCA as part of core practice

Preparing for the implementation is an essential part of the process to ensure that the transition is as smooth and efficient as possible, helping to reduce the impact on our citizens and workforce, whilst providing key opportunities for them to influence the implementation across Gwent. The local councils, Newport, Blaenau Gwent, Monmouthshire, Caerphilly, and Torfaen along with the Aneurin Bevan University Health Board are working in partnership to look at how this change can be implemented across Gwent, addressing the need to appropriately support the workforce as well as the people within our communities.

Most importantly the Act will ensure responsible bodies are applying the fundamental principles of the Mental Capacity Act into the core business to ensure that the people who are supported have their rights protected and are afforded the appropriate safeguards they are entitled to, promoting empowerment by placing them at the heart of decision making, to support their needs and provide a seamless pathway of care.

A successful implementation for Gwent will be:

• To understand and meet our statutory duty obligation in line with the Mental Capacity Act 2005 across Local Authority services, commissioned providers, and Aneurin Bevan University Health Board.



- To raise awareness across services outside of health and social care to ensure that MCA practice is embedded in service delivery
- To support and develop skilled and competent workforce in applying MCA and the new legal framework following implementation
- To continue working towards sustainable training that can be delivered across the sectors for specific audiences with various roles and responsibilities
- Build on consistency and strengthening practice-based support within the health and social care sector.
- Utilise the opportunity to improve existing process and procedures to support the integration of health and social care
- Support resilience within the sector
- Identify opportunities to integrate existing practice to comply with new framework
- Work in collaboration with partners and stakeholders, identifying shared objectives to achieve better outcomes for the people we support
- Encourage engagement with the workforce and citizens, to listen and learn from experience
- Provide accessible and relevant information to meet the needs of citizens and the workforce
- Advice, support, and assistants that considers the demographics of the Gwent population, considerate of all needs, culture, and background.

Change, improve and deliver were three key words from the Area Plan 2018 and the amendment to the Act provides us with an opportunity to utilise this to our advantage by placing the workforce and people with care and support needs at the heart of the planning and implementation.

More information about Liberty Protection Safeguards here.

Changes to the MCA Code of Practice and the implementation of LPS can be found <u>here</u>.



## Appendix 7: National Outcome Frameworks and Measuring Outcomes

The national outcome indicators evidence whether the national well-being outcomes are being achieved and provide a measure of the wellbeing of people who need care and support and for carers who need support.

The Regional Partnership Board continue to build on and strengthen the work we do with our statutory, independent and third sectors partners, building on people's strengths and abilities and enabling them to maintain independence and realise their personal goals. To support this work, Welsh Governments National Outcomes Framework, includes a series of national wellbeing outcomes which these groups should expect in order to lead fulfilled lives. These are set out in the table below:

What Wellbeing Means	National Wellbeing Outcomes
Securing rights and entitlements Also for adults: Control over day-to-day life	I know and understand what care, support and opportunities are available and use these to help me achieve my well-being.
	I can access the right information, when I need it, in the way I want it and use this to manage and improve my well-being.
	I am treated with dignity and respect and treat others the same.
	My voice is heard and listened to.
	My individual circumstances are considered.
	I speak for myself and contribute to the decisions that affect my life, or have someone who can do it for me
Physical and mental health and emotional well-being Also for children: Physical, intellectual, emotional, social, and behavioural development	I am healthy and active and do things to keep myself healthy. I am happy and do the things that make me happy. I get the right care and support, as early as possible.
Protection from abuse and neglect	I am safe and protected from abuse and neglect. I am supported to protect the people that matter to me from abuse and neglect. I am informed



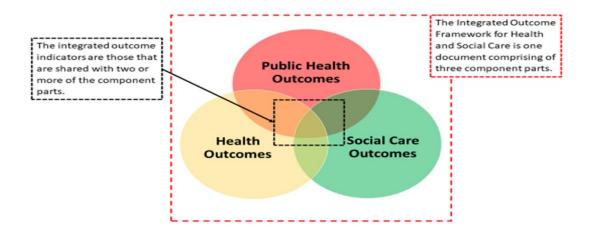
	about how to make my concerns known.
Education, training, and recreation	I can learn and develop to my full potential. I do the things that matter to me.
Domestic, family, and personal relationships	I belong. I contribute to and enjoy safe and healthy relationships.
Contribution made to society	I engage and make a contribution to my community. I feel valued in society.
Social and economic well-being Also for adults: Participation in work	I contribute towards my social life and can be with the people that I choose. I do not live in poverty. I am supported to work. I get the help I need to grow up and be independent. I get care and support through the Welsh language if I want it.
Suitability of living accommodation	I live in a home that best supports me to achieve my well-being.

The National Outcomes Framework will continue to support specific performance measures identified in the Gwent region, to help us monitor progress and continue to adapt how we work to ensure the best positive for outcomes for people needing health and social care.

The Gwent RPB will align the work of strategic partnerships with the new National Outcome Framework for Health and Social Care a recommendation of A Healthier Wales. It will demonstrate how integrated working has contributed to the health and wellbeing of the whole population. It will also contribute towards delivering the goals of: A Healthier Wales; the Well-being of Future Generations (Wales) Act 2015 and Social Services and Wellbeing (Wales) Act 2014. The indicators included will provide all integrated partners with a Framework that enables them to review and prioritise their programmes and activities so that they are progressing the things that matter. It will measure whole system progress so that we understand the effectiveness of partner's actions.

Each strategic partnership will highlight where actions are contributing to the national indicators and review the data regularly to inform practice and update action plans.





**Draft National Wellbeing Indicators** 

1.Healthy life expectancy at birth

2.Healthy birth weight

3.Healthy lifestyle behaviours

4. Prevention of people feeling lonely

5.People have positive mental well-being

6.Children are tooth decay/disease free

7. Supporting children to remain with their families

8.People of a healthy weight

9. Prevention of deaths from all substance misuse (drugs and alcohol)

10.Supporting people with a long-term condition to work

11.People's accommodation is suitable for their needs

12.Safeguarding adults from abuse and neglect

13. Prevention of falls among older people

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# Agenda Item 4

# **Scrutiny Report**



# **Performance Scrutiny Committee - Partnerships**

#### Part 1

Date: 10<sup>th</sup> October 2023

# Subject Gwent Regional Partnership Board (RPB) Annual Report 2022-23

Author Scrutiny Adviser

The following people have been invited to attend for this item:

Invitee:	Area / Role / Subject
Phil Diamond	Head of Gwent Regional Partnership Team
Natasha Harris	Partnerships and development Service Manager, Gwent Regional Partnership Team.
Sally Jenkins	Strategic Director – Social Services – Newport City Council

# Section A – Committee Guidance and Recommendations

# **1** Recommendations to the Committee

The Committee is asked

1. To review the RPB Annual Report and progress made against the objectives; and provide any feedback/comments.

# 2 Context

#### Background

- 2.1 The Regional Partnership Board (RPB) is a statutory partnership body, established to lead and guide the implementation of the Social Services and Well Being (Wales) Act 2014 across the five Gwent Local Authorities of Blaenau Gwent, Caerphilly, Monmouthshire, Newport and Torfaen within the footprint of the Aneurin Bevan University Health Board area.
- 2.2 The priorities of the RPB are:
  - To improve care and support, ensuring people have more say and control
  - To improve outcomes and health and wellbeing for people across the region
  - Provide co-ordinated, person centred care and support
  - · Make more effective use of resources, skills, and expertise across partners

2.3 The RPB Annual Report for 2022/23 is attached for information at Appendix 1 and provides a strategic overview of the work of the Board in delivering against these priorities through the work of the themed Strategic Partnerships sitting beneath it. Although it is a regional report, most of the work undertaken is cross cutting and is relevant to Newport. Key developments have also been set out in **Section 3.2** of the cover report, along with the Use of Grant Funding. The Annual Report is also submitted to Welsh Government.

#### Previous Consideration of this item

2.4 The Annual Report for the Regional Partnership Board was last discussed at the committee meeting held on Wednesday 10<sup>th</sup> July 2019. The agenda and minutes of the meeting are included in Section 8 of the cover report.

# 3. Information Submitted to the Committee

- 3.1 The following is attached for the Committee's consideration:
  - a) Gwent Regional Partnership Board (RPB) Annual Report 2022 23 (Appendix A)
- 3.2 The following is a summary of the "Key Developments of the last Year" taken from pages 129 130 of the report:

$\sim$	
	Carers Annual Report:
$\sim$	Carers team supports implementation of various programmes across
	the region
•	• 415 successful applicants provided with £415,000 to support
	• Young Carers in School: <b>599 members of staff have taken part</b>
	in 17 face-to-face 'Young Carers: Identifying Us' training
	sessions and 19 virtual sessions
	Over 100 Young Carers supported through schools.
	• <b>Training and awareness:</b> a broad range of Gwent services have
	been represented at training sessions where 8 Community
	Awareness sessions were held attended by 120 people, 39
	workshops were held attended by 332 people and 52 people
	completed the on-line training
	Dewis figures:
	• The total number of <b>published resources in Gwent over the</b>
	past year has increased by 400 resources.
	• Detailed views of resources have increased by 9,568. This is
	the number of times someone has searched for something on
	Dewis and then clicked to find more information. In March 2022
	there was 31,227 clicks and in March 2023 there was 40,795.
	<ul> <li>Registered users have increased by 365.</li> </ul>
	• Expired resources have reduced from 158 to 65 showing that
	currency of the directory is improving.
(CO)	Dementia Conference:
Zurie)	There were over 130 partners who attended the Gwent Dementia
ر کی ا	Friendly Communities conference at The Christchurch Centre, in
	September 2022 and 35 partners who attended the Gwent Dementia
	Friendly Webinar and 87% respondents wanted to become more
	involved in the dementia agenda across Gwent.
	Dementia Friends Dementia Friends sessions and supporting online
	connections with communities. <b>1,468 Dementia Friends</b> have been
	made across <b>98</b> sessions during <b>2022 – 2023</b> .

	Assistive Technology (AT): Over 650 AT devices have been distributed to all sectors across Gwent including the Happiness Programme, HUG and RITA to support well-being and positive stimulation.
	<ul> <li>Workforce &amp; College Consortium:</li> <li>Social Care Work Placements - regional work placement process was launched in September 2022 to support students to apply for LA work placements and for LA social care teams to adequately prepare to accept these placements. 13 work placement applications have been received and facilitated by LA social care teams.</li> <li>Coleg Gwent campuses, the 'Placement to Progression' events. Held in Oct/Nov across 4 Coleg Gwent campuses, events have supported students with securing work placements while providing local providers the opportunity to promote part-</li> </ul>
	<ul> <li>time vacancies to the current student cohort. 52 work placement applications have been received by providers and 24 commissioned providers attended the events, all were from the adult care sector or 3<sup>rd</sup> sector.</li> <li>ABUHB Work Placements. 25 students have been cleared and are ready to start placements with ABUHB. As of the 14<sup>th</sup> of</li> </ul>
	November, these students will be placed on wards
	<ul> <li>Micro carers MCC pilot:</li> <li>There are currently 7 micro carers on the directory, providing around 70 hours of carer each week as of Dec 22. There are 3 more micro carers going through training. Updated figures will be available following the project evaluation. Costings of Recruitment agencies costing a total of £1575 for 70 hours, whereas Micro carers costings a total of £1155 for 70 hours.</li> <li>Micro carers provide a saving of £420 per week.</li> </ul>
$\bigcirc$	Launch of Autism Code of Practice and Autism Conference. 240 people attended, day long awareness and training event in which 100% delegates felt better informed of autism after the event.
www www	<b>Communications and Engagement</b> Regional Partnership page views have increased from 7,470 (2021- 2022) to 22,502 (2022-2023) – See Annex: 4.
	AskSARA As of February, all metrics (users, new users, sessions, reports, bounce rate) have increased. The user/report percentage and bounce rate remain at very positive levels, indicating users are interacting well with the site. Good variety of referral sources. 90% of users would recommend AskSARA, 71% were helped to find a solution or equipment.

3.3 The following is a summary of the use of grant funding taken from page 154 of the report:

In 2022-23 the Regional Partnership Board utilised Welsh Government grant funding and the following has been achieved across the region:

- 19,310 unpaid carers have accessed services, with 2083 feeling less isolated and 2479 achieving personal outcomes.
- 2,597 children at risk of entering care have been supported, to date 600 have achieved personal outcomes.

- We have provided intensive support to 267 care leavers to develop coping strategies and achieve personal outcomes.
- 611 neurodivergent children and their families have been supported, with 515 reporting good experiences.
- Additional capacity within Memory Assessment Services has enabled a total of 3644 people with cognitive impairment, living with dementia and young onset dementia to be supported and assessed.
- 12,462 contacts have been provided to support people to live well with Dementia, and an additional in-year referral acceptance of 2,577 people.
- The connected communities programme has assisted 25,276 adults via a range of prevention and wellbeing services to remain well within the community. Of which, 4968 report maintaining or improving their emotional health and wellbeing and 4396 are more aware of the support available to them.
- 12,498 individuals have received intermediate care in the community via the Place Based Graduated Care programme. 45% of stroke survivors have been supported to rehabilitate within the community, and 53% of individuals receiving intermediate care were prevented from hospital admission/crisis.
- Improving System Flow programme capacity supported 8824 individuals to leave hospital, with 1689 of these individuals receiving aids and adaptations to return home as independent as possible, and 2007 individuals achieved personal outcomes.
- 2505 people with learning disabilities achieved personal outcomes via the LD independence and wellbeing programme, with 1195 new individuals identified during 2022-23.
- 25,000 individuals have accessed information and advice via the Enhanced Foundation Tier programme, along with 169 training sessions provided across the partnership to support awareness and recognition of emotional wellbeing in self and others.
- The CVC led Third Sector Grants fund has supported 3107 individuals within the community, with 2511 reporting maintaining or improving their emotional health and wellbeing.

# 4. Suggested Areas of Focus

#### Role of the Committee

#### The role of the Committee in considering the report is to:

- 1. Review the RPB Annual Report and progress made against the objectives; and provide any feedback/comments
  - The Annual report is presented to all the Strategic partnerships that sit within the governance structure of the Regional Partnership Board (RPB) including the RPB. The report highlights progress being made against the commitments in the area plan.

#### Conclusions:

- What was the overall conclusion on the information contained within the reports?
- Is the Committee satisfied that it has had all of the relevant information to base a conclusion on the Regional Partnership Board Annual Report 2022-23?
- Do any areas require a more in-depth review by the Committee?
- Do the Committee wish to make any Comments / Recommendations to the partnership?

#### 4.1. Suggested Lines of Enquiry

In evaluating the delivery of the Regional Partnership Board's Strategic Priorities in Annual Report 2022/2023, the Committee may wish to provide further feedback or comment. The committee may wish to provide comment on national grant funding oversee by RPB.

- How will the Regional Partnership Board continue to deliver its strategic priorities in the face of ongoing challenges and uncertainties?
- What feedback has the Regional Partnership Board received from service users and other stakeholders about the delivery of its strategic priorities, and how has it responded to this feedback?
- How has the Regional Partnership Board collaborated with other organisations and agencies to deliver its strategic priorities, and what lessons have been learned from these collaborations?
- What specific actions has the Regional Partnership Board taken to engage with service users and other stakeholders in the delivery of its strategic priorities?
- What lessons has the Regional Partnership Board learned from overseeing the national grant funding, and how will it apply these lessons in the future?
- How does the Regional Partnership Board collaborate with local authorities and other organisations to ensure that the national grant funding is being used in a coordinated and effective way?

# **Section B – Supporting Information**

# 5. Links to Council Policies and Priorities

Well-being Objective	1 – Economy, Education and Skills	2 – Newport's Environment and Infrastructure	3 – Preventative and Equitable Community and Social Care	4 – An Inclusive, Fair and Sustainable Council
Aims:	Newport is a thriving and growing city that offers excellent education and aspires to provide opportunities for all.	A city that seeks to protect and enhance our environment whilst reducing our carbon footprint and preparing for a sustainable and digital future.	Newport is a supportive city where communities and care are at the heart of what we do.	Newport City Council is an inclusive organisation that places social value, fairness and sustainability at its core.

#### 6. Impact Assessment:

- Social Services and Wellbeing (Wales) Act
- Wellbeing of Future Generation (Wales) Act
- Equality Act 2010
- Socio-economic Duty
- Welsh Language (Wales) Measure 2011

The Regional Partnership Team worked closely with Local Authority officers developing the Regional Public Service Board Wellbeing Assessment for Gwent to ensure close alignment with the RPB's Population Needs Assessment. Population date and future trends were shared to

avoid duplication of effort and this also included equality impact assessments across statutory groups

### 6.1 Summary of impact – Wellbeing of Future Generation (Wales) Act

This is included in PSB Wellbeing Assessment and Population Needs Assessment.

#### 6.2 Summary of impact – Equality Act 2010

This is included in PSB Wellbeing Assessment and Population Needs Assessment.

#### 6.3 Summary of impact – Socio-economic Duty

This is included in PSB Wellbeing Assessment and Population Needs Assessment.

#### 6.4 **Summary of impact – Welsh language**

This is included in PSB Wellbeing Assessment and Population Needs Assessment.

#### 7. Background Papers

- The Essentials Wellbeing of Future Generation Act (Wales)
- <u>Corporate Plan 2022-2027</u>
- <u>Socio-economic Duty Guidance</u>
- Public Sector Equality Duty
- Welsh Language Measure 2015
- <u>Agenda and Minutes of the Performance Scrutiny Committee Partnerships meeting held on</u> <u>Wednesday 10<sup>th</sup> July 2019</u>

**Report Completed**: 10<sup>th</sup> October 2023



**Bwrdd Partneriaeth** Rhanbarthol Gwent

# **Regional Partnership Board Annual Report**

An integrated system of health, care and wellbeing for Gwent



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#### Working in Partnership ΠG Bwrdd lechyd MRU Aneurin Bevan **NHS** Health Board Cyngor Bwrdeisdref Sirol Blaenau Gwent ALES County Borough Council BWRDEISTREF TORFAEN COUNTY BOROUGH SIROL monmouthshire sir fynwy /// TORFAEN Newport CITY COUNCIL CYNGOR DINAS Casnewydd Torfaen Voluntary Alliance Cynghrair Gwirfoddol Torfaen Actively supporting the contribution of individuals, through voluntary action. Charity Registration No: 1097079 Company No: 4603713 Gwent Association of Voluntary Organisations Cymdeithas Mudiadau Gwirfoddol Gwent Page 120 Annual Report 2022/23 2

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# Foreword



The Regional Partnership Board Annual Report provides RPB partners with the opportunity to highlight progress over the last year and to set out case studies where innovation and good practice have been developed through partnership working. The progress highlighted in this annual report is significant when considering the challenges and unprecedented demands placed on partners following the Covid-19 pandemic, the workforce challenges and difficulties in recruitment, as well as recent cost of living increases and cuts to budgets. We are moving on from one of the toughest winter periods ever experienced with 27th Dec 2022 the busiest day for the NHS in its 70-year history; an increase in demand replicated across the whole of health and social care services.

The challenges highlighted set out the need for partners to come together to collaborate more than ever, to create synergy across services and reduce duplication. The RPB is central to creating the partnership environment to tackle these challenges and has recently developed a new Area Plan for 2023/24 which sets out how we intend to work together, pool resources and transform services. This annual report sets out progress made through the previous Area Plan and also how we made steps to deliver the 'Further, Faster' ambition set by Welsh Government.

We are passionate about improving and creating the best health and wellbeing outcomes for the people of Gwent and put people at the heart of everything we do. We work closely with our communities to co-produce care and support services and enable people and their families to feel supported and listened to; and I am pleased to include perspectives from our citizen panel, third sector and provider partners within this annual report.

As RPB Chair I feel it is important to ensure the RPB recognises the hard work of all partners and identifies innovation and good practice to develop further. However, we cannot be complacent as there are significant challenges ahead, but this annual report is an opportunity to recognise the efforts of all staff, volunteers, providers and unpaid carers for their huge efforts over the last year. This report belongs to them as well as the RPB and partners.

# **Ann Lloyd CBE**

Gwent Regional Partnership Board Chair

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# **1. Perspective from Partners**

## Lorraine Morgan - Citizen Panel Chair

This had been my last year as Chair, but I have now been re-elected, so will continue to focus on the voices of citizens around the table and how their well-being and quality of life concerns are responded to by the RPB, and services transformed for the better. I am so pleased that we also now have two vice chairs, which shares the voluntary work well. We are now holding blended meetings - virtual and face to face and so we will hope to see some old friends return. It has been a very difficult few years for many people, but many of us have also learned new communication skills.

Our meetings remain topical, but we do continue to monitor whether any issues have been acted on and changed for the better. I have enjoyed my involvement in the Engagement and Voice Task and Finish groups with Welsh Government which have concentrated on RPB guidelines and stronger evidence on co-production within RPBs and citizens.

We continue to include hospital discharge experiences as one of our standing items on the agenda and we now have joining us, the new Llais Cymru local body who were the previous Community Health Council but now include social care in their monitoring and citizen support role.

As we emerge out of a pandemic but into uncertain territory around serious social care workforce issues and long NHS waiting lists, we remained concerned about difficulties in accessing GPs for citizens. So, our focus must be more on how our well-being affects our ability to live our lives - and how citizens are really involved in measuring their own outcomes. To this end we had a very informative session from Dr Sally Lewis on Value Based Healthcare and how citizens can share their own reported outcomes to practitioners. We plan to work further with VBHC.

The speed of change is slow but still encouraging if we see some clear co-production within that change. The admin team and our support team from the RPB has been and continue to be so engaged with us - and show their understanding as citizens themselves. So, I would like to, on behalf of the whole Citizen Panel thank them for their real dedication in keeping us informed and engaged.

# Jason O'Brien - Strategic Director for Children and Family Services Torfaen

As we continue to recover post pandemic, we are faced with the increasing cost of living crisis and subsequent economic downturn, which has impacted on all parts of our communities and public services. This, combined with a shrinking workforce across health and social care, has continued to present challenges and has further confirmed the need for services to work collaboratively across all sectors. The Regional Partnership Board is an example of shared priorities and joint ownership of resolution, where sectors and agencies can support one another, challenge one another, and reach collective solutions in order to meet the needs of those who present as being the most vulnerable. Our challenge going forward is to ensure that our work is increasingly effective and transparent, whilst drawing on and creating community resilience to enable people to live the lives they want to live independently and safely.

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# **1. Perspective from Partners**

# Tracy Daszkiewicz - Executive Director of Public Health & Strategic Partnerships, Aneurin Bevan University Health Board

Over the past year strategic partners working together have established Gwent as the first Marmot region in Wales. What this means is a shared commitment to improving and protecting the health of our communities, through greater efforts around prevention and tackling health inequalities and assuring equity. We will work together to better understand the social, environmental, and economic determinants and how they contribute to health inequalities. We want our residents to live long lives in good health, living in safe communities, have opportunities for education and employment and live in good quality homes. Working to the Marmot principles enables us to put in place programmes which enable a focus on those who are disproportionally impacted by poor health and do more, faster for those who need it most.

# Melanie Minty - Policy Adviser for South West and South East Wales, Care Forum Wales

In the last annual report, I reflected on the genuine partnership approach emerging in Gwent and I am pleased to say that the relationship has continued to mature. I have been able to contribute as provider representative to debate within the RPB and its subgroups, for instance feeding into the regional response to Welsh Government's challenge to provide additional winter capacity. In the coming months, we will be reviewing regional provider structures with a view to establishing a clearer purpose and distinction between the various provider groups in Gwent and a process for them to feed into a new, more strategic provider forum. I hope that this will strengthen the voice of regulated care services across third and private sectors whilst enabling closer working with third sector representatives on key priorities for the coming year.

# Stephen Tiley - Chief Executive Officer, GAVO

2022/2023 continues to be challenging with the fallout of the COVID 19 pandemic still impacting on the way we work and the cost-of-living crisis hitting much of the Third Sector and its services. The cost-of-living crisis in particular is also having a heavy impact on our Public Service partners, so more than ever it's been vital that we have worked together for the benefit of the residents of the Region. Our County Voluntary Council Health and Social Care Teams across the GAVO regions of Blaenau Gwent, Caerphilly, Monmouthshire and Newport and Education Programme for Patients Project have been actively ensuring services have continued during challenging times, providing support and strategic links to the sector. We are very fortunate that we have built strong relationships with partners around the Regional Partnership Board whereby we can raise the issues affecting the sector across the Aneurin Bevan University Health Board footprint and have the opportunity to address those issues for resolution. Collaboration is at the heart of our work at the partnership, and this continues to progress for the benefit of our communities. Moving from Integrated Care Fund money to Regional Integrated Fund money has brought elements of change and will continue to change through the coming years but having partners that want to work together has ensured these are worked through together. I am enthused to be a part of the positive work of the partnership moving forward on behalf of the Third Sector. Page 124

# 2. Executive Summary

The Regional Partnership Board have recently developed and agreed a new Area Plan following the publication of the Gwent Population Needs Assessment (PNA) April 2022. The Area Plan sets out how the RPB will deliver the regional priorities identified in the PNA and forms the work programme for the strategic partnerships supporting the RPB.

All partners are still experiencing issues and challenges following the COVID-19 pandemic and this has been exacerbated with the busiest winter period in NHS history, cost-of-living increases and significant workforce recruitment and retention across health and social care.

Working in partnership and creating synergy across our services is fundamental to meeting the challenges, the RPB provides a forum to develop the solutions required whilst ensuring the focus is on outcomes. The continued focus on coproduction with citizens is key as well as working side by side with our third sector and independent providers.

We have the opportunity through the recent 'Further, Faster' announcement from Welsh Government to further invest in our community services as the pressure on hospitals is not just a health board challenge. The RPB and partners need to ensure we help people to remain at home, but also return home quickly and safely, following treatment. Winter planning is still proving to be a continuous all year process and the strain on front line workers will require close monitoring, given the pressures they have worked under over the previous years. Yet again it is testament to the passion and commitment of all RPB partners and their staff that we have been able to continue with the delivery of priorities in the Area Plan and key successes include:

### Adult Strategic Partnership:

Adult Strategic Partnership has continued to support the coordinated effort to deliver a Winter Plan programme with regards to admission avoidance and discharge to assess and community resourcing. The partnership has been key to the development, monitoring, evaluation and delivering the national '1000 beds' aim; and has continued to work very closely with local care homes and domiciliary care providers to support sustainable services through a regional commissioning programme.

#### **Carers Strategic Partnership:**

Carers Strategic Partnership has started to develop support for carers and enabling effective hospital discharge in line with national priorities; as well as delivering the other Welsh government national priorities for carers of all ages. Information and support to carers during national carers week and carers rights day has been provided and the administering of the carer's small grant scheme has continued as well as the commitment to supporting young/young adult carers in education.

### **Children and Families Board:**

Children and Families Board are continuing to deliver the NEST Framework planning tool to ensure a 'whole system' approach for developing mental health, well-being and support services for children and young people as well as developing residential solutions to reduce the number of out of county placements.

# Dementia Board:

Dementia Board have continued to implement the All Wales Dementia Care Pathway of Standards with dedicated sub groups and workstream leads. People living with dementia, their carers and families play a key role in supporting this work and engagement continues with our communities to help coproduce services. We have continued to lead and coordinate the Dementia Friendly Community programme of work in Gwent, to further build on dementia awareness, inclusive and connected communities.

# Heath & Housing Strategic Partnership:

Health & Housing Strategic Partnership has focused on the development of the rapid rehousing requirements. Members have continued to implement capital projects and improve existing resources especially using digital technology. Key priorities have been identified through the area plan, and members will continue to deliver on these as well as developing a Strategic Capital Plan for the region.

# Mental Health and Learning Disability Partnership:

Mental Health and Learning Disability Partnership have continued to support and improve access to, and awareness of, approved mental wellbeing self-help information, resources, and the workforce training programme (Gwent Connect 5). The Coproduction steering group continues to work with people with lived experience in the coproduction of future support provision, The Foundation Tier programme continues as well as planning through our self-harm and suicide sub-group.

# **Regional Autism Group:**

The regional group have developed an implementation plan to deliver against the new Welsh Government Autism Code of Practice and launched the code at a conference during Autumn 2023 - the event was attended by over 150 partners and families. The Gwent RPB were the only area in Wales to launch the code.

# 3. PART 1: Partnership Governance and Development Overview

Purpose, role, membership, operating structure and key priorities of the regional partnership board.

# "Working together for a Healthier Gwent for the right care and support, in the right place, at the right time"

## **Role and Priorities:**

The Gwent RPB will deliver the key aims of Social Services and Wellbeing (Wales) Act 2014 of co-operation, partnership and integration, which are set out as the following strategic priorities:

- To improve care and support, ensuring people have more say and control.
- To improve outcomes and health and wellbeing for people across the region.
- Provide co-ordinated, person centred care and support.
- Make more effective use of resources, skills, and expertise across partners.

The Gwent Regional Partnership Board will also deliver the strategic intent set out in Welsh Government's 'A Healthier Wales: our Plan for Health and Social Care', specifically the four themes of the Quadruple Aim:

- Improved population health and wellbeing.
- Better quality and more accessible health and social care services.
- Higher value health and social care.
- A motivated and sustainable health and social care workforce.

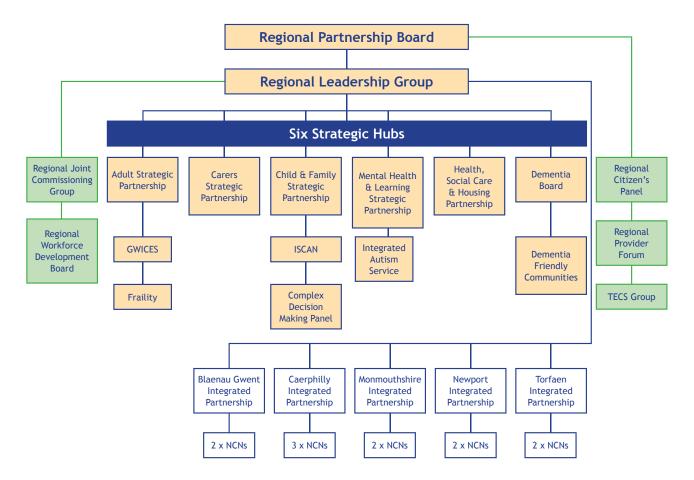
To deliver RPB priorities and the objectives of the Area Plan, the RPB have established 6 strategic integrated partnerships, which also have oversight of the relevant programmes of work and projects within the new Regional Integration Fund. These sub partnerships report to the RPB and update on progress against Area Plan priorities and challenges:

- Carers Strategic Partnership.
- Children and Families Strategic Partnership.
- Dementia Board.
- Gwent Adult Strategic Partnership.
- Health, Housing and Social Care Strategic Partnership.
- Mental Health and Learning Disability Strategic Partnership.

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The thematic partnerships each deliver sections of the Area Plan as part of a strategic work programme, which is also translated at a local level via the Integrated Partnership Boards and Neighbourhood Care Networks. The RPB has also established enabling and supporting partnerships as part of the requirements set out in the SSWB Act and this includes:

- The regional citizens panel (including carers), with two representatives to sit on the Board.
- The Value-Based provider and third sector forum, to connect to the RPB directly having two elected representatives to sit on the Board.
- A regional Joint Commissioning group.
- A regional Workforce Development Board.
- A regional Technology Enabling Care (TECS) group.



The Gwent Area Plan (https://www.gwentrpb.wales/area-plan) sets out actions for an integrated system of health, care, and wellbeing across Gwent. Collaborative leadership from Health, Local Government, and Third sector colleagues has driven the development of the plan. It is ambitious, and it sets a clear road map for the delivery of an integrated model of health care and wellbeing across Gwent. The Regional Partnership Board (RPB) will provide leadership and oversight on the delivery of the plan, supported by appropriate governance and performance management systems.

The Plan is structured around the statutory core themes identified in the published Population Needs Assessment and priority population groups older adults, children and young people, carers, autism and people with mental health and learning disabilities. A step change in the pace of transformation is required for all of the groups and we have also included housing, workforce and commissioning sections to our Area Plan aligning to the structure set out above, comprising regional activity (strategic partnerships) local activity (5 x integrated boards) and locality models (NCN's).

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# ii Key Developments over the last year.

# **Carers Annual Report:**

Carers team supports implementation of various programmes across the region.

- 415 successful applicants provided with £415,000 to support.
- Young Carers in School: 599 members of staff have taken part in 17 face-to-face 'Young Carers: Identifying Us' training sessions and 19 virtual sessions.
- Over 100 Young Carers supported through schools.
- Training and awareness: a broad range of Gwent services have been represented at training sessions where 8 Community Awareness sessions were held attended by 120 people, 39 workshops were held attended by 332 people and 52 people completed the on-line training.

# **Dewis figures:**

- The total number of published resources in Gwent over the past year has increased by 400 resources.
- Detailed views of resources have increased by 9,568. This is the amount of times someone has searched for something on Dewis and then clicked to find more information. In March 2022 there was 31,227 clicks and in March 2023 there was 40,795.
- Registered users have increased by 365.
- Expired resources have reduced from 158 to 65 showing that currency of the directory is improving.

# **Dementia Conference:**

There were over **130 partners** who attended the Gwent Dementia Friendly Communities conference at The Christchurch Centre, in September 2022 and **35 partners** who attended the Gwent Dementia Friendly Webinar. When reviewing feedback, **87% respondents** wanted to become more involved in the dementia agenda across Gwent.

# **Dementia Friends:**

Dementia Friends sessions and supporting online connections with communities. 1,468 Dementia Friends have been made across 98 sessions during 2022 - 2023.

# Assistive Technology (AT):

Over 650 AT devices have been distributed to all sectors across Gwent including the Happiness Programme, HUG and RITA to support well-being and positive stimulation.

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# Workforce & College Consortium:

- Social Care Work Placements regional work placement process was launched in September 2022 to support students to apply for LA work placements and for LA social care teams to adequately prepare to accept these placements. 13 work placement applications have been received and facilitated by LA social care teams.
- Coleg Gwent campuses, the 'Placement to Progression' events held in Oct/Nov across 4 Coleg Gwent campuses, events have supported students with securing work placements while providing local providers the opportunity to promote part-time vacancies to the current student cohort. 52 work placement applications have been received by providers and 24 commissioned providers attended the events, all were from the adult care sector or 3rd sector.
- ABUHB Work Placements. 25 students have been cleared and are ready to start placements with ABUHB. As of the 14th of November, these students will be placed on wards.

# Micro carers MCC pilot:

As of Dec 2022 there are 7 micro carers on the directory, providing around 70 hours of care each week. In addition, there are 3 more micro carers going through training. Updated figures will be available following the project evaluation. Costings of Recruitment agencies total £1575 for 70 hours, whereas Micro carers costings total £1155 for 70 hours. Micro carers provide a saving of £420 per week.

# Launch of Autism Code of Practice and Autism Conference:

**240 people attended** a day long awareness and training event in which **100% delegates** felt better informed of autism after the event.

# **Communications and Engagement:**

Regional Partnership page views have increased from 7,470 (2021-2022) to 22,502 (2022-2023) - See Annex: 4.

# AskSARA:

As of February, all metrics (users, new users, sessions, reports, bounce rate) have increased. The user/report percentage and bounce rate remain at very positive levels, indicating users are interacting well with the site. Good variety of referral sources. **90% of users would recommend AskSARA, 71% were helped to find a solution or equipment.** 

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# iii Progress on implementing changes in the revised Part 9 guidance. Specifically Housing and Education:

# Housing and Education:

Housing partners are key members of the RPB and supporting partnerships in line with 'A Healthier Wales' and enabling effective delivery of capital grants. The revised Part 9 guidance requires: 'At least one housing representative from a local authority and at least one registered social landlord onto the membership of each board'. The Gwent region has an established a Health, Social Care & Housing Partnership and the Chair of this group, Chief Executive of Melin Homes, was nominated by Registered Social Landlord (RSL) colleagues to represent them on the RPB.

The Children's Commissioner 2018/19 Annual report called for greater focus from the regional boards on prioritising integration of services for children with complex needs. The Amendment Regulations add a requirement for at least one senior local authority officer from the education sector to be a member of the board. A nominated Director of Education sits on the RPB. It is worth noting that Directors of Education have identified a nominated representative on the Children and Families Strategic Partnership which reports directly to the RPB, and the collective regional education voice is also present during discussions.

# Children and Young People:

Integrated Family Support Services (IFSS) provides targeted support and help connect children and adult services, focusing on the family as a unit. IFSS work with families to help them to make positive changes, so that any concerns are lessened, and children can stay safely at home. In the ABUHB region, Newport City Council were originally the lead organisation and coordinated operations across the region. The 5 local authorities funded a shared service specifically delivering the original IFST model. The pooling of funds for IFST is a requirement under Part 9 of SSWB Act, and these arrangements were in place prior to the Act implementation date of 6th April 2016 for the IFST model.

From 2016 to 2018 the 5 LAs reviewed and remodeled approaches to interventions for Edge of Care services. This included a review of the efficacy of our previous IFST provision. There was concern and potential risk of having parallel services with duplication for families. All IFSTs have evolved the original model of support to meet the needs of families experiencing parental substance misuse, domestic violence, and parental mental ill health more effectively. The 5 Gwent LAs have different structures with set ups which vary for family support, intensive interventions, family contact, preventions, and edge of care services. The previous IFST provision had been overtaken with the developments of improved edge of care services using the best elements of the IFST model but moving away from some of the less useful aspects.

The 5 LAs all offer intensive family support with a mixture of models, staffing and partners but rooted in research and evidence-based practice. Partners include health colleagues, consultant social workers, specialist domestic abuse workers as well as family support workers. The 5 LAs all take a role with the Children and Families Strategic Partnership and work together as appropriate; for example, on continued joint approaches to the use of RIF with edge of care services to further develop effective family support interventions and work in the court arena.

Under the Children and Families Strategic Partnership we have developed a regional Integrated Service for Children with Additional Needs (ISCAN) subgroup, and this supports children with complex needs with a single front door approach and focuses on transition between children and adult services.

As outlined in Part 9 of the SSWB Act, the 5 LAs work together to share practice and collaborate with training and expertise. The five LAs have developed a Gwent offer across four areas of: Family Group Conferences, Mediation, Family and Friends, and Edge of Care services. All are delivered using a trauma focus and a strengths-based approach so embracing the learning of IFST methodology. The RIF resource is monitored regionally and work with the RIF team continues in order to evaluate this work across the region. Looking forward the five LAs will be looking to the evaluation of the Cardiff and Vale Family Drug and Alcohol court (FDAC) to consider further development of services across the region.

The Children and Families Partnership have also led on implementation of the national NEST/ NYTH policy and have developed and monitor an implementation plan to ensure consistent approaches across the region.

# Joint Commissioning and Pooling of funds Including Progress Against KPMG Report Recommendations on Pooled Budgets

The Regional Commissioning Group (RCG) has developed a regional Market Position Statement (MPS) as set out under Section 144B of the Social Services and Well-being (Wales) Act 2014. The RCG have developed an action plan to deliver the identified priorities for care homes, domiciliary care, community services, advocacy and ensuring effective links with provider groups. The MPS has been adopted by all Councils and the Gwent Regional Partnership Board.

The RCG has a cross-cutting function across the regional strategic partnerships and has undertaken work on their behalf. The group is also an information and good practice sharing forum across the regional partnerships as well as specialist technical advice to partners on commissioning related activity. The focus over the next period is to continue to support the domiciliary care and care home sectors as they face a crisis in recruitment and retention. This works links closely to that of the Workforce Development Board and the development of a regional workforce strategy.

#### **Progress:**

Providers of care are experiencing considerable challenges but despite this, good progress had been made against Part 9 requirements and the revised regional Area Plan for commissioning, this includes:

- Section 33 Pooled Fund Arrangement signed by all parties.
- A review of the previously agreed regional contract for care homes for older people resulted in no significant changes to the existing document.
- Reconvened the working group with care homes regarding a regional fee methodology with good progress being made.

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Development work underway to establish a common joint contract monitoring framework for care homes for older people.

- Development work underway to establish a common joint contract monitoring framework for domiciliary care services.
- A relaunch of the 3rd sector Gwent Social Value Forum large participative event planned for September 2023.
- Development of a commissioning approach to mental health and learning disabilities commissioned services within ABUHB - awaiting Divisional response.
- A discussion took place regarding pooled funds opportunities in Gwent no further pooled funds were identified that this time.
- A review of day services in Gwent concluded further work being taken forward.
- A review of direct payments in Gwent concluded further work being taken forward.
- Establishment of a monthly webinar for care homes in Gwent on-going.
- Establishment of a monthly webinar for domiciliary care services in Gwent on-going.

The KPMG report has been used to develop the regional agenda and helped to provide a focus on key areas. The Gwent RPB continues to look for new opportunities to use the flexibilities afforded by pooled budgets and the current pooled fund supporting care homes is maintained. Torfaen Council hosts the pooled fund manager under a Section 33 Agreement.

The regional commissioning work program will ensure that the issue of pooled funds remains a 'live issue' and is routinely considered as an option when discussing, devising and developing joint commissioning arrangements. The existing regional pooled fund arrangement under the Section 33 Agreement 'Accommodation Arrangements for Care Homes for Older people in Gwent' remains in place. A report is presented to the RPB annually.

# 4. PART 2: General progress update

# 2a: Delivery against Key Objectives

The Area Plan outcomes are delivered and monitored through the 6 strategic Partnerships that also ensure the national themes set out in the Population Needs Assessment (PNA) are prioritised:

- Children and young people with complex needs (including new part 9 definitions).
- Unpaid carers.
- older people, with specific reference to supporting people living with dementia.
- People with physical disabilities.
- People with learning disability/autism.
- People with poor mental health or emotional support needs.
- People with sensory impairment.
- People experiencing VAWDASV or homelessness and the secure estate (as set out in the Code of Practice).

In addition to the above statutory themes, the RPB have also included focussed sections for Housing, and Autism.

Partnership working with strategic boards is key to creating synergy across the region and avoid duplication of efforts; and the RPB also links closely with the Area Planning Board, which lead on substance misuse issues and Safeguarding Boards. At a strategic level the RPB links closely with the regional Public Service Board to ensure there is a collaborative approach to the delivery of the Area Plan and regional Wellbeing Plan and VAWDASV agenda as well as delivering ambitions of a Marmot region.

This section of the annual report sets out key work taken forward through each of the partnerships under the RPB and key outcomes delivering the Regional Area Plan.

# Gwent Adults Strategic Partnership (GASP)

# Area Plan Outcome identified through the Population Needs Assessment:

- To improve emotional well-being for older people by reducing loneliness and social isolation with earlier intervention and community resilience.
- To support older people to live, or return following a period of hospitalisation, to their own homes and communities through early intervention, integrated care models and a whole system approach.
- To mitigate the long-term impact of Covid-19 pandemic through, especially reducing waiting lists and times to access support, appointments, and medical procedures.

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### Market Position Summary:

- There is an increasing need to further support the emotional wellbeing for older people, through reducing loneliness and isolation issues and providing multi-agency early intervention and community support to boost wellbeing.
- The RPB will need to strengthen partnerships and practices across health, social care, and independent/third sector to ensure we are supporting people to remain well at home for as long as possible, and are able to return home from hospital, through an enhanced reablement approach.

## 2022-23 Regional Integration Fund (RIF) Programmes:

#### Revenue

There are four strategic programmes that report into the Gwent Adults Strategic Partnership and further information is include in the RIF annual report included in appendix.

- **1.** Connected Communities
- 2. Place Based Graduated Care
- 3. Improving System Flow
- 4. Assistive Technology

#### Capital

Within Gwent, accommodation focused solutions for Older Adults, secured HCF funding for 10 schemes totalling a value of £2.4m over three years, of which £1.2m was delivered in 2022-23 across 7 of the schemes.

# Partnership Progress

- RPB has once again overseen the winter planning across the region and following last years implementation of the Discharge to Recovery and Assessment pathway (D2RA) a further programme was devised for the region which was overseen by the GASP. This included the commissioning of a number of beds in the care home sector on a block purchase basis. Evaluation to follow.
- GASP has been key to the development, monitoring and evaluation and subsequent capturing of learning of and from the Winter Plan programme and the RIF initiatives that pertain to adults and older adults in the region.
- **GASP** also considered the review of older peoples' services and Gwent Frailty programme.
- The GASP and the Regional Commissioning Group has continued to work closely with local care home and domiciliary care providers following the pandemic to ensure responsive, sustainable services in the face of the increasing workforce challenges.
- Continued to develop a regional commissioning approach for care homes and domiciliary care agencies for example by monitoring bed vacancies in care homes, financial risks associated with high numbers of voids and to monitor the activity of domiciliary carers.

- The pandemic effected the timescales and testing of a common fee methodology; however, this is now moving forward at an acerated pace and is expected to be fully implemented during 2023/24 at an accelerated pace over the next year.
- The group will also further explore with third sector partners opportunities to prevent hospital admission and facilitate timely discharge. This work is now reflected in the RIF funding programme.

# **Case Study**

# **Reablement Testimony**

My husband had 2 strokes last year and spent almost 10 months in hospital, resulting in care needs when he came home in December 2022. He came under your reablement team from day one. The reason for my email is to give you feedback on the service as we always hear the bad and often not the good.

The initial assessment was carried out in a polite and caring manner, followed up by weekly calls from reablement team to review and pan for longer term care. Whenever I needed to call the office for any reason or asked to speak with the reablement team, the response was always friendly and helpful. Thank you and please pass this on to the ladies who answer the phone too.

Your care team across the board have been excellent and outstanding in their care and support for my husband as the client and me as the next of kin. Nothing has been too much trouble for anyone, and they have all been kind, caring, professional and helpful, always demonstrating respect for this being our home.

They not only delivered the care but also chatted with my husband in meaningful ways to help him recover from his acute brain injury, listened to him talking about his doggies with pride and never showed they had probably heard it many times before.

They gave him laughter to start his day, and safety to end it. We both cannot thank you all enough for everything and Charlie our large old dog of almost 15 loved them all. We had lots of different people calling but some were more regular but please say a massive thank you from our family and tell them all to be proud of the difference they make in someone's home. **Wife of Service User** 

# **Children & Families Strategic Partnership**

#### Area Plan Outcomes identified through the Population Needs Assessment:

- To improve outcomes for children and young people with complex needs through earlier intervention, community-based support, and placements closer to home.
- To ensure good mental health and emotional well-being for children and young people through effective partnership working especially mitigating the long term impact of Covid-19 pandemic.

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#### Market Position Summary:

- There is a need to continue strengthening services and partnerships around a single front door approach to reduce hand offs between organisations and establish a sequenced approach to multiple intervention needs.
- The RPB will continue to implement principles of NEST/NYTH and across all services to remain focused on what matters to children, young people, and families as we move to a whole system approach.
- Given the new programme of government priority to eliminate profit in residential care for children looked after, the RPB will support this agenda and also the early intervention and preventative services that help reduce children becoming looked after.

#### 2022-23 Regional Integration Fund (RIF) Programmes:

#### Revenue

There are five strategic programmes that report into the Children and Families Strategic Partnership and further information is include in the RIF annual report included in appendix.

- 1. Early Intervention & Support: Edge of Care
- 2. Supporting Care Experienced Children
- 3. Supporting Children development needs/ND
- 4. Good emotional health & wellbeing
- 5. Workforce development/professional support

#### Capital

Within Gwent, accommodation focused solutions for children with complex needs secured HCF funding for 20 schemes totalling a value of £12.7m across three years, of which £4.3m was delivered in 2022-23 across 15 of the schemes. In addition, there were 9 Legacy ICF schemes which utilised £439k of Programme Managed funds in 2022-23.

#### Partnership Progress:

- The five LAs with colleagues in ABUHB continue to develop residential solutions for children in the region following development of Windmill Farm in Newport using capital grant funding. Windmill Farm is a four bedroomed children's home developed specifically as a home for children who need time in a safe and trauma informed environment as partners support them and their family to establish the best care in the longer term.
- The Healing Hands project is supporting and upskilling staff with emotional wellbeing and additional needs - Approx. 200 professionals/staff received attachment informed positive behaviour support training and evaluation forms suggest over 95% scored high or very high to 'this training experience will be useful in my work.

- Action for Children Platfform Gwent4YP Support service continues to provide individual peer support and group peer support sessions with 88% of young people self-reporting improved emotional wellbeing.
- The Skills for Living project delivered by Action for Children within the RIF Care Experienced Children Programme supports care experienced young people to overcome their experiences and make changes in their lives. "Giving them a Life Worth Living <u>CLICK HERE FOR VIDEO</u>
- The partnership work closely with Welsh Government to roll out the NEST/NYTH model to all partners and have developed an implementation plan following an audit.

# Gwent Single Point of Access for Children's Emotional (SPACE) Wellbeing Service

### Background summary - provide the context:

The CAMHS transformation programme supported the development of Single Point of Access for Children's Emotional (SPACE) Wellbeing Service in 2019 working across the five local authorities in Gwent region. The model is driven by the 'No wrong door' approach endorsed by the Children's Commissioner in 2020. The service operates in line with the Single Front Door principle of the NEST/NYTH model as per the national objective. It enables children, young people and families to access the right service at the right time. It is recognised as an example of good practice in Wales.



SPACE Wellbeing is a process through which professionals and families can seek early help and support and panels meet weekly and include CAMHs, Families First, Youth Service, NYAS, Familes Intervention Team (FIT) and Platfform but are supported by other services who can offer support for the reasons that a child/young person is referred for.

### What worked well, what didn't work so well:

- The volume of referrals over the past four years has been challenging to process in a timely manner but by ensuring close links with services, duplication of referrals and offerings by services is reduced.
- The governance of the SPACE Wellbeing Service is overseen by the Regional SPACE-Wellbeing Steering Group (RSSG) which is in place to ensure collaborative working.

# What 'good' or 'success' looks like:

Feedback from professionals who have submitted referrals concludes that the 'no wrong door' approach streamlines how referrals are processed and support is directed in a timely manner:

"Thank you for making SPACE Wellbeing work, you have no idea how much relief it has brought to GPs!"

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"I am most proud of the multi-agency approach to working and how this helps support families and young people not to bounce around services when they are in need."

"I feel that ABUHB SPACE Wellbeing Service acts as a bridge between our Social Service and Health Service. This improved collaboration, speeds up delivery of much needed mental health and wellbeing support to the youth and families in our communities. I am very proud to be a member of this first class team and accept the challenge to develop a more efficient and streamlined service so that young people can rely on us get the right service at the right time."

### Meeting the needs of the babies, children and/or young people:

The SPACE Wellbeing Service focusses on a holistic approach to early support ensuring families feel contained and receive a therapeutic experience from the outset. The panel' aim is to ensure packages of support are sequenced/co-ordinated where multiple services are involved; panel chair aims to 'hold the thread'.

## **Conclusion:**

The SPACE Wellbeing Service continues to be the mainstay of referrals for children and young people who need the support to grow and develop. Communication between the Health Board and Local Authorities is a priority to ensure the sustainability of the single point of access.

### The next steps include:

- Training Training and development of the new administrative assistants and ensuring they are supported plus continued professional development for the SPACE Wellbeing Co-ordinators;
- Ensure that referrals are appropriate for services attending the SPACE Wellbeing panels;
- Monitor unmet needs and liaise with services to minimise these;
- Exploring digital access and process to help with parents making good, quality self-referrals;
- Continue to promote the SPACE Wellbeing Service ethos of 'right service, first time'

# MH & LD strategic partnership including Regional Integrated Autism Service - key priority areas

# Area Plan Outcomes identified through the Population Needs Assessment Mental Health:

- Increased Increased understanding and awareness of mental health amongst the public to reduce stigma and help people to seek support earlier.
- To improve emotional well-being and mental health for adults and children through early intervention and community support.
- To support people with learning disabilities to live independently with access to early intervention services in the community; and greater public awareness and understanding of people with learning disabilities needs.

# Market Position Summary:

- We need to promote the mental wellbeing of people in Gwent and ensure that the workforce is supported to be able to provide people with the support they need at the right time.
- There is a need to increase the number of bespoke and individual support packages for people with a learning disability which will involve more one to one support in the community and will require the recruitment of a greater number of volunteers.

# 2022-23 Regional Integration Fund (RIF) Programmes:

#### Revenue

There are three strategic programmes that report into the Mental Health and Learning Disability Partnership and further information is include in the RIF annual report included in appendix.

- 1. LD Independence & Wellbeing
- 2. Enhanced Foundation Tier (recently renamed Gwent Emotional and Mental Wellbeing programme)
- 3. Transition

# Capital

Within Gwent, accommodation focused solutions for Emotional Health & Wellbeing secured HCF funding for 13 schemes totalling a value of £2.4m across three years, of which £0.751m was delivered in 2022-23 across 3 schemes. Accommodation focused solutions for People with Learning Disabilities secured HCF funding for 7 schemes totalling a value of £4.2m over three years, of which £3.2m was delivered in 2022-23 across 3 of the schemes. In addition, £0.45m of Legacy ICF programme managed funds was fully utilised in 2022-23 to deliver Augusta House Phase 2.

Helping you to look after your mental wellbeing Eich helpu chi i ofalu am eich lles meddyliol melo.cymru



Newid y sgwrs am Ch les meddvliol Ch

Changing the converse on mental wellbeing



Annual Report 2022/23

### Partnership Progress:

Foundation Tier work: The Gwent Emotional and Mental Wellbeing Foundation Tier Programme, is funded through the Regional Integration Fund and focuses on two distinct but complementary projects, which set out to improve access to, and awareness of, approved mental health resources.

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# 1: Gwent Connect 5

#### ('Changing the conversation on mental wellbeing') workforce training programme

- **Gwent Connect 5** is a mental wellbeing workforce training programme, supplying contemporary evidence-based tools and techniques, which can be applied within everyday life and working practice. It is managed by the Public Health team who work in partnership with organisations across Gwent, with the aim of improving population mental wellbeing by changing the way the frontline workforce has conversations about mental health and wellbeing.
- In total, 66 local trainers have now completed the Gwent Connect 5 Train the Trainer programme and 60 of these trainers are currently members of the Gwent Connect 5 Trainers Network and 169 modules were delivered across Gwent in 2022-23. More than 30 local organisations have access to in-house Gwent Connect 5 trainers.
- Training has been provided to over 40 partners including the Gwent Regional Partnership Team, South Wales Fire & Rescue service, Gwent Police, Department of Work and Pensions, Diverse Cymru, South-East Wales Carers Trust, ABUHB and Local Authority staff. Over 25 trainers are currently delivering the Gwent Connect 5 training across Gwent. Most trainers are delivering in-house, whilst 5 local Trainers from Third/ Not-for-Profit organisations commissioned to deliver to organisations who do not have access to an in-house trainer.
- Outcome measures from the pre and post course evaluation forms demonstrate a small but positive increase in reported motivation, confidence, skills and knowledge to have a mental wellbeing conversation from attending Gwent Connect 5.

# 2: Melo

### Website, for details on wellbeing self-help information, resources, and training.

- 'Melo Cymru' website launched in January 2021, developed by the Public Health Team and supported by partners. The site acts as a repository for approved self-help resources and information on mental wellbeing. It is an accessible bilingual resource, and the Reach deck tool enables speech to text and reading and translation of text into 99 languages. This makes online content more accessible for people with dyslexia, low literacy levels, mild visual impairments and those who speak English as a second language.
- Since the initial website launch in January 2021, there have been 43,000 visitors to the site. However, we are expecting this figure to substantially increase with the refreshed version of website launched on the 18th of August 2022.
- Melo is promoted across social media channels (Twitter English and Welsh, Facebook English and Welsh and Instagram English and Welsh) and shared through partner social media channels. There is a continued increase in followers across these platforms. Melo has seen an increase in Facebook followers over the last year in both English and Welsh views.
- There are also more resources on Melo that are downloadable/printable, that can be printed off for people who are digitally excluded or can be given out by GPs and other partners. On Boxing Day 2022, Melo was also promoted as the matchday 'sponsors' at Dragon Rugby. This game was the biggest game of the season for our regional rugby club, with almost 9,000 seats sold.

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- Melo has been recognised nationally as a beneficial resource, and discussions continue to take place regarding possible roll out of the website as a national wellbeing resource.
- In addition, the promotion of Melo continues to be part of ABUHBs Psychological Wellbeing Practitioner programme's staff induction training and an integral part of the Gwent Connect 5 training.

# In September 2022 the website was relaunched and expanded from an 8-page site to a 105 page site. Since the relaunch of Melo there are now 378 resources, 61 courses, 78 helplines and 40 topics on the site.

# Please see our refreshed website for more information: https://www.melo.cymru/

## Psychological Health Practitioners (PHP's):

- The The PHP service (formerly PWP service) provides support from non-registered, mental health practitioners, increasing GP service provision for people with mental health difficulties of mild-moderate severity.
- During 2022/23 they delivered over 12,700 appointments, 63% of which were delivered face to face.
- There is a current focus to adjust the current way in which PHPs are used at surgery level as they continue to be booked after a GP appointment (63% of the appts) which means that GP time is not being freed up as intended. The service is currently monitoring and piloting strategies to increase bookings direct from reception and other surgery staff.
- The majority of people seen are referred to self-help and community-based resources, with less than 25% being referred into statutory services.
- The service has an outreach worker who continues to deliver a proactive service to ethnic minority communities in Newport; working in collaboration with third sector and education partners to find suitable confidential spaces to support individuals.
- The PHP service is working closely with the new Mental Health 111 (press 2) service and primary care teams, to clarify pathways to access mental health support.

# Mental Health 111 Service Data April 2022-March 2003

Accessing mental health services was previously difficult to navigate and people needing support often were unsure which services they should contact. The introduction of Mental Health 111 has simplified the pathway and allows anyone living in Gwent to access support quickly. This is an all-age service and does not have exclusion criteria. The ethos of the service is that a crisis is defined by the person calling, and not the service or staff, allowing for a person-centred approach.

The Mental Health 111 service was introduced on 28th November 2022 between 9am and midnight. From 19th March 2023 the service has been operational 24/7. The service is accessed by calling 111 and selecting option 2 for mental health.

To date, 95% of calls are answered in under 40 seconds by a Mental Health & Wellbeing Practitioner who is trained to have a meaningful conversation about why the person has called, carry out an assessment and, if required, deliver brief interventions over the phone. If the caller requires a mental health assessment, they will be triaged by a clinician within the service and booked in for an assessment or referred to the most appropriate service.



# Call Stats:

7,666 calls<br/>taken and<br/>recordedAverage<br/>49 calls<br/>per day95% calls<br/>answered in<br/><40 secs</th>33 secs<br/>average<br/>wait time

# Autism

# Area Plan Outcomes identified through the Population Needs Assessment:

To provide more timely diagnosis of Autistic Spectrum Disorder and access to support services and information and advice.

### Market Position Summary:

To provide more timely diagnosis of Autistic Spectrum Disorder and access to support services and information and advice pre and post diagnosis. "It was beneficial to hear about our rights as parents and carers."

- Improve awareness, understanding and acceptance of neurodiversity across the region to health, social care and wider RPB partners, including Registered Social Landlords (RSL's) as well as communities.
- Increase understanding and awareness of the varying support needs of people on the Autistic Spectrum, their families, and carers (Some people may require full time care support, some may be non-verbal and have complex needs, some may need support with day-to-day activities, whilst other people live fully independent lives).
- Support more opportunities and practical support for learning, training, volunteering, and paid employment, to support independent living.

# Progress

We have an established Gwent Autism and Neurodevelopmental Strategic Group that is Co-Chaired by individuals with lived experience and carers. This group grows from strength to strength and is coordinated by the Gwent Regional Partnership Team and has members including; The RPB Autism Champion, Local Authority leads, ABUHB leads and Clinicians, Elected Members, Education leads, Third Sector and Charities.

# First Autism Code of Practice Event in Wales

The Gwent Autism Steering group coordinated and led the first multiagency Autism Code of Practice event in Wales, in October 2022, which was very successful. It was facilitated by experts by experience who Chair the steering group and was attended by a range of partners such as, Welsh Government, National Autism Leads, the Gwent Regional Partnership Board Autism Champion, Gwent Regional Partnership Team, ABUHB leads, ASD and Local Authority Leads and Gwent Police.

The presentations and workshops gave neurodivergent people, families, carers and paid professionals a chance to discuss the Autism Code of Practice and ask questions and share their experiences. We had over **240** attendees and over **30** information stands at the event. All feedback "Helpful to speak to other autistic individuals and hear about their experiences."

from the event is now being fed into our action plan for Gwent, to ensure we are capturing the needs and voice of experts by experience, in the planning of future support provision.

# Neurodevelopment (ND) Improvement Fund

We have been working closely with clinical leads, partners and the Gwent Autism and ND Strategic group, to ensure full use of the Neurodevelopmental Improvement Fund. This has been utilised to increase children's additional support sessions, increase assessment capacity, increase post diagnostic support and for the production of digital material for individuals and their families, whilst awaiting assessment.



The Third Sector allocation of ND funding (2022/23) was utilised in Gwent to provide local community support for families, supporting parents with a child awaiting an ND assessment via CAMHS and individuals awaiting an ASD/ADHD diagnosis. Five third sector organisations were successful in gaining funding, Hope GB, Torfaen Opportunity Group (TOGS) The ADHD Sisterhood, Growing Space and Autistic Minds. The support included:

- a project providing support specifically for families
- a project providing support to adults
- 3 projects providing support to both groups.

The projects have supported a total of **200** individuals through phone and online support and provided signposting opportunities and resources to **181** of those individuals. Of the individuals supported, **139** had an ASD diagnosis, **16** have an ADHD diagnosis, and **4** have Tourette syndrome. Additionally, the programme has provided information and support to **222** individuals on benefits/Personal Independence Payment (PIP), as well as to parents and professionals. Learning and feedback from the projects, is now being used to help inform some of the detail in the Autism Code of Practice Action plan for Gwent, which is being developed and monitored by the Gwent Autism and ND Strategic Group.

### **ADHD Training**

In 2023, The ADHD Foundation (Neurodiversity Charity) Dr Tony Lloyd, worked with Monmouthshire ASD leads to provide a pilot training session funded through the ND Improvement fund. The session was well received with **46** attendees, who all found the training very beneficial. More sessions have been requested throughout 2023.

### Carers

### Area Plan Outcomes identified through the Population Needs Assessment:

- Support unpaid carers to care through flexible respite, access to accurate information, peer to peer support, effective care planning and through increased public understanding.
- Improve well-being of young carers and young adult carers, and mitigate against the long-term impact of Covid-19 pandemic.

#### Market Position Summary:

- There is still a need to increase awareness of the needs of carers and for frontline staff to be able to recognise when people take on caring responsibilities and need to be signposted to information, especially young carers.
- Peer to peer support and respite provision are continually highlighted as being a priority need for carers and there is a need to increase support through third sector and community partners to increase befriending opportunities and community groups.

### 2022-23 Regional Integration Fund (RIF) Programmes

### Revenue

There is one strategic programme that report into the Carers Strategic Partnership Board and further information is include in the RIF annual report included in appendix.

### 1. Unpaid Carers

### Partnership Progress

- We We continue to deliver against the four Welsh Government National priorities for unpaid carers. A complete carers annual report has been submitted to Welsh Government and can be found within the annexes of this report.
- The Gwent Regional Carers Hub and Spoke is a single point of access for all carers in the Gwent region that co-produces services for carers alongside existing provision across the partnership area.

### In 2022/23:

- 2,731 Carers accessed the service.
- 2,295 were signposted for additional support.
- 579 were referred to other organisations for additional support.
- 51 Carers Assessments took place
- 92 Hub Events took place, and 146 Spokes were held
- We have continued to invest in our Small Grants Scheme (SGS) and the Regional Integration fund has supported this further. Post lockdown, we have seen an increase in the number of applications requesting short breaks and respite. In 2022/23 852 applications were received, and 166 carers were successful in receiving a small grant.
- 420 Carer's were referred for support within other services and 1,201 signposts were made to other services for those who were ineligible.
- HUG by LAUGH (HUG) is a new therapy device developed by design researchers, engineers, and health professionals from Cardiff Metropolitan University. The Hug is a teddy device with weighted arms and a heartbeat which helps to reduce anxiety and use other mechanisms to provide comfort. In the evaluation study, it was found that HUG improved the quality of life for 87% of the people who used HUG for six months. This is currently being piloted for unpaid carers in other areas beyond dementia. During end of February/March 2023, 32 hugs have been provided for young carers at schools, 25 hugs to carers of the diverse community autism project, 1 to the carers hub and 1 to the young project at community house. It is hoped to evaluate its impact in six months' time.
- The Gwent Young Carers in schools Accreditation programme is delivered by the Care Collective on behalf of the Gwent Carers Strategic Partnership. A total of 94 of the 233 primary/secondary schools in Gwent are engaging with the programme.
- Coleg Gwent provides post 16 education across Gwent and has achieved an Advanced Accreditation of our Carer Friendly Accreditation programme (a carers employment initiative developed for all public and private workplaces and communities to become more Carer friendly). To date 19 services have been awarded Carer friendly status and 1 employer.
- We have a number of initiatives in place that support unpaid carers with hospital discharge and this area will be stre

### Young Carers Action Day

This year the annual Young Carers Action Day took place on 15th March 2022 and the theme was 'Make time for young carers. Many activities and information provision took place across the Gwent local authorities where young and young adult carers benefitted from improved self- esteem, friendships formed, respite from their daily care activities and social development.



In Monmouthshire 15 young carers participated in activities at Gilwern Outdoor centre, 920 people viewed the Twitter posts and schools participated to celebrate the day e.g. life skills course at Caldicot comprehensive. Young carers were able to take a break from their caring role, make new friends and raise the profile of young carers.

In Blaenau Gwent 24 young cares were provided with a full day of activities at Bryn Bach Park which included crazy golf, the cave, go karting and climbing the wall, lunch and transport was also provided. 34 Young carers learnt new outdoor skills, had some respite, built their confidence, made new friendships and improved their mental and physical health by engaging in physical activities.

"Hi, I just wanted to thank you all for today 'N' had a brilliant time Thanks J" - Parent

In Torfaen 80 young carers were engaged. A disco was held for those aged 5 -10, this activity resulted in a social media reach of 214 people with a 103-post engagement. Bowling for the 11-13 and 14-17 age groups was arranged with a social media reach of 380 people with 2014 post engagements.

### "I enjoyed spending time with my friend " - YC

The Regional partnership team sent out information over social media over the week leading to Facebook post impressions of 8,812 to a reach of 3,978 and 164 post engagements. For Twitter there were 4,888 post impressions, 183 post reach and 43 post engagement. In Caerphilly 206 young carers engaged in a number of activities e.g. rock climbing day, family swim, poster competition, vouchers, little mix tribute show and deliveries of Beth's Bakes cakes. These small rewards provide sense of pride and recognition, promoting the message that being a young carer is a positive thing, even though it can sometimes be challenging. In a ddition, a social media campaign invited YCs and their parents to share positive stories.

"My young carers, in the last 2 years they've been through so much, I went into hospital Oct '21. and was in until May '22. They've also had to move house as I lost the use of my legs so couldn't get up the front steps. But even though we've been to hell and back they're still the happiest little helpers I could ever wish for (well apart from the moody teenager lol) I'm so proud of them all xxxx" - Parent

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### Carers Mental Health and Wellbeing Support

### **Carers Café Project**

We have supported the carers café model: an ICF/RIF funded project that provides greater support and information to carers within Older Adult Mental Health hospital settings throughout Gwent. The project aims to improve the wellbeing of carers and other family members, and ultimately impact positively on the health of the service user, enable carers to feel equipped with the necessary skills to support their caring role and ensure Carers are confident and able to consider their own needs.

### This year:

- We held 276 cafes supporting 566 carers.
- 396 carers reported an improvement in wellbeing.
- **87** referrals were made for carers assessments, 181 advised of benefit.
- Entitlements and 516 were provided IAA to support their caring role.
- 234 were advised to register as carers with their GP's, 172 were signposted to organisations and 39 carers accessed training.
- 254 felt listened to by professionals with 219 feeling they were more aware of the need to look after themselves.
- 350 Carers felt involved in care planning and how services were delivered and 382 felt they were given enough information about diagnosis and treatment.
- 467 carers stated they knew their rights.

### Dementia

### Area Plan Outcomes identified through the Population Needs Assessment:

To improve outcomes for people living with dementia and their carers.

### Market Position Summary:

We need to strengthen partnerships, services, and coproduction models to improve the outcomes for people living with dementia and their carers.

### 2022-23 Regional Integration Fund (RIF) Programmes

#### Revenue

There are two strategic programmes that report into the Strategic Dementia Partnership Board and further information is include in the RIF annual report included in appendix.

- 1. Dementia Assessment and Diagnosis
- 2. Dementia Living with Dementia

### Capital

Within Gwent, £1.2m of HCF funding was issued to support accommodation focused solutions for Older Adults, including those with Dementia. In addition to this, £3.2m of ICF Legacy funding was utilised in 2022-23 for the demanded of the Crick Road Dementia Scheme.

### Case Study

### Crick Road - Dementia Project

Severn View Park, is an innovative and inclusive 32-bedroom care home, designed to replace Monmouthshire Councils, Severn View home in Chepstow. Severn View Park is being constructed by Lovell and will support older people with dementia, both residentially and in the form of respite and shorter-term support.

Severn View Park will establish a new way of providing care, creating individual households designed around a communal, courtyard garden, and will ensure that residents of the home and the local area come together as one community. The Scheme is scheduled for handover by March 2024.

The scheme is being d	elivered through ICE	ALLING
funding		
Total Project Cost	£6,937,903	
ICF	£4,810,931	
MCC	£2,126,972	
Currently on site with an innovative care hor dementia care (long-t care) and rehabilitatio	me that specialises in erm and short-term	
The scheme will provi opportunity to deliver design and outcomes council run services a	best practice in for people receiving	
<b>x</b>	M	A (-)

### **Partnership Progress**

ABUHB have adopted the Dementia Friendly Hospital Charter for Wales. The Charter builds on the foundation offered by the Royal College of Nursing's Staffing, Partnership, Assessment, Care and Environment (SPACE) principles. It acts as a short, clear statement of the key principles that contribute to a dementia friendly hospital. It provides a set of principles and indicators that focus on the needs of people with dementia and their families, carers and supporters and offers an improvement guide to assist hospitals in their self-assessment against the dementia friendly principles. Importantly, the Charter informs people of what to expect when they receive care and visit a dementia friendly hospital. The following animation has been created to further raise awareness of the charter and it's aims:

#### English: <u>https://youtu.be/KudreUFNZ-E /</u>

#### Welsh: https://youtu.be/8gu4AB5VFLM

- Since Covid and restricted visiting, the distress and concerns from carers around in-patient hospital care has been highlighted through a number of complaints, through webinars and 'patient stories'. Locally, feedback about people's lived experience of dementia care when they are in hospital has been used to influence, shape and improve dementia care across our hospital wards. Our Hospital Dementia Action Plan has been significantly revised based on feedback and what matters to people.
- Through using Twitter, Facebook, internal intranet and external web pages, ABUHB have described the improvement plans that support both the Dementia Friendly Hospital Charter and overall dementia care including John's Campaign, patient bedside boards, dementia volunteer companions, Dementia Champions, and carers information.
- The Dementia Board have set up additional subgroups with workstream leads to take forward work, in readiness for the implementation of the All Wales Dementia Care Pathway of Standards to take forward workplans.
- Our Gwent Dementia Friendly Communities group now has over 170 partners flying the flag for dementia awareness, incluging mutage of the second second

We have continued to work with schools, colleges, charities, community groups and partners across Gwent, providing online and in person Dementia Friends sessions and supporting online connections with communities. 1,468 Dementia Friends have been made across 98 sessions during 2022 - 2023.

### Dementia Action Week 2023:

### Free Digital Skills Training to Help People Living with Dementia

As part of Dementia Action Week 2023 Gwent Dementia Friendly Communities partnered with Digital Community Wales to offer free online training sessions for people living with dementia, their family, friends, carers and professionals. The sessions provided an opportunity to increase dementia awareness and understanding within the community and provide people with practical knowledge to help support people to live well with dementia in the community.

### Six sessions were held in total including:

- Inspiring Digital Activities (24 attendees)
- Digital Storytelling (24 attendees)
- Digital Tools to Support People Living with Dementia (16 attendees)
- Reminiscence (18 attendees)
- Smart Speakers and Devices (15 attendees)
- How Digital Tools can Support People with the Cost of Living (9 attendees)



# "Thank you for the training sessions this week - they have been very inspiring!" - Member of Gwent DFC's

A social media communications plan supported the advertisement of the free training sessions across the RPB's Twitter and Facebook accounts. A blog post was also produced with DCW to highlight the partnership, Dementia Action Week and the training itself - <u>https://www.digitalcommunities.gov.wales/blog/dementia-action-week-2023-free-digital-skills-training-to-help-people-living-with-dementia/</u>

"While dementia can be challenging to manage, technology and the internet have provided a wide range of new tools, devices, and resources that can make a significant difference to the lives of those living with the condition." - Angela Jones, Digital Inclusion Advisor, Digital Communities Wales

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### John's Campaign

Following a task and finish group that met throughout the year we re-launched Johns Campaign in March 2023 for carers of patients in hospital with Dementia which allows carers to support their loved ones along the hospital pathway. John's Campaign is a framework to ensure that unpaid carers of people living with dementia are welcome on hospital wards. It encourages staff to recognise the importance of unpaid carers and their valuable expertise to always maintain a positive attitude to the involvement of unpaid carers.

It recognises carers valuable contribution to the patient's assessment, care planning and ongoing recovery, demonstrating sensitivity to their needs whilst someone they care for is in hospital. At the centre of this initiative is the patients' needs to help the recovery of the

patient, the wellbeing and ongoing involvement of the carer, the support of better communication with carers and the enablement of the patient's secure discharge.



### Health, Social Care & Housing

### Area Plan Outcomes identified through the Population Needs Assessment:

- A multi-agency partnership approach to ensure appropriate housing and accommodation for older people and vulnerable citizens.
- To ensure effective use of Disabled Facilities Grants and appropriate partnership support and available resources.
- Homelessness requiring a collaborative response from public services and partners, especially the non-use of B&B accommodation for young people, and through prevention and early intervention.

### Partnership Progress:

- The HSC&H Partnership continue to oversee the ICF Capital grant and prepare for the implementation of the new RIF Housing with Care Fund (4-year programme) to support tenanted accommodation for people with complex needs, particularly where affordable housing standards are not appropriate, Intermediate care accommodation (e.g. step up/down, children's residential) and discretionary funding (aids/adaptations, feasibility studies, etc.).
- MCC and TCBC Care and Repair are continuing to deliver the Hospital to Healthier Homes project to support hospital discharge. Every £1 spent on home adaptations to support quicker hospital discharge generates £7.50 saving for health and social care.
- The Partnership continue to provide regional support to individual partners in relation to the homelessness and ending evictions agendas during the pandemic and going forward will coordinate a regional response to the Rapid Rehousing policy.
- Oversight of the Housing Support Grant (HSG) Programme especially in relation to early intervention programmes and housing related support to homelessness services and activity to help people stabilise their housing situation, prevent people from becoming homeless, or people affected by homelessness to find and keep accommodation.
- A Substance Misuse and Housing task group reporting to both the Area Planning Board and Regional Housing Support Grant Coordination Group developed a specific free online substance misuse training course targeted towards housing staff. Page 151

### **Case Study**



### Transitional accommodation -Former Caerphilly Police Station

HCF funding of £632,256 was utilised for the delivery of long-term sustainable accommodation for 6 self-contained units, within the same building for adults (16+) with mental illness, previous substance use or alcohol dependence or young people with support needs to address their emotional and mental wellbeing needs. This scheme forms part of a wider ICF, SHG and HFG funded project in partnership with CCBC and Linc Cymru.

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# 4. PART 2: General progress update

### **2b:** Supporting Better Integration and Delivery

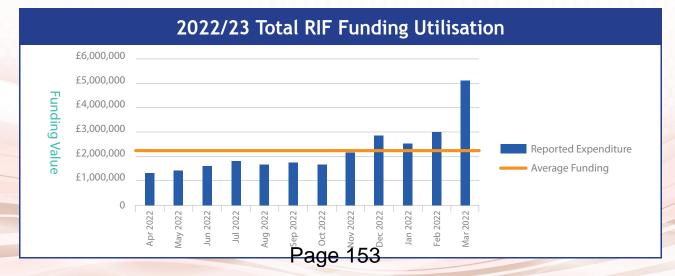
### **Regional Integration Fund**

Welsh Government provided a 5-year commitment of partnership funding at the outset of 2022-23 within the Regional Integration Fund. The policy funding guidance introduces the concept of 6 National Models of Care as an output of the 5-year programme, with regional learning and best practice intended to shape a national specification for the following national models:

- Community based care prevention and community coordination.
- Community based care complex care closer to home.
- Promoting good emotional health and well-being.
- Supporting families to stay together safely and therapeutic support for care experienced children.
- Home from hospital.
- Accommodation based solutions.

Whilst the Regional Integrated fund guidance targets the models of care as the intended outputs, it acknowledges that funding is historic and existing allocations are in place. As a region, we have continued to deliver the strategic programmes identified within the RIF strategic outline plan during 2022-23 alongside seeking to describe the contributions and learning against the national models of care. Continued conversations with Welsh Government are taking place to manage the transition and ensure local ownership and oversight of Regional Integrated Funds with the development of the models of care. The core RIF allocation for 2022-23 was £26.8million. £15.4million utilised as Year 1 'acceleration funding' and £8.3million as Year 1 'embedding funding', with circa £3million has been provided in ring-fenced funding which consists of Dementia, Memory Assessment Service, Integrated Autism Service and Unpaid Carers.

In addition to the core RIF allocation, Welsh Government provided a further £0.666 million of additional funding, making the total 2022-23 allocation provided by Welsh Government £27.5million. This growth in funding relates to Carers Short Breaks, the Neurodivergent Improvement Programme and the Learning Disabilities Programme which is shown in the graph below. The utilisation profile also takes account of the approval of uncommitted funding utilised for the RPB winter plan delivery in the Autumn as strategic tests of change, and the usage of slippage materialised across the programme in Month 12.



In 2022-23 the Regional Partnership Board spent a total of £27.5m Revenue and the following has been achieved (the following headlines do not reflect specific activity within the RPB winter plan):

- 19,310 19,310 unpaid carers have accessed services, with 2083 feeling less isolated and 2479 achieving personal outcomes.
- 2,597 children at risk of entering care have been supported, to date 600 have achieved personal outcomes.
- We have provided intensive support to 267 care leavers to develop coping strategies and achieve personal outcomes.
- 611 neurodivergent children and their families have been supported, with 515 reporting good experiences.
- Additional capacity within Memory Assessment Services has enabled a total of 3644 people with cognitive impairment, living with dementia and young onset dementia to be supported and assessed.
- 12,462 contacts have been provided to support people to live well with Dementia, and an additional in-year referral acceptance of 2,577 people.
- The connected communities programme has assisted 25,276 adults via a range of prevention and wellbeing services to remain well within the community. Of which, 4968 report maintaining or improving their emotional health and wellbeing and 4396 are more aware of the support available to them.
- 12,498 individuals have received intermediate care in the community via the Place Based Graduated Care programme. 45% of stroke survivors have been supported to rehabilitate within the community, and 53% of individuals receiving intermediate care were prevented from hospital admission/crisis.
- Improving System Flow programme capacity supported 8824 individuals to leave hospital, with 1689 of these individuals receiving aids and adaptations to return home as independent as possible, and 2007 individuals achieved personal outcomes.
- 2505 people with learning disabilities achieved personal outcomes via the LD independence and wellbeing programme, with 1195 new individuals identified during 2022-23.
- 25,000 individuals have accessed information and advice via the Enhanced Foundation Tier programme, along with 169 training sessions provided across the partnership to support awareness and recognition of emotional wellbeing in self and others.
- The CVC led Third Sector Grants fund has supported 3107 individuals within the community, with 2511 reporting maintaining or improving their emotional health and wellbeing.

### 2022-23 Regional Partnership Capital Programme

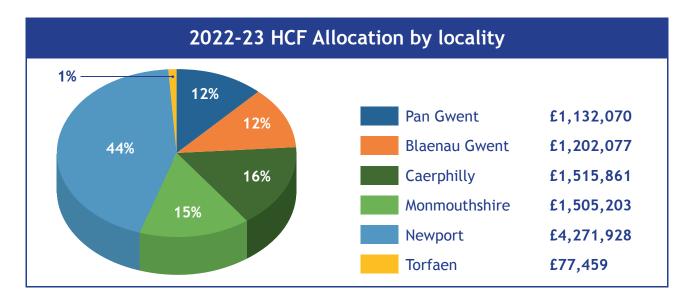
Welsh Government provided significant growth in partnership capital funding at the outset of the 2022-23 financial year, building on the successes and learning from the ICF Capital programme. Welsh Government have therefore introduced two sources of capital funding for the region as the Housing with Care Fund (the successor to the ICF Capital programme), and the new Integration and Rebalancing Capital Fund. Both funding streams support key programmes for government commitments and are intended to be complementary and supported by RIF revenue to develop new models of preventative care.

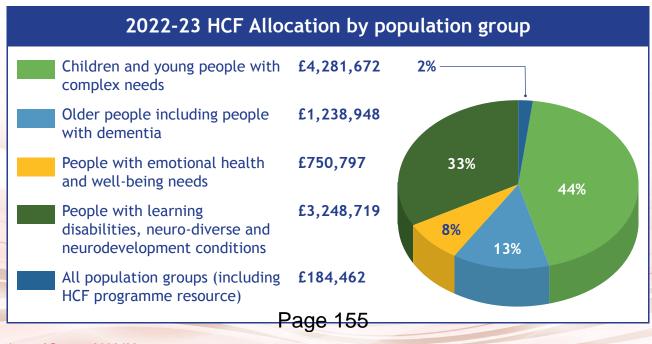


With 2022-23 being the first year of a refreshed capital programme for Regional Partnership Boards, significant focus has been on fund utilisation against policy funding guidance in the early years of the programme, pending the development of a regional Strategic Capital Plan. With a significant collaborative effort between the Partnership PMO and partnership delivery organisations, the RPB were able to optimise the funding available to the region, utilising £9.7million of the £11.2million HCF allocation, achieving the highest number of committed accommodation bed spaces within Wales, with a pipeline of 44 units and 95 bed spaces being funded.

The graph below illustrates the fund utilisation on a county basis. Within Gwent, Newport City Council have secured £4.3m spend within the HCF programme, the second highest within Wales, whilst Caerphilly and Monmouthshire both secured £1.5m each, the third and fourth highest within Wales respectively. Whilst few developments were commenced in Torfaen during 22-23, there are a number of opportunities being explored for potential partnership funding in future years.

The graphs below provide an illustration of the Housing with Care Fund investment by population group and by geographical area for 2022-23.





In additional to the Housing with Care Fund, the Region utilised £3.3m of the Integrated Rebalancing Care Fund in 2022/23 for the Newport Integrated Health & Wellbeing Centre in 2022/23. With an expected completion date of December 2024, the remaining balance has been re-profiled into future years.

### **Improving System Flow**

The Improving System Flow programme has two workstreams. The first is delivered by the Home First model which provides turnaround services at the hospital front door and preventing admission to the hospital where appropriate. Where admission is required, the second workstream provides a streamlined discharge liaison capacity to support people to be discharged to recover at home as quickly and safely as possible, transferring seamlessly between pathways. The overarching objective for the Improving System Flow programme is that community admission prevention and discharge support services are strengthened and redesigned to ensure that they are right sized to meet the needs of an individual. Through the redesign of services outcomes for individuals will be improved through the avoidance of unnecessary days in a hospital bed and subsequent deconditioning.

### 2022 to 2023 Delivery Summary

The programme primarily supports older people including those living with Dementia. The programme's Home First model has provided turnaround services at the front door of the hospital and the project has prevented unnecessary admissions, promoting efficient system flow. The emphasis on involving individuals in deciding where they receive care and support, as well as facilitating timely discharges with the necessary support in place, reflects good person-centred care practice and promotes individual involvement in the care journey.

Timely discharge of individuals from the hospital with appropriate support in place has been a notable programme success. By streamlining the discharge process and involving individuals in discharge planning the programme has facilitated smoother transitions and reduced unnecessary hospital stays.

- A total of 8,824 individuals accessed the services delivered by the programme. This demonstrates the programme's ability to reach a considerable number of people and suggests that it effectively addresses the needs of a diverse range of individuals.
- 1,689 individuals received aids and adaptations through the programme. This highlights the commitment to enhancing living conditions and promoting independence by providing necessary equipment or modifications at home.

### 2018-22 Dementia Action Plan

The regional Dementia Board oversee development and implementation of the national Dementia Action Plan (DAP) across Gwent; and general progress is highlighted in part 2a above, including how the RPB has delivered against the DAP aims. The Dementia Board have considered the new national Dementia Standards and strategic alignment across the DAP priority areas and this will be embedded during 2022/23. The RIF allocation has been distributed and allocated against the national DAP aims.

# PART 3: Communication, engagement and social value

# i How your Board engaged directly with service users, or groups representing service users.

### Communication and Engagement Strategy

The RPB will be working to refresh its communications and engagement strategic approach in light of Rebalancing Care consultation (up to 14th August). The Gwent RPB website has undergone a redesign during 2022-2023, with many areas now finalised. The website redesign continues to take place and is due to be completed by the end of 2023. The new look website will be key to further raising the profile of the RPB with both the public and professionals. The new design will act as platform to share the work of the RPB across Gwent with the aim to engage citizens in policy decisions and share information, advice, and assistance.

The below data, demonstrates increase in website usage since the commencement of the redesign.

#### https://gwentrpb.wales/

The English facing site from 01 April 2021 to the 31 March 2022	The English site from 01 April 2022 to the 31 March 2023
Users - 2,214	Users - 3,912
Sessions - 3,070	Sessions - 6,034
Page Views - 7,470	Page Views - 22,502

The RPB raises awareness of national campaigns through social media (Twitter and Facebook) and includes key messages from Monday to Friday each week of national campaigns.

#### https://twitter.com/BoardGwent

https://www.facebook.com/profile.php?id=100068857284255

### **Citizen's Panel**

The Social Services and Wellbeing Act (Wales) sets out through coproduction principles the need for partners, including citizens to work together. The Citizen Panel Chair and Vice Chair attend Regional Partnership Board (RPB) meetings and feedback topics raised at the Citizen's Panel Meetings. The Vice Chair is also an unpaid carer and ensures the voice of carers is included in discussions. Due to the pandemic the meetings are now hybrid so panel members can join either via teams or in person at the Civic Centre. The meeting has extended to 2 hours.

"Attending the Gwent Citizen panel gives me a chance to voice concerns, on matters that are important to me, in Health and Social Care, as well as catching up with new and useful information. It also gives access to people who can often make things happen. I enjoy the privilege of raising points from my community and feeding back to them." - GCP Citizen

Standard agenda items discussed at each meeting: notes from previous meeting with an action log to monitor progress, community updates from partners including hospital discharge, update from Llais, Area Plan Priorities and upcoming Events. A more detailed list of topics discussed during 2022/23 is included in annexe 4.

# Co-operation and participation with relevant partners and adults with care and support needs, carers, people with dementia and children and young people.

- The Regional Autism group include parents of people living with autism and meets regularly to monitor and implement the new autism code of practice.
- The Citizen Panel Vice Chair is an unpaid carer and identified RPB carers member. Carers sit on the Gwent Carers Strategic Partnership Board and provide a voice for carers across the region. The board also links to established carers groups and coordinators in each of the 5 local authority areas and ABUHB.
- The Dementia Board oversee Dementia Friendly Communities across the region with a regional group coordinating delivery and Dementia Friends awareness. People with Dementia and their carers sit on local groups and help coproduce approaches to deliver DFC. We have been continuing to link with people living with dementia and their carers via online webinars and forums during the past year and also a number of face-to-face events with ABUHB.
- The Mental Health & Learning Disability strategic partnership have engaged with people within mental health and learning disability services to develop an Engagement and Involvement Strategy for Gwent, to help transform future services and are continuing to implement coproduction training for both professionals and experts by experience and all citizen panel notes are easy read and produced by a third sector partner.
- The RPB have continued to engage with members of Coleg Gwent to promote careers across health and social care and how to design course content to promote the sector.
- The RPB continues to engage with the Regional Youth Forum around a Mental Health Campaign following the completion of the national UK Youth Parliament's Make Your Mark survey. Page 158

Neuro Development parent group - we are working together with parents awaiting an assessment for their child to develop solutions together around how we might provide support to families on the waiting list. We have been working with the group to create a group identity (name/mission statement) and working on our 'key objectives' going forward.



Partnership co-production is the process in which those who use or have used a public service become involved in the development of that service. Within the Health Board and other partners this is seen in voluntary and paid opportunities for service users and carers to be involved in a variety of projects such as sitting on interview panels, co-producing new pathways and becoming a peer mentor. This not only benefits the services, but also the individual and overall co-production is a process that is highly valued with the aim to embed it within all aspects of mental health and learning disabilities.

A multi agency steering group made up of public service staff, 3rd sector representatives and those with lived experience of mental illness and learning disability ambassadors meet every 6 weeks to collaboratively make progress on a work plan created to focus on embedding co-production throughout the Health Board and partners.

# "Nothing about us without us"

### Victoria Stock says...

"The opportunity to work co-productively has been a real positive for me in both a personal and professional manner. Being able to offer my insight from a lived experience view point and also my working role within mental health alongside those in other organisations and the Health Board has given me a true reality of the challenges we face. But together we can make a difference and I am excited for the amazing outcomes from working co-productively with the team."



Victoria Stock, Lived Experience Volunteer for the Health Board



As a team we are exploring new and exciting ways to embed co-production, including liaising with the National Forum for service user and carers on policy documents, exploring the use of time credits to show the value and payment of volunteers time, recruiting representatives to sit on the Partnership Board and sub-groups and setting up the foundations for Lived Experience Advisory Panels.

#### Stephen Ash says...

"I have been working alongside the health board in the Gwent area and also working with Senedd advisory group. I have also been working with the Melo website. I feel with my life experiences with mental health and autism that I have made a difference to services. Before working alongside services I used to have the opinion that they couldn't be bothered to help people who are neurodiverse but since working alongside the health board I have changed my opinion and it's made me appriciate things are changing for the better."

Stephen Ash, Lived Experience volunteer for the Health Board

#### Sally Hewitt says...

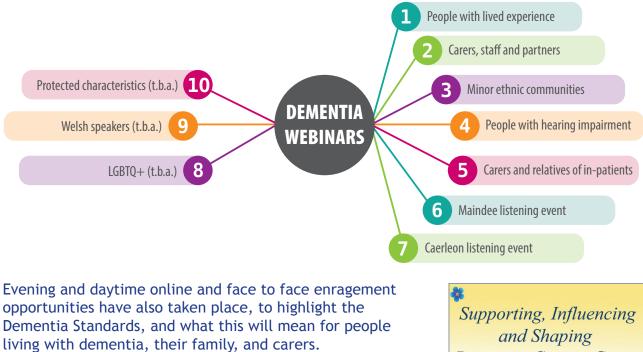
"We want to ensure that co-production is a key under-pinning principle that ensures that people who have lived experience are involved at all levels of service design and delivery. We are also committed to ensuring that people with lived experience have a real opportunity to shapre policy and throughout 2023 the Welsh Government will be working co-productively to develop the successor of both Together for Mental Health and Talk to me 2, as we see this as key to driving forward improvements."

Sally Hewitt, Senior Policy Lead, Mental Health and Vulnerable People for Welsh Government

For more information please contact: Libby Fordewoles.nhs.uk or Lorna.Andersonewales.nhs.uk

### Engagement with people living with dementia

We have been working in collaboration with partners and communities providing webinars through ABUHB, to highlight the Dementia Care Standards, and gather peoples experiences of dementia care. This included bespoke webinars for people who are deaf, people from ethnic minority communities, carers and people who identify as LGBTQ+



Wales Listens Campaign: Improvement Cymru has launched a Wales Listens Campaign, which encourages regions to engage with specific communities and work with those communities to identify what they feel is important to ensuring good dementia care and support.



# How we have engaged with wider stakeholders, including Public Service Boards, other strategic partnerships, service providers from the third and independent sectors

Third sector partners sit on the RPB including the Chairs and senior strategic leads from the 2 CVCs: Gwent Association Voluntary Organisations (GAVO) and Torfaen Voluntary Alliance (TVA). The chair of the Provider Third Sector Forum also sits on the RPB to ensure a voice for local providers and third sector partners. The third sector are also represented on the strategic partnerships under the RPB including CVC reps on Carers Board, GASP, Dementia Board and a specific third sector network developed under the Children and Families Board. The voice and input from third sector colleagues has contributed to partnership working across the region at all levels and in particular ensuring RIF funding was appropriately utilised across the third sector, in line with Welsh Government's requirement for RPBs to ensure an identified proportion was made available. Third sector staff have also been seconded to work in the Performance Management Office administering RIF.

The Regional Partnership Team that supports the RPB work closely with Public Service Board colleagues and sit on a joint regional needs assessment and engagement group. A PSB Chair has also attended and shadowed RPB members at meetings. The 5 PSBs have now merged a regional board and developed a regional stakeholder engagement group and RPB officers attend to ensure synergy.

#### Progress to establish social value forums to promote social value and share good practice.

The RPB continues to engage with WCVA and the Wales Cooperative centre in adopting a Social Value Forum Toolkit and will look to support the development of social enterprises across the regions working with our third sector umbrella organisations. We will work at pace during 2023 to rebrand our current forums in line with new duties set out in Rebalancing Care and refreshed codes of practice.

The Regional Commissioning Group continue to explore new opportunities linked to RIF and will provide a renewed focus to further develop the role of 3rd sector social Value-Based services in the region. This may be linked to day services or to supporting hospital discharge, admission avoidance and maintaining low level support in the community.

The Mental Health and Learning Disability Partnership are also exploring a new coproduction approach to commissioning based on a consortium approach across third sector providers.

### **Gwent Regional Domiciliary Care Provider Fora**

The Gwent Regional Domiciliary care provider fora is a long-established forum led by the Regional Team and ABUHB to provide support to domiciliary care providers in Gwent. Meetings are held on a monthly basis collaboratively between the local authorities and ABUHB, and address current issues being experienced by providers. During the pandemic, these meetings were increased to weekly, to ensure that providers were suitably supported while receiving up to date legislative information.

### Care Home Executive Liaison Group (CHELG)

As with third sector and domiciliary care providers, the regional team also engages with care home providers. Support is provided to ABUHB at monthly care home webinars. These were increased during the pandemic to weekly, although occurred more frequently when new legislation was released. This allowed local authorities and ABUHB to ensure care homes were suitably supported through a critical period.

More recent meetings have focussed on the recruitment and retention issues faced by providers, and the effects of the cost of living crisis on services. Regular engagement with care providers in Gwent while also ensuring key priorities are addressed by RPB through provider representatives. Providers also engage with ongoing workstreams, such as regional fee methodology and a regional approach to contract monitoring procedures in care services.

"I must commend Gwent for their partnership approach with commissioned services which I know is much appreciated by care homes, domiciliary care agencies and 3rd sector bodies alike. Prior to the COVID pandemic partnership working was well developed in the region and this provided a head start when it came to working through the many and varied issues brought about during the 2020 -2022 period. The weekly webinars were particularly valued." - Melanie Minty, Provider Representative, Gwent RPB

The new Area Plan sets out the key actions and priorities following the Population Needs Assessment and will continue to focus on priorities requiring collaboration and include:

- Reduce length of hospital stays for older people and return safely back home with sustainable support through our winter planning and delivering the 'Further Faster' agenda.
- Continued focus on children with complex needs and children looked after, especially provision and impact of out of county placements.
- The increasing need to support people living with dementia and their carers especially with community support and earlier intervention.
- The domiciliary care marketplace requires innovative solutions to long term recruitment.
- Isolation, loneliness, and impact on mental health.
- Respite is critical for carers and needs to be available in a timely and flexible way (formal, informal) especially in crisis situations.
- Recruitment across health and social care, especially Domiciliary Care workers.

The RPB will continue to monitor and support progress of the Area Plan through 2023/24.



## Annexe 1: Register of RPB bi-monthly meetings

Meeting date	Meeting type	Key topics covered
July 2022	Business Meeting	RPB Chair election and ratification. Terms of Reference update. Winter Plan and preparing for future challenges. Regional Integration Fund Outline Plan sign off. Programme Closure report. Frailty Budget proposals for consideration and sign off. Draft RPB Annual report. Views from Regional Citizen Panel. RPB Self-Assessment.
September 2022	Business Meeting	Eliminating profit from Children's Services. Winter Plan update and risk assessment. Regional Integration Fund financial plan and Memorandum of Understanding. Market Stability report. RPB Self- Assessment. Views from Regional Citizen Panel.
October 2022	Special Meeting	RPB Capital Workshop
November 2022	Business Meeting	Winter Plan and risk assessment. Workforce transformation and planning. Partnership Programme Development and Delivery. NCN Development and Integrated Partnership Strategic Planning. RPB Statutory Duties and Self-Assessment. Views from Regional Citizen Panel. Views from the Third Sector. Views from the Provider Forum. Autism and Neurodevelopment.
December 2022	Special Meeting	Regional Integration Fund.
January 2023	Business Meeting	Winter Plan review and system pressures. Redesign of Services for Older People and Frailty Service. RPB Statutory Duties and Self-Assessment. Views from Regional Citizen Panel. Views from the Third Sector. Views from the Provider Forum. Partnership Programme Development and Delivery.
March 2023	Business Meeting	RPB Chair's update. Redesign of Services for Older People and Frailty Service. Frailty budget sign off. Winter Plan review and system pressures. RPB Statutory Duties and Self-Assessment. Regional Partnership Board Footprint meeting (with Welsh Government) - proposed amendments to Part 2 and Part 9 of the Social Services and Wellbeing Act. age 163

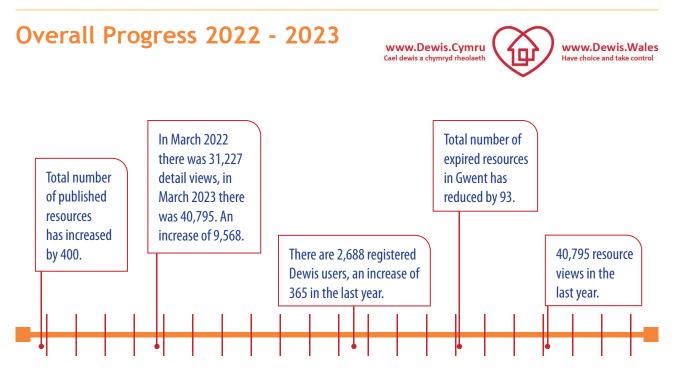
### Annexe 2: Membership of the Regional Partnership Board

The required membership of the Regional Partnership Board is set out in statutory guidance in Part 9 of the Social Services and Wellbeing (Wales) Act. The Board also has the flexibility to co-opt additional members should they wish.

### The current RPB membership as of March 2023 is set out below:

Name	Title	Organisation
Ann Lloyd CBE	ABUHB Chair	ABUHB (Chair)
Phil Robson	Independent Member	ABUHB (RPB Vice Chair)
Katija Dew	Independent Member	ABUHB
Nicola Prygodzicz	Chief Executive	ABUHB
Chris O'Connor	Interim Executive Director of Primary Care, Community and Mental Health	ABUHB
Tracy Daszkiewicz	Executive Director for Public Health & Strategic Partnerships	ABUHB
Cllr Hayden Trollope	Executive Member	Blaenau Gwent
Tanya Evans	Interim Director, Social Services	Blaenau Gwent
Cllr Elaine Forehead	Executive Member	Caerphilly
Dave Street	Director, Social Services	Caerphilly
Cllr Tudor Thomas	Executive Member	Monmouthshire
Jane Rodgers	Director, Social Services	Monmouthshire
Will McLean	Monmouthshire	Education Rep
Cllr Jason Hughes	Executive Member	Newport (Vice Chair)
Sally Jenkins	Director, Social Services	Newport
Cllr David Daniels	Executive Member	Torfaen
Jason O'Brien	Director, Social Services	Torfaen
Paula Kennedy	Chief Executive	Melin Homes
Melanie Minty	Care Forum Wales	Provider Rep
Lorraine Morgan	Citizen's Panel Chair	Citizen Rep
Christine Kemp-Philp	Citizen's Panel Vice Chair	Citizen Rep
Stephen Tiley	GAVO	Third Sector Rep
Anne Evans	TVA Page 164	Third Sector Rep

### Annexe 3: DEWIS Citizen Portal



### **Top 3 Successes**

- 1. Increased resources and a reduction in expired resources.
- 2. Increased registered users.
- 3. Resource detail views have increased.

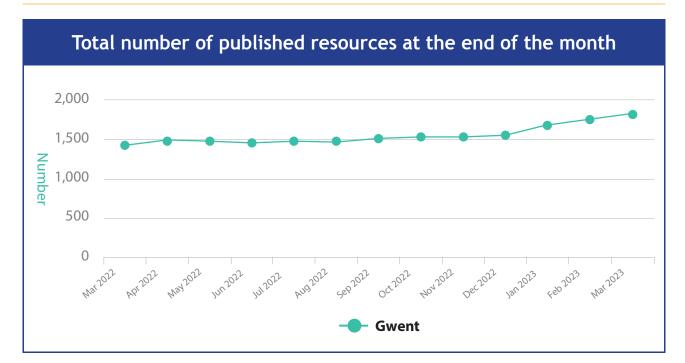
### Top 3 Challenges

- 1. Re-engaging with expired resources.
- 2. Myth busting that DEWIS resources are out of date if viewable.
- **3.** Ensuring DEWIS is developed with/linked to existing/new directories, developing stronger links with partners and organisations.

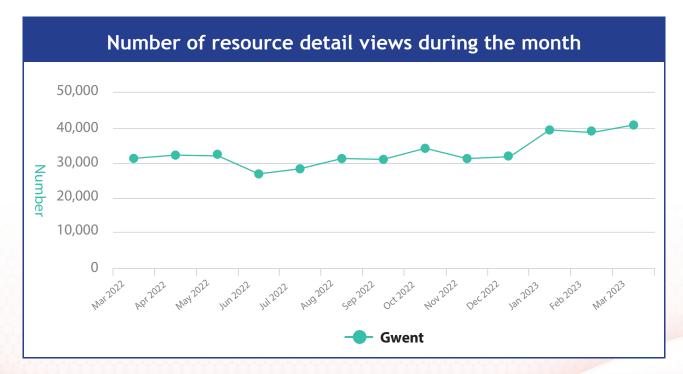
### **Next Steps**

- **1.** Continue to lead and coordinate DEWIS implementation across the region.
- 2. Promote and encourage the use of DEWIS within the community and with providers of support and services throughout Gwent.
- **3.** Continue to increase available resources and reduce the number of expired resources.

### March Data 2022-2023



The required membership of the Regional Partnership Board is set out in statutory guidance in Part 9 of the Social Services and Wellbeing (Wales) Act. The Board also has the flexibility to co-opt additional members should they wish.



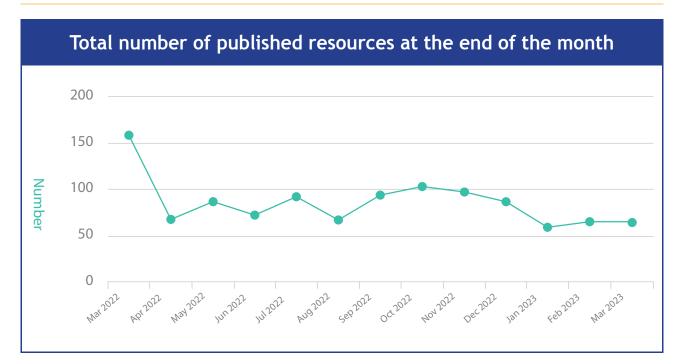
The graph above shows how many clicks there has been in Gwent over the past year, this shows how many times someone has searched for something on Dewis and then clicked to find more information about the resource. In March 2022 there was 31,227 clicks and in March 2023 there was 40,795. Over the last year there has been an increase of 9,568 clicks.

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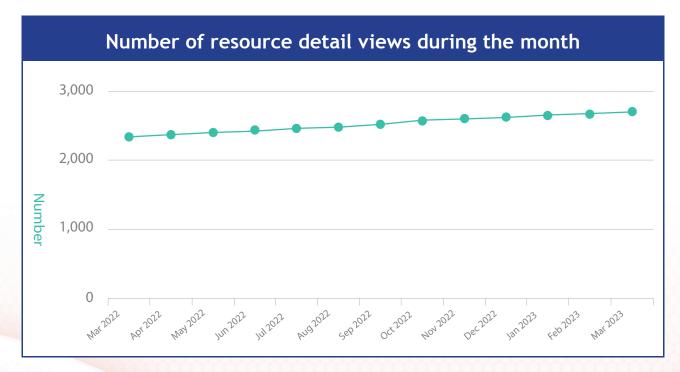
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### March Data 2022-2023



The graph above shows the Total number of expired resources in Gwent over the past year, in March 2022 there was 158 expired resources and in March 2023 there was 65 expired resources. This has been a decrease of 93 expired resources.



The graph above shows the Total number of registered users over the last year. In March 2022 there was 2,323 registered users and in March 2023 there was 2,688. There has been an increase of 365 users over the last year

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### **Meeting topics**

### Unpaid Carers.

Carer's week takes place in June every year, the theme for the last year was making carers valued. We have a young carers hub - in the last year held 28 events. Supporting Life Alongside Caring - a small grant scheme and a young carer in school's programme.

### Finding the Light in Dementia presentation.

There is a training platform called 'My Favourite Things'. This has been developed with people who have dementia through the dementia, engagement and empowerment project and the 3 Nations Working Dementia Group. The training is available for hospital staff, volunteers, care homes, or anyone working within dementia linked roles.

### Jackie's Revolution presentation.

Jackie's Revolution has moved from a concept to a campaign. The sole purpose of Jackie Revolution is to ensure that it's based on community and citizens and our community has been identified as the people born between 1945 and 1964, the so-called baby boomer generation. The intention is that our community has real choice and viable options to live and die in our own homes or wherever we choose.

#### Wellbeing Plan presentation. Online consultation.

### Cost of Living Crisis.

This is something that we're trying to raise through all the strategic partnerships and dementia friendly communities, as this is a topic that's affecting everyone.

### **Obstructive Parking - Crime Commissioner and Gwent Police.**

A Member of the panel put together a presentation. Dropped curb parking is endangering disabled people.

### ASB - Crime Commissioner and Gwent Police.

A number of ongoing projects were discussed.

#### **Community Podiatry Services presentation.**

The acting head for podiatry in ABUHB took attendees through a presentation. Any health care professional can refer a patient to the service

### Market Stability Report.

As a requirement of WG each LA and Health Board are required to produce a MSR and the Regional Partnership Board must publish a regional summary. The report has been taken through all LA councils for comment and sign off of the report.

#### Housing Support Grant presentation.

Housing Support Grant brought together 3 funding streams: Supporting People Programme, some Homelessness Prevention Grant funding and Rent Smart Wales funding.

### Direct Payments presentation.

Direct Payments are monetary payments made to an individual who is eligible to receive a service for care and support from a Local Authority.

#### **Meeting topics**

#### Value Based Care presentation.

Value based healthcare is the equitable, sustainable and transparent use of the available resources to achieve better outcomes and experiences for every person.

#### Track the Act - Carers Wales presentation.

Under the Social Services and Well-being Act 2014, unpaid carers in Wales have equal legal rights to support as well as the people they look after.

#### ABUHB CEO

ABUHB CEO attended the September meeting to discuss Covid 19 Pandemic, vaccination programme, annual plan and answer questions from the panel.

#### **Compassionate Communities -**

ABUHB presentation contained patient stories.

#### Police and Crime Plan Engagement Survey -

Link sent to panel to complete.

#### Engagement Reports - GAVO and TVA.

Results from the survey which asked of those who have accessed health services during the pandemic. BAME has been renamed Diverse Communities.

#### The State of Caring in Wales -

Carers Wales presentation. There are a growing number of carers. Welsh Government Strategy for Unpaid Carers: 4 national priorities and delivery plan.

#### **Time Credits -**

Paper time credits have now gone digital. The panel were encouraged to join the scheme.

#### ABUHB Primary Care Update -

Digital, face to face and home visiting is important as a blended approach. The telephony service must be fit for purpose. Recruitment and retention is important. Dental work was suspended due to the pandemic, this caused a backlog and urgent care is to be prioritised.

#### Day Services -

Several day services were closed and people with learning disabilities were accessing more local services available to them.

#### Population Needs Assessment -

RPT presentation looked at population increase and core themes including Dementia, Older people, Carers, Mental Health, Children Looked After, Learning Disabilities, Autism, Housing and next steps.

#### **Older Persons Commissioner -**

Helena Herklots presentation on priorities: Protecting and Promoting Older Peoples Rights, Stopping the Abuse of Older People, Ending Ageism and Age Discrimination and Enabling Everyone to Age Well.

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### **Annexe 5:** Assistive Technology

The Assistive Technology (AT) Programme seeks to maximise the use and impact of Assistive Technology solutions to improve health and well-being outcomes, maintain and improve independence, and support the transformation of models of care. The programme goal is to work with partners across Gwent to optimise the implementation and effectiveness of AT and technology-enabled care (TEC) solutions, which enhance health and well-being outcomes, maintain and improve independence and aid escalation prevention.

### 2022 to 2023 Delivery Summary

The Assistive Technology (AT) programme includes regional Better Care projects, a Technology Coach and AT projects centrally managed by the RPB PMO team. Over the last year, there has been a positive increase in the collaboration and sharing of existing AT projects across the region and clarity of AT leads across local authorities, housing associations, third sector and within the health board.

Organisations across Gwent continue to innovate and use AT products that are person-centred and in ways that are making a positive difference. There has been an increasing investment in AT and Telecare over many years and there is a good level of awareness of the products available across all partners. Over the 2022-23 period, the programme has assisted 754 people in various capacities. Additionally, 290 people received training delivered through 92 sessions. The Gwent AT Network delivered an Inspiring Digital Activities Festival of training in partnership with Digital Communities Wales in March. The 4 sessions resulted in training 37 people accessing training. Programme Case Studies.

- 1. How Care and Repair is Helping to Tackle Hospital Waiting Times.
- 2. How British Red Cross support staff and patients within the Emergency Department.
- 3. Newport and other counties in the region have produced wellbeing town maps.
- 4. The Happiness Programme has been rolled out across Gwent including County Hospital.
- **5.** 15 'happy to chat' benches have been installed in Monmouthshire to help tackle loneliness.

#### Assistive Technology and Dementia

RITA (Reminiscence Interactive Therapy Activities), developed by My Improvement Network, enhances care for older individuals, including those with dementia and mental health conditions. It uses a touchscreen device with interactive screens to offer meaningful activities that blend entertainment with therapy. RITA assists patients, particularly those with memory impairments, in recalling and sharing past events through music, news reports, speeches, games, karaoke, and films. Over 120 RITA devices were purchased in 2020/2021 and distributed to care homes, hospitals, and healthcare teams. An additional 140 devices were purchased in 2021/2022 and distributed in partnership with local authorities and third-sector organizations in Gwent. RITA is also being used by mobile teams and has been trialled in complex care settings. More information is available on the Gwent RPB website https://www.gwentrpb.wales/rita

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- **500** HUG devices were purchased for distribution across Gwent as a pilot in the financial year 2021/2022. A guide has been co-produced with partners to support implementation across the region. Although designed for people living with Dementia, the device is being tested in a range of different settings including care homes, hospital wards, hospice care, carers and organisations within the third sector. A HUG evaluation by TEC Cymru is due for completion in Summer 2023. More information is available on the Gwent RPB website <u>HUG by LAUGH Gwentrpb</u>
- The Happiness Programme, developed by Social Ability, blends interactive, sensory light technology with a guided programme and training and support. Developed for people living with cognitive physical care needs the projector, known as a Magic Table 360, offers meaningful and engaging activity through over 80 interactive activities. The activities are a collection of interactive games, quizzes and mindful immersive content some of which are specific to Wales. Over 140 devices have been distributed across all sectors in Gwent with early feedback positive. More information is available on the Gwent RPB website Happiness Programme Gwentrpb
- Stay Well at Home Pilot The Stay Well at Home project is a free non-intrusive monitoring service being tested by Aneurin Bevan University Health Board (ABUHB) in partnership with a smart home monitoring provider, HOWZ. This system aims to help people retain their independence by supporting people to stay safer at home for longer. The pilot project started in April 2023 with five patients.

### Annexe 6: Micro Care

The Regional Partnership Team in partnership with Monmouthshire Council have completed a 12-month Micro Care pilot. The pilot aimed to explore if micro carers could support local care capacity and delivery, providing an alternative to traditional domiciliary care provision. Micro-care pilots have been introduced in other regions as a response to the national shortage of care workers and to meet the growing demand for care at home, particularly in rural areas where recruitment is difficult. During the initial stages of the project, a 'Community Catalyst' was commissioned on a consultancy basis to support with project roll out.

# The pilot has focused on two identified areas where micro carers could potentially support local care capacity:

- Providing care to those that self-fund their care and support
- Providing care to those in receipt of direct payments.

The first 12 months of micro care in Monmouthshire has seen 9 micro carers meet the standards laid out in the code of practise and entered onto the micro care directory. There are currently 21 citizens being supported by micro carers in their local community, delivering a total of 161 hours of care and support each week. There are 5 citizens funding their own care through a micro care service, and 16 citizens via a direct payment.

Following the success of the first 12 months of the pilot, Monmouthshire CBC intend to continue the project for a further 12 months with a full-time member of staff.

Next steps will look to see if the Monmouthshire micro care model could be scaled up and learning shared with the other Gwent local authorities.

#### Micro Carer Video- Liza and Phoebe



(Submitted separately)

### **Annexe 8:** Gwent Dementia Friendly Communities Conference Report 2022

(Submitted separately)

### Annexe 9: Regional Integration Fund End of Year Report 2022-23

(Submitted separately)

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# Agenda Item 6

# Scrutiny Report



### Performance Scrutiny Committee – Partnerships

#### Part 1

Date: 10<sup>th</sup> October 2023

### Subject Scrutiny Adviser Report

Author Scrutiny Adviser

The following people have been invited to attend for this item:

Invitee:	Role
Neil Barnett (Scrutiny Adviser)	Present the Committee with the Scrutiny Adviser Report for discussion and update the Committee on any changes.

### Section A – Committee Guidance and Recommendations

### **Recommendations to the Committee**

The Committee is asked to:

#### 1. Committee's Work Programme:

Consider the Committee's Forward Work Programme Update (Appendix 1):

- Are there any amendments to the topics scheduled to be considered at the next Committee meeting?
- Are there any additional invitees that the Committee requires to fully consider the topics?
- Is there any additional information that the Committee would like to request?

### 2 Context

#### Background

- 2.1 The purpose of a forward work programme is to help ensure Councillors achieve organisation and focus in the undertaking of enquiries through the Overview and Scrutiny function. Effective work programming is essential to ensure that the work of Overview and Scrutiny makes a positive impact upon the Council's delivery of services.
- 2.2 Further information about the work programming process, including the procedures for referring new business to the programme, can be found in our Scrutiny Handbook on the Council's Scrutiny webpages (www.newport.gov.uk/scrutiny).

2.3 The Centre for Public Scrutiny's Good Scrutiny Guide recognises the importance of the forward work programme. In order to 'lead and own the process', it states that Councillors should have ownership of their Committee's work programme, and be involved in developing, monitoring and evaluating it. The Good Scrutiny Guide also states that, in order to make an impact, the scrutiny workload should be co-ordinated and integrated into corporate processes, to ensure that it contributes to the delivery of corporate objectives, and that work can be undertaken in a timely and well-planned manner.

### 3 Information Submitted to the Committee

3.1 The following information is attached:

Appendix 1: The Committee's Forward Work Programme Update;

### 4. Suggested Areas of Focus

#### Role of the Committee

The role of the Committee in considering the report is to:

- Forward Work Programme Update Appendix 1 Consider:
  - Are there any amendments to the topics scheduled to be considered at the next Committee meeting?
  - Are there any additional invitees that the Committee requires to fully consider the topics?
  - Is there any additional information that the Committee would like to request?

### **Section B – Supporting Information**

### 5. Links to Council Policies and Priorities

- 5.1 Having proper work programming procedures in place ensures that the work of Overview and Scrutiny makes a positive impact upon the Council's delivery of services, contributes to the delivery of corporate objectives, and ensures that work can be undertaken in a timely and well-planned manner.
- 5.2 This report relates to the Committee's Work Programme, Actions from Committee's and Information Reports that support the achievement of the Scrutiny Committee, in accordance with the Law and Regulation Service Plan, Objectives, Actions and Measures and the Wellbeing objectives.

### 6 Wellbeing of Future Generation (Wales) Act

6.1 The Wellbeing of Future Generations Act 2015 which came into force in April 2016 sets the context for the move towards long term planning of services.

#### 6.2 General questions

- How is this area / policy affected by the new legislation?
- How will this decision / policy / proposal impact upon future generations? What is the long term impact?
- What evidence is provided to demonstrate WFGA has been / is being considered?
- Evidence from Community Profiles / other data?
- Evidence of links to Wellbeing Assessment / Objectives / Plan?

#### 6.3 Wellbeing Goals

- How are the Wellbeing goals reflected in the policy / proposal / action?
  - A prosperous Wales
  - o A resilient Wales
  - A healthier Wales
  - o A more equal Wales
  - A Wales of cohesive communities
  - o A Wales of vibrant culture and thriving Welsh language
  - A globally responsible Wales

#### 6.4 Sustainable Development Principles

- Does the report / proposal demonstrate how as an authority we are working in accordance with the sustainable development principles from the act when planning services?
  - o Long Term

The importance of balancing short-term needs with the need to safeguard the ability to also meet long-term needs

o **Prevention** 

How acting to prevent problems occurring or getting worse may help public bodies meet their objectives

o Integration

Considering how the public body's well-being objectives may impact upon each of the well-being goals, on their other objectives, or on the objectives of other public bodies

• Collaboration

Acting in collaboration with any other person (or different parts of the body itself) that could help the body to meet its well-being objectives

o Involvement

The importance of involving people with an interest in achieving the well-being goals, and ensuring that those people reflect the diversity of the area which the body serves.

### 7 Background Papers

- <u>The Essentials Wellbeing of Future Generation Act (Wales)</u>
- <u>Corporate Plan 2022-2027</u>

Report Completed: 10<sup>th</sup> October 2023

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### Performance Scrutiny Committee – Partnerships – Forward Work Programme Update

Wednesday, 8 November 2023 at 5pm		
Торіс	Information Required / Committee's Role	Invitees
Norse Joint Venture Partnership – Strategy and Performance Review	Performance Scrutiny – Effectiveness of Partnership ArrangementsTo provide an overview of the strategy and performance of the Norse Joint Venture.Update from the Service area and Newport Norse on priorities for the partnership over the coming 12 months.	Head of People, Policy and Transformation; Managing Director, Newport Norse
Draft Safer Newport Strategic Needs Assesment	Performance Scrutiny – Effectiveness of Partnership Arrangements         The Committee is asked to provide feedback and comments on the draft Safer Newport Strategic Needs Assessment to support work of the Newport Community Safety Partnership.	Strategic Director – Transformation and Corporate; Policy and Partnership Manager; Community Safety Partners

Wednesday, 6 December 2023 at 5pm		
Торіс	Information Required / Committee's Role	Invitees
Violence against Women, Domestic Abuse and Sexual Violence (VAWDASV)	Performance Scrutiny – Effectiveness of Partnership Arrangements Examine proposals for the next steps in the developments of the Violence against Women, Domestic Abuse and Sexual Violence regional team.	Strategic Director – Social Services Head of Corporate Safeguarding
Education Achievement Service - Value for Money 2023-24	Performance Scrutiny of the EAS Partnership - through Annual Monitoring of the local authorities Financial contribution to EAS and also the through consideration of the value for money model, and its potential use / implications for scrutiny of other partnerships	Chief Education Officer; Deputy Chief Education Officer; EAS Managing Director; EAS Principal School Improvement Partner

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